

**Table 1.** Mean values (SD) and p-values for number of awakenings per night, OQOL sum and subscores, and satisfaction with occlusal function, separately for patients (n=50) and controls (n=29).

Variable	Patients	Controls	p
Number of Awakenings	2.44 (1.19)	2.38 (3.42)	<b>0.029</b>
OQOL Sum	33.32 (20.89)	17.92 (15.40)	<b>0.001</b>
OQOL Social	8.26 (8.46)	5.93 (6.45)	0.396
OQOL Facial	9.30 (6.01)	5.82 (4.75)	<b>0.014</b>
OQOL Function	10.34 (5.19)	3.41 (3.67)	<b>&lt; 0.001</b>
OQOL Dentofacial	5.30 (4.06)	3.14 (3.15)	<b>0.020</b>
Satisfaction with Occlusal Function	3.40 (1.59)	5.31 (1.56)	<b>&lt; 0.001</b>

For OQOL, higher scores indicate lower quality of life.

P-values of less than 0.05 bold.

**Table 2.** Mean values (SD) and p-values for number of awakenings per night, OQOL sum scores and satisfaction with occlusal function according to respondents with symptoms (n=31, 24 patients, 7 controls) and without symptoms (n=45, 23 patients, 22 controls).

Variable	Symptoms	No symptoms	p-values
Number of Awakenings	2.65 (1.11)	2.20 (2.81)	<b>0.003</b>
OQOL Sum	36.89 (23.23)	22.20 (16.29)	<b>0.006</b>
Satisfaction with Occlusal Function	2.55 (1.27)	5.18 (1.31)	<b>&lt; 0.001</b>

For OQOL, higher scores indicate lower quality of life.

P-values of less than 0.05 bold.

**Table 3.** Mean values (SD) and p-values for OQOL sum and subscores, and satisfaction with occlusal function according to awakening (n=48, 32 patients, 16 controls) and not awakening (n=27, 13 patients, 14 controls).

Variable	Awakening	Not Awakening	p
OQOL Sum	31.19 (21.63)	20.50 (17.25)	<b>0.044</b>
OQOL Social	8.35 (8.80)	6.00 (5.92)	0.388
OQOL Facial	8.47 (6.05)	7.16 (5.63)	0.400
OQOL Function	8.96 (5.92)	5.05 (4.63)	<b>0.007</b>
OQOL Dentofacial	5.08 (4.10)	3.42 (3.43)	0.076
Satisfaction with Occlusal Function	3.81 (1.88)	4.88 (1.51)	<b>0.020</b>

For OQOL, higher scores indicate lower quality of life.

P-values of less than 0.05 bold.

**Table 4.** Mean values (SD) and p-values OQOL sum and subscores, satisfaction with occlusal function and number of awakenings among the rested (n=35, 20 patients, 15 controls) and not-rested (n=38, 24 patients, 14 controls).

Variable	Rested	Not Rested	p
OQOL Sum	21.42 (16.69)	33.67 (22.63)	<b>0.021</b>
OQOL Social	5.37 (6.39)	9.65 (8.84)	<b>0.022</b>
OQOL Facial	6.50 (5.07)	9.37 (6.32)	0.058
OQOL Function	6.16 (5.32)	9.05 (5.95)	<b>0.038</b>
OQOL Dentofacial	3.66 (4.35)	5.35 (4.35)	0.109
Satisfaction with Occlusal Function	4.74 (1.50)	3.66 (1.95)	<b>0.011</b>
Number of Awakenings	1.58 (0.61)	2.97 (2.61)	<b>0.003</b>

For OQOL, higher scores indicate lower quality of life.

P-values of less than 0.05 bold.

**Table 5.** Main symptoms reported by the awakened and not-awakened and the rested and not-rested in percentages among responding patients and controls.

Symptom	Awakened (n=48)		Not Awakened (n=25)		Not Rested (n=38)		Rested (n=35)	
	Patients (n=32)	Controls (n=16)	Patients (n=12)	Controls (n=13)	Patients (n=24)	Controls (n=14)	Patients (n=20)	Controls (n=15)
A Pain in the head and/or neck region	53.1	6.3	16.7		66.7	7.1		
B Pain in the area of jaw joint	28.1	6.3	8.3		33.3	7.1	10.0	
D Jaws feel tired or stiff	40.6	25.0	16.7		50.0	21.4	15.0	6.7
G Difficulties chewing	37.5		8.3		41.7		15.0	

**Table 6.** Correlation table (Spearman's correlation values) for patients (n=50) regarding OQOL sum and subscores, satisfaction with occlusal function, and number of awakenings.

Variable	Satisfaction with Occlusal Function	Number of Awakenings
OQOL Sum	-0.518**	0.080
OQOL Social	-0.300*	0.089
OQOL Facial	-0.508**	0.015
OQOL Function	-0.618**	0.064
OQOL Dentofacial	-0.484**	0.055
Satisfaction with Occlusal Function		-0.081

\*Moderate correlation; \*\*Strong correlation

**Table 7.** Correlation table (Spearman's correlation values) for controls regarding OQOL sum and subscores, satisfaction with occlusal function, and number of awakenings.

Variable	Satisfaction with Occlusal Function	Number of Awakenings
OQOL Sum	-0.455**	0.209
OQOL Social	-0.146	0.116
OQOL Facial	-0.350	0.081
OQOL Function	-0.418**	0.507**
OQOL Dentofacial	-0.341	-0.038
Satisfaction with Occlusal Function		-0.378
Number of Awakenings	-0.378*	

\*Moderate correlation; \*\*Strong correlation