

1 **Tensins: bridging AMPK with integrin activation**

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5 **Keywords**

6 tensin; AMPK; integrin activity; fibrillar adhesions; cancer; fibrosis

7 **Abstract**

8 Integrin activation is essential for cell adhesion and for connecting the extracellular
9 matrix to the actin cytoskeleton. Thus, inappropriate integrin activation has been
10 linked to several diseases, including cancer. Recent insights demonstrate that the
11 main fibrillar adhesion component tensin maintains β 1-integrin active in these mature
12 adhesions. Depletion or silencing of AMPK, the energy sensor involved in
13 maintaining the energy balance of the cell, enhances integrin activity by increasing
14 the expression of tensin and thereby promoting cell adhesion, matrix formation and
15 mechanotransduction. Here, we discuss the role of tensin and AMPK in the
16 regulation of integrin activity and integrin-dependent processes and their implication
17 in diseases such as cancer and tissue fibrosis.

18 **Trends box**

19 The energy sensor AMPK negatively regulates gene expression of the scaffold
20 proteins tensin1 and tensin3.

21 Loss of AMPK enhances the formation of fibrillar adhesions, rich in tensin and active
22 $\alpha5\beta1$ -integrin.

23 Direct binding of tensins to the $\beta1$ -integrin tail is required for maintaining $\beta1$ -integrin
24 activity; however, tensins support $\beta1$ -integrin activity only in the presence of talin.

25 Tensins promote cell spreading, fibronectin fibrillogenesis and traction force in the
26 absence of AMPK.

27 AMPK negatively regulates several proteins involved in cell adhesion and migration,
28 either directly or indirectly.

29 **Integrin activation, fibrillar adhesions and tensins**

30 Integrins are heterodimeric cell-surface receptors, composed of an α and a β
31 subunit, that mediate the interactions between cells and the extracellular matrix
32 (ECM; [see Glossary](#)) [1]. Integrins become activated upon binding of talin and kindlin
33 to the cytoplasmic tail of β -integrin (inside-out activation), facilitating binding to
34 extracellular ligands (outside-in signaling) and triggering the recruitment of a large
35 network of cytoskeletal and signaling proteins, collectively called the adhesome [1,
36 2]. Integrin activation controls essential cellular functions such as adhesion,
37 migration and survival, and defective integrin activation underlies several human
38 diseases. Hence, substantial effort has been put into identifying the molecules
39 involved in the regulation of integrin activity, including large unbiased screens aimed
40 at identifying novel integrin activity regulators [3, 4].

41 Depending on the size, stability, location and molecular composition there are
42 different types of integrin-dependent adhesions (reviewed in [5]). Fibroblasts bound
43 to the ECM ligand fibronectin have three types of adhesions: the initially-formed
44 nascent adhesions, which mature into larger focal adhesions and the long-lived,
45 highly elongated fibrillar adhesions [5]. Fibrillar adhesions are formed from the
46 medial ends of focal adhesions that translocate centripetally in an actomyosin-
47 dependent manner along fibronectin fibrils. They are rich in $\alpha 5 \beta 1$ -integrin and tensin
48 and their main function is to promote fibronectin fibrillogenesis and re-organization of
49 the ECM [6, 7].

50 Tensins are a family of four ubiquitously expressed proteins (tensins 1-4). Tensins 1-
51 3 contain PTP (protein tyrosine phosphatase), SH2 (Src homology 2) and integrin-
52 binding PTB (phosphotyrosine binding) domains, whereas tensin4 (also known as C-
53 terminal tensin like protein; CTEN) is shorter and lacks the PTP domain [8]. Apart
54 from integrins, tensins have been shown to interact with other proteins, such as
55 activated receptor tyrosine kinases (RTKs) and the Rho GAP DLC1, suggesting that,
56 apart from scaffolding functions, tensins also possess signaling properties [8-11]. Of
57 the four tensins, tensin1 and tensin3 mediate the formation of mature fibrillar
58 adhesions involved in matrix remodeling; however whether these isoforms perform
59 different or redundant functions is unclear. In contrast, tensin2 localizes to dynamic
60 focal adhesions at the cell periphery [11] and tensin4 expression is restricted within

61 normal tissue, in line with the reported oncogenic functions of this isoform in many
62 cancers [9].

63 Recent data demonstrate that the major metabolic sensor AMPK, identified in the
64 previously published RNAi screens as an integrin inhibitor [3, 4], negatively regulates
65 β 1-integrin activity and integrin-dependent processes by decreasing the expression
66 of tensin1 in human telomerase-immortalized fibroblasts or tensin3 in mouse
67 embryonic fibroblasts. [12]. Gain and loss-of function studies indicate that both
68 tensin1 and tensin3 can positively regulate β 1-integrin activity. Therefore, loss of
69 AMPK leading to increased integrin activity, cell adhesion, mechanotransduction and
70 fibrillogenesis may be a consequence of either tensin1 or tensin3 upregulation;
71 however, the specific tensin isoform involved may be dependent on the cell-type or
72 the relative expression of the tensin molecules. Given that the original link between
73 AMPK and integrin activity was observed in cancer cells [3, 4], it is highly likely that
74 this AMPK-dependent mechanism, established in fibroblasts, is also relevant in other
75 cell types.

76 **The talin-tensin switch**

77 In the recent study linking AMPK signaling to regulation of integrin activity, AMPK
78 inhibition in fibroblasts was demonstrated to augment the amount of active- α 5 β 1-
79 integrin- and tensin1-containing adhesions, and conversely to reduce talin1-positive
80 adhesions [12]. Notably, there were more tensin1- and active- β 1-integrin-positive
81 adhesions both at the cell periphery (focal adhesions) and in the center of the cell
82 (fibrillar adhesions) in cells lacking AMPK [12]. Loss- and gain-of-function studies
83 indicated that both tensin1 and tensin3 positively regulate β 1-integrin activity,
84 however their ability to enhance integrin activity was dependent on talin expression
85 [12]. Interestingly, tensin2 which is absent from fibrillar adhesions and localizes to
86 focal adhesions, was unable to activate integrins [12]. These findings support a
87 previously-proposed model of a “talin-tensin switch” in fibrillar adhesions [13]. While
88 the spatio-temporal occurrence of this switch in cells remains unknown, we
89 hypothesize that talin activates β 1-integrin in focal adhesions and that an increase in
90 the tensin to talin stoichiometry in maturing adhesions favors replacement of talin
91 with tensin on the β 1-integrin tail. Subsequently, tensin would promote the centripetal
92 movement of active α 5 β 1-integrin towards the cell center leading to the maturation of

93 these adhesions into fibrillar adhesions. However, further investigation is required to
94 prove this hypothesis.

95 **The unexpected role of tensin as an integrin activator**

96 The role of tensin1 and tensin3 as integrin activators is somewhat unexpected.
97 Tensin1 and tensin3 mediate β 1-integrin activation by directly binding to the integrin
98 cytoplasmic tail through their PTB domain. Indeed tensin1 and tensin3 mutants with
99 reduced binding to β 1-integrin were compromised in their capacity as integrin
100 activators [12]. PTB domains of integrin activity regulators bind to two well-defined
101 motifs at the β -tails, the membrane proximal (MP) NPxY motif and the membrane
102 distal (MD) NxxY motif. The MP NPxY motif serves as a binding site for talin, Dok1
103 and α -actinin, whereas the MD NxxY motif is the binding site for kindlin and ICAP1
104 [1]. Direct binding of talin to integrin β -tails is the key final step in integrin activation,
105 thus the binding of other proteins to the talin-binding site is expected to be
106 competitive and inhibitory [1]. Nevertheless, given that tensin binds the β -tail with a
107 100-fold lower affinity than talin [14], it is unlikely that it will directly compete with talin
108 for integrin binding. Therefore, talin and tensin binding seem to be two consecutive
109 events occurring at spatially distinct subcellular compartments. But what leads to the
110 replacement of talin by tensin? Talin binds integrin tails when the tyrosine of the MP
111 NPxY motif is unphosphorylated [15], whereas tensin binding is unaffected by
112 phosphorylation [14]. Thus, one plausible hypothesis is that upon tyrosine
113 phosphorylation tensin replaces talin (Figure 1A). Dok1 interacts preferentially with a
114 phosphorylated MP NPxY motif. However, in contrast to tensin, Dok1 acts as an
115 integrin inactivator [16] (Figure 1A). A major difference between tensin and Dok1 is
116 that tensin interacts with the actin cytoskeleton providing mechanical integrin
117 coupling, whereas Dok1 binding is expected to prevent the integrin-actin linkage,
118 correlating with cell rounding (Figure 1A). Nevertheless, further studies are required
119 to confirm that the tensin-actin interaction is essential for integrin activation. Further
120 questions that arise are whether Dok1 and tensin are in competition, what is the role
121 of β -tail phosphorylation in regulating tensin binding, and which conditions would
122 favor binding of tensin over talin or Dok1 (Figure 1A).

123 Another example of an integrin-binding protein acting as an integrin inactivator is the
124 large actin cross-linking protein filamin. Filamin binds partly to both the talin- and the

125 kindlin-binding NPxY motifs, thus competing with both integrin activators [17]. Most
126 likely the difference between tensin and filamin lies in the localization of tensin.
127 Tensin is supposed to bind integrin in mature focal adhesions and fibrillar adhesions,
128 where talin is mostly absent. Moreover, filamin keeps integrin inactive by additional
129 mechanisms, including through binding to the integrin α -tail to clamp the receptor at
130 a resting state [18, 19].

131 While many of the identified mechanisms regulating integrin activity are applicable to
132 several different integrins, important distinctions are emerging between β 1- and β 3-
133 integrin heterodimers. The actin-binding protein α -actinin regulates integrin activity,
134 cell adhesion and mechanotransduction [20]. Interestingly, α -actinin has been
135 proposed to compete with talin for binding to the β 3-integrin tail, but to be neutral or
136 even co-operate with talin in β 1-integrin activation [20]. The role of tensin as an
137 integrin activator may also be distinct among integrin subfamilies. Even though the
138 effect of tensin on β 3-integrin activation has not been studied, it is likely that tensin
139 would not be involved in its activation as β 3-integrin is localized in focal adhesions.
140 Congruently, AMPK silencing in human fibroblasts (which increased tensin
141 expression) promoted cell spreading on fibronectin, but did not affect spreading on
142 the α v β 3-integrin ligand vitronectin [12].

143 **Tensins in mechanotransduction**

144 The molecular clutch refers to a series of protein-protein interactions that mediate
145 the mechanical linkage between ECM-bound integrins and the actomyosin
146 cytoskeleton. Talin and vinculin are two important players within this clutch, not only
147 in connecting integrin-mediated adhesions to the actomyosin machinery but also in
148 generating traction force to the substrate [21]. In peripheral focal adhesions talin is
149 under high tension reinforcing the integrin–cytoskeletal bonds and transducing
150 mechanical information [22]. In central focal adhesions talin is under low tension,
151 even though tension is critical for adhesion maturation and stability, suggesting that
152 other molecules are involved in the transmission of force leading to adhesion
153 maturation and fibrillar adhesion formation [22]. A molecular clutch protein proposed
154 to transmit forces between β 3-integrins and the actin cytoskeleton in mature
155 adhesions is α -actinin [20]. In addition, tensin1 is also exposed to forces in a similar
156 manner to talin, acting as a mechanosensor [23]. AMPK-silenced fibroblasts, with

157 increased tensin expression, exert elevated traction forces on the ECM, whereas
158 tensin silencing reduces force generation, indicative of an important role for tensins
159 in mechanotransduction to the ECM [12]. As tensin is the major fibrillar adhesion
160 component and may link integrin to the actin cytoskeleton in these structures, it is
161 highly likely that it would also be responsible in mediating the mechanosensitive
162 events required for fibrillar adhesion formation and stability, but this hypothesis
163 requires further investigation.

164 Recent studies have identified the kank family of proteins as novel talin-binding
165 components of focal adhesions [24, 25]. Furthermore, kank2 was shown to activate
166 talin leading to integrin activation [25]. Similar to tensins, kanks promote integrin
167 activation, fibrillar adhesion formation and fibronectin fibrillogenesis, however in
168 contrast to tensins [12], kanks reduce traction force [25] (Figure 1B). A possible
169 explanation is that kanks diminish the connection between integrins and the actin
170 cytoskeleton, as they displace actin from talin, whereas tensins are expected to
171 maintain the integrin-actin linkage through their actin-binding sites. Thus, a
172 fundamental difference is that tensins promote integrin signaling whereas kanks
173 suppress it. Whether kanks and tensins co-operate or compete during the process of
174 adhesion maturation and what their respective contributions to fibrillar adhesions and
175 matrix assembly regulation are remain to be investigated.

176 **The link between AMPK and integrins**

177 AMPK inhibits integrin activity, fibrillar adhesion formation, ECM assembly and
178 mechanotransduction by transcriptionally reducing tensin levels, without affecting the
179 expression of other known integrin activity regulators [12]. The regulation of tensin
180 expression by AMPK is expected to be indirect, most likely occurring through a
181 transcription factor or a miRNA [26, 27]. AMPK may also regulate integrin-dependent
182 processes via mechanisms unrelated to the modulation of tensin transcription.
183 Indeed, according to mass-spectrometry-based studies, AMPK is a component of the
184 fibronectin-induced integrin adhesome [2]. This pool of AMPK, present within
185 adhesions, could potentially impact on integrin activity and signaling by either direct
186 phosphorylation of adhesome components, to influence protein activity and/or
187 localization, or by some other indirect and tensin-independent mechanism.

188 Some studies have associated AMPK with the transcriptional regulation of integrins
189 [28]. Adiponectin, a potent activator of AMPK *in vivo* [29], was found to increase α 5-
190 and β 1-integrin gene expression and surface levels in prostate cancer cells [30] and
191 α 2 β 1-integrin expression in human chondrosarcoma cells [31] in an AMPK-
192 dependent manner. Moreover, activation of AMPK by a nutraceutical called
193 berberine led to reduced β 1-integrin protein levels in colon cancer cells [32].
194 However, mechanisms of AMPK-controlled integrin expression remain to be
195 explored.

196 Integrin endocytic and exocytic trafficking regulates integrin signaling and adhesion
197 dynamics [33]. Interestingly, AMPK may also control integrin traffic. In retinal pigment
198 epithelial cells, short-term AMPK activation triggers α 5- and α 11-integrin depletion
199 from the cell surface, as measured by mass spectrometry, and reduces β 1-integrin
200 surface levels, based on a biotinylation assay [34]. Furthermore, a chemical genetic
201 screen coupled to a peptide capture identified several proteins involved in
202 endosomal traffic, cell adhesion and migration as direct AMPK targets [35]. SNX17,
203 a regulator of endosomal recycling implicated in β 1- and β 5-integrin recycling back to
204 the plasma membrane [36, 37], was found to be phosphorylated and degraded by
205 AMPK [35], suggesting that in the absence of AMPK SNX17 would prevent integrin
206 lysosomal degradation by promoting receptor recycling (Figure 2 A and B).

207 The functional coupling of integrin traffic and metabolism can be extended to Rab25-
208 expressing cancer cells. Here, tensin-dependent translocation of ligand-bound α 5 β 1-
209 integrin to fibrillar adhesions has been proposed to prime a subpopulation of the
210 receptor for internalization into late endosomes/lysosomes and to be required for the
211 recruitment and activation of the nutrient sensor mTORC1 in these compartments
212 [38]. Importantly, this process is triggered under low mTORC1 activity providing a
213 link between energy sensing and ECM internalization in cancer [38]. Given that
214 AMPK is a well-established inhibitor of mTORC1 [39], these findings suggest that
215 AMPK would promote integrin endocytosis to late endosomes/lysosomes and thus
216 inhibit integrin-dependent signaling (Figure 2A and B).

217 AMPK may also affect integrin-dependent processes by regulating the microtubule
218 and actin cytoskeletons (Figure 2A). Indeed, inhibition of AMPK has been shown to
219 reduce the phosphorylation of the microtubule plus-end-tracking protein CLIP-170

220 leading to impaired microtubule polymerization, formation of enlarged (paxillin-rich)
221 focal adhesions and reduced directional migration [40]. Moreover, active AMPK
222 directly phosphorylates the actin-associating protein Pdlim5, which localizes in actin
223 stress fibers and focal adhesions [41]. Pdlim5 phosphorylation by AMPK inhibits
224 lamellipodia formation and cell migration by suppressing Rac1 activity, and
225 displacing the Arp2/3 complex, at the cell periphery [41]. Finally, AMPK-mediated
226 phosphorylation of the actin anti-capping protein VASP suppresses vectorial actin
227 filament assembly at focal adhesions causing increased contractility and stabilization
228 of ventral stress fibers, whereas inhibition of AMPK promotes the formation of long
229 dorsal stress fibers [42]. Dorsal stress fiber assembly is required for fibrillar adhesion
230 formation [43], therefore these long stress fibers, generated in the absence of AMPK,
231 might lead to the formation of tensin-rich fibrillar adhesions.

232 **The role of AMPK and tensin in cancer and fibrosis**

233 AMPK, an important energy sensor [44], has been extensively studied as a central
234 regulator of cellular metabolism [27], but in recent years it has become apparent that
235 AMPK directly phosphorylates non-metabolic proteins and regulates other cellular
236 functions, such as transcription, cell polarity, mitosis, migration and adhesion [27, 35,
237 40, 45]. Loss or silencing of AMPK in fibroblasts increases adhesion to fibronectin
238 [12], in agreement with previous findings showing that AMPK activation by AICAR
239 decreases endothelial progenitor cell adhesion to fibronectin [46]. Upon matrix
240 detachment AMPK is rapidly activated to promote cell survival during anoikis [47].
241 Integrin-mediated adhesion to the ECM is essential to suppress anoikis and thus
242 maintaining low AMPK levels would be required to prevent matrix detachment and
243 anoikis in cancer cells.

244 AMPK-depleted fibroblasts promote fibronectin fiber assembly, in a tensin–
245 dependent manner [12], and in this way may resemble serum-depleted fibroblasts
246 (an in vitro model of quiescent cells), which show enhanced secretion of specific
247 ECM molecules [48]. The ability of AMPK to regulate matrix turnover could be
248 important for tumor-stroma crosstalk (Figure 2B). Matrix secreted by serum-depleted
249 fibroblasts is utilized by starved epithelial cells as a nutrient source [49]. Nutrient-
250 deprived cells are expected to exhibit high AMPK and low mTORC1 activity
251 promoting integrin and ECM internalization [38, 50] and degradation. These

252 processes are potentially also supported by AMPK-driven SNX17 phosphorylation
253 [35]. High AMPK activity is, additionally, expected to correlate with lower tensin1
254 and/or tensin3 expression levels. This would be concordant with the tensin switch -
255 downregulation of tensin3 and upregulation of the oncogenic tensin4 - often
256 observed in cancer cells compared to normal cells [9, 51-53]. The energy and
257 nutrient requirements of cancer cells are very high and most likely exceed those of
258 stromal resident cells. Thus, one likely scenario within the tumor microenvironment is
259 that while cancer-associated fibroblasts (CAFs) maintain low AMPK levels and
260 therefore synthesize and deposit excessive amounts of ECM [54], the constantly
261 energy craving ("starved") malignant cells display high AMPK levels and take up the
262 deposited ECM to generate nutrients essential for their survival and unbridled
263 proliferation (Figure 2B). In line with this hypothetical model, AMPK activation, with
264 the widely used anti-diabetic drug metformin, was found to reduce the desmoplastic
265 reaction (ECM deposition giving rise to fibrous tissue) and ultimately prevent tumor
266 growth in a pancreatic ductal adenocarcinoma (PDAC) mouse model [55]. However,
267 whether AMPK activation occurs specifically in the stromal cells, and in this way
268 impacts on tensin levels, integrin endocytosis and matrix deposition in the tumor
269 stroma remains to be investigated. Interestingly, high tensin1 expression has been
270 associated with poor prognosis in PDAC [38], although it remains to be determined
271 whether this high tensin expression is associated specifically with the stromal cells or
272 with the cancer cells.

273 The increase in fibrillogenesis observed upon AMPK loss [12] may also provide
274 mechanistic insight into the link between AMPK and tissue fibrosis, caused by
275 abnormal ECM composition and remodeling. An increasing amount of studies
276 demonstrate that AMPK activation, for example with metformin, inhibits TGF β
277 signaling, the major regulator of fibrosis, in several mouse models of fibrotic disease,
278 including liver fibrosis [56], cardiac fibrosis [57], obesity [58], lung fibrosis [59] and
279 skin fibrosis [60]. However, a complete molecular mechanism is still lacking. A link
280 between AMPK and integrins in tissue fibrosis has not been suggested thus far, even
281 though some integrins activate TGF β and thus have a profound role in fibrotic
282 disease [61]. A recent study demonstrated that tensin1 promotes the assembly of
283 fibronectin and collagen matrix in TGF β -stimulated human lung fibroblasts [62],
284 suggesting a role for tensin1 in pulmonary fibrosis. Taken together, a potential

285 mechanism of action for metformin in myofibroblasts may involve negative
286 modulation of integrin activity through AMPK-dependent reduction in tensin levels;
287 however this hypothesis has to be explored.

288 **Concluding Remarks**

289 There is increasing evidence that AMPK regulates integrin-dependent processes,
290 such as cell adhesion, migration and matrix formation via several mechanisms. A
291 recent study has shown that loss or silencing of AMPK increases the expression of
292 the scaffold proteins tensin1 and tensin3 in fibroblasts and elevates β 1-integrin
293 activity [12]. Tensin1 and tensin3, the major components of the centrally-located
294 fibrillar adhesions, promote integrin activity by directly binding to the β -tail on a site
295 overlapping with the talin-binding sequence. Thus, talin-mediated activation of
296 integrins to generate new adhesions and tensin-induced maintenance of integrin
297 activity to facilitate fibrillar adhesion maturation appear to be consecutive and
298 spatially-restricted events in fibroblasts. Tyrosine phosphorylation of integrins is most
299 likely implicated in the co-ordination of the switch between talin- and tensin-bound
300 integrins. However, the relevant kinases (apart from Src) and especially
301 phosphatases governing this balance remain unknown and an interesting topic for
302 future studies (see [Outstanding Questions](#)). Even though AMPK is a serine-
303 threonine kinase and unlikely to affect this balance directly, it could have indirect
304 control over integrin phosphorylation via one of its multiple targets in cells. This
305 possibility, in conjunction with the reported presence of AMPK in the integrin
306 adhesome, advocates several scenarios for AMPK-mediated regulation of adhesions
307 in response to metabolic alterations in health and disease. Integrins coupled to talin
308 and kank localize around focal adhesions and in fibrillar adhesion in cells. The latter
309 are also rich in tensin-bound active integrins. The relationship between tensin and
310 kank, and their relative contribution to the regulation of force transduction and matrix
311 assembly by fibroblasts will be an exciting avenue of investigation. The role of ECM
312 as a source of nutrients for proliferating cancer cells and the emerging link between
313 AMPK-dependent metabolic sensing and integrin-mediated matrix production in
314 fibroblasts is intriguing and may turn out to be an important regulatory loop in cancer
315 progression. Thus, AMPK and tensin can be potential targets for the treatment of
316 tissue fibrosis or a means to disrupt tumor-stroma interactions in cancer.

317 **Outstanding Questions**

318 The effect of AMPK on tensin expression is not direct. What regulates tensin
319 expression downstream of AMPK? Is this effect occurring in other cells, apart from
320 fibroblasts?

321 How does tensin replace talin for integrin binding? Is the talin-tensin switch
322 dependent on tyrosine phosphorylation at the β 1-integrin cytoplasmic membrane
323 proximal NPXY motif? Is AMPK also involved in regulating this tyrosine
324 phosphorylation?

325 Do AMPK and tensins affect the activity of other integrins?

326 Is tensin-actin binding essential for β 1-integrin activation and signaling?

327 How is the AMPK-tensin-integrin link involved in tissue fibrosis and the tumor-stroma
328 interactions in cancer?

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335 **Conflicts of interest**

336 The authors declare no competing interests.

337

338 **Glossary**

339 AMP-activated protein kinase (AMPK): A serine-threonine kinase activated when
340 intracellular ATP levels decrease. It exists as a heterotrimer, containing a catalytic
341 subunit (α) and two regulatory subunits (β and γ).

342 Cancer associated fibroblasts (CAFs): activated fibroblasts associated with cancer,
343 playing an essential role in regulating the tumor stroma.

344 Extracellular matrix (ECM): A large network of proteoglycans and fibrous proteins
345 present outside and between cells, providing both a physical scaffold and the
346 biochemical and biomechanical cues necessary for regulating cell behavior. Main
347 fibrous ECM proteins are collagens, fibronectins and laminins, which serve as
348 ligands for the cell-surface receptors integrins.

349 Fibrillar adhesions: mature, elongated multi-adhesion structures mediating the
350 secretion and remodeling of the ECM.

351 Fibrillogenesis: the formation and development of thin fibrils usually consisting of
352 collagen or fibronectin.

353 Fibrosis: the pathological accumulation of ECM proteins in the surrounding tissue.

354 Integrins: heterodimeric cell-surface adhesion receptors composed of an α - and a β
355 – subunit.

356 Integrin activation: a mechanism involving a conformational shift in the integrin
357 heterodimer through which cells increase the affinity of their cell-surface localized
358 integrin receptors for ECM ligands.

359 Mechanotransduction: the processes by which cells convert mechanical stimuli into
360 biochemical signals and ultimately cellular responses.

361 Metformin: an anti-diabetic drug that activates AMPK indirectly by reducing cellular
362 energy status through mild and specific inhibition of the mitochondrial respiratory-
363 chain complex 1 in cells.

364 Myofibroblasts: activated fibroblasts depositing fibrous proteins and promoting ECM
365 remodeling.

366 Talin: a cytoplasmic mechanosensitive actin and integrin binding protein which
367 activates integrins by directly binding to the integrin β -subunit cytoplasmic domain.

368 **Figure Legends**

369 **Figure 1. Model depicting the control of adhesion formation by**
370 **phosphorylation and different integrin activity regulators.** A. Integrin
371 heterodimers become inside-out activated (primed for ligand binding) upon binding of

372 talin to the β -integrin cytoplasmic tail and their subsequent binding to the ECM
373 manifests full activation and signalling. Talin links activated integrins to actin, via
374 direct binding or through vinculin, promoting focal adhesion formation and traction
375 force. Tyrosine phosphorylation of the β -integrin tail leads to talin displacement.
376 Dok1 binds to the phosphorylated β -tail and leads to integrin inactivation, disruption
377 of adhesions and cell rounding. Alternatively, in the presence of high tensin levels,
378 tensin may replace talin as the integrin-binder (especially if the integrin is
379 phosphorylated), maintaining integrin activity, promoting adhesion maturation
380 (fibrillar adhesion formation) and force transmission. B. Kank can also promote
381 integrin activity and fibrillar adhesion formation and acts by binding to talin rod to
382 activate talin and integrins. However, kank displaces actin from talin, leading to
383 diminished traction force. PM: plasma membrane; P: phosphorylation.

384 **Figure 2. AMPK regulates proteins involved in cell adhesion, cell migration and**
385 **matrix formation.** A. Apart from a profound role in cell metabolism, AMPK also
386 regulates other cellular processes. AMPK directly phosphorylates the actin-
387 associating proteins Pdim5 and VASP, and the microtubule plus-end-tracking
388 protein CLIP-170 affecting cell adhesion formation and cell migration. AMPK
389 phosphorylates also SNX17 and the mTORC1 component Raptor, thereby regulating
390 integrin trafficking (recycling and endocytosis, respectively). Finally, AMPK, via an
391 unknown mechanism, inhibits tensin expression leading to enhanced cell adhesion.
392 B. Hypothetical model depicting the potential role of AMPK in ECM turnover and
393 tumor-stroma crosstalk: on the left is an illustration of a CAF with low AMPK levels
394 and on the right a cancer cell with high AMPK (the high energy demand of cancer
395 cells for biosynthetic processes exhausts ATP levels and activates AMPK). Under
396 low AMPK activity/levels in CAFs, SNX17 and mTORC1 are active and tensin
397 expression is upregulated. Active SNX17 binds integrins in the early endosomes
398 promoting their recycling back to the plasma membrane, thereby inhibiting integrin
399 lysosomal degradation. High levels of tensin promote fibrillar adhesion formation and
400 ECM secretion, and mTORC1 inhibits matrix internalization. All these will lead to
401 excessive matrix deposition by the CAF. On the right, high AMPK levels in an energy
402 craving cancer cell leads to the phosphorylation and inhibition of mTORC1
403 (mTORC1-P) and phosphorylation of SNX17 (potentially downregulating SNX17
404 function and thus integrin recycling), and suppression of tensin expression. This cell

405 will internalize the ECM secreted by the CAF and will degrade integrins and ECM in
406 the lysosomes to generate nutrients and support cell survival. Thick black arrows
407 highlight activated pathways and thin grey arrows indicate downregulated processes.

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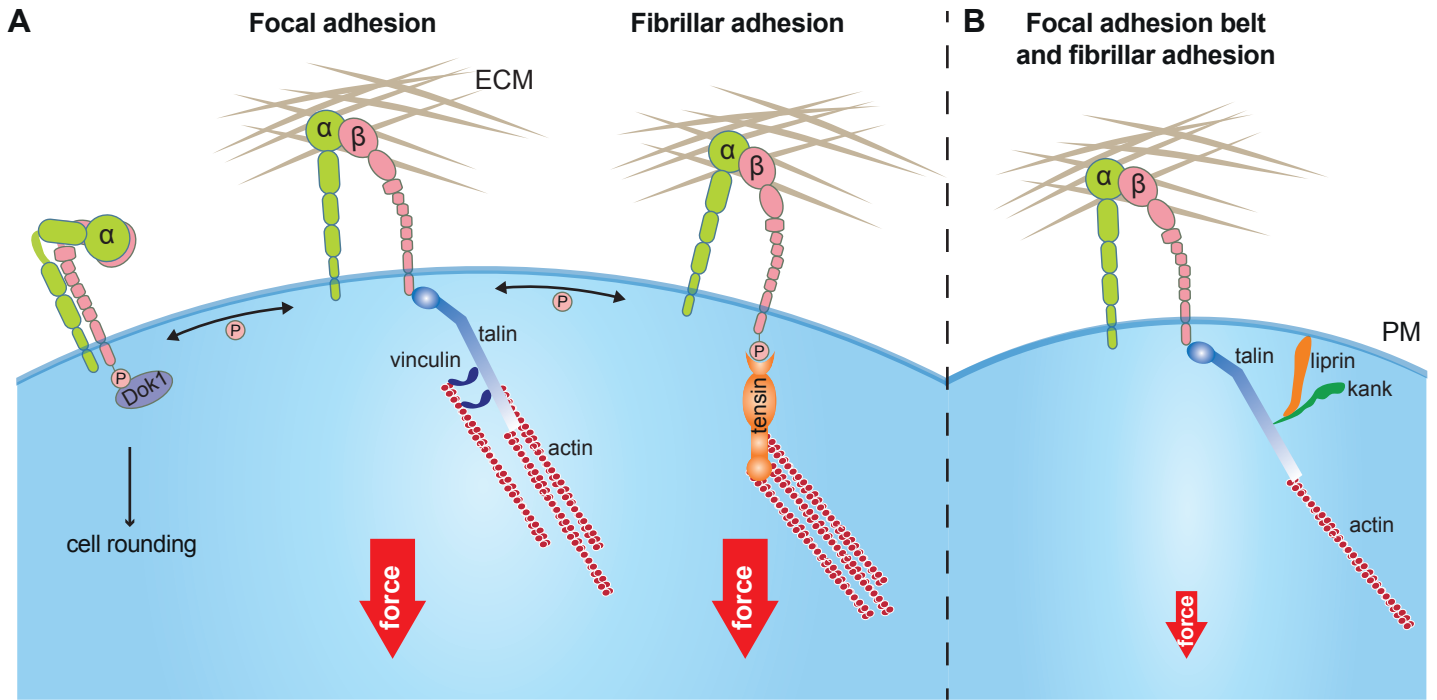
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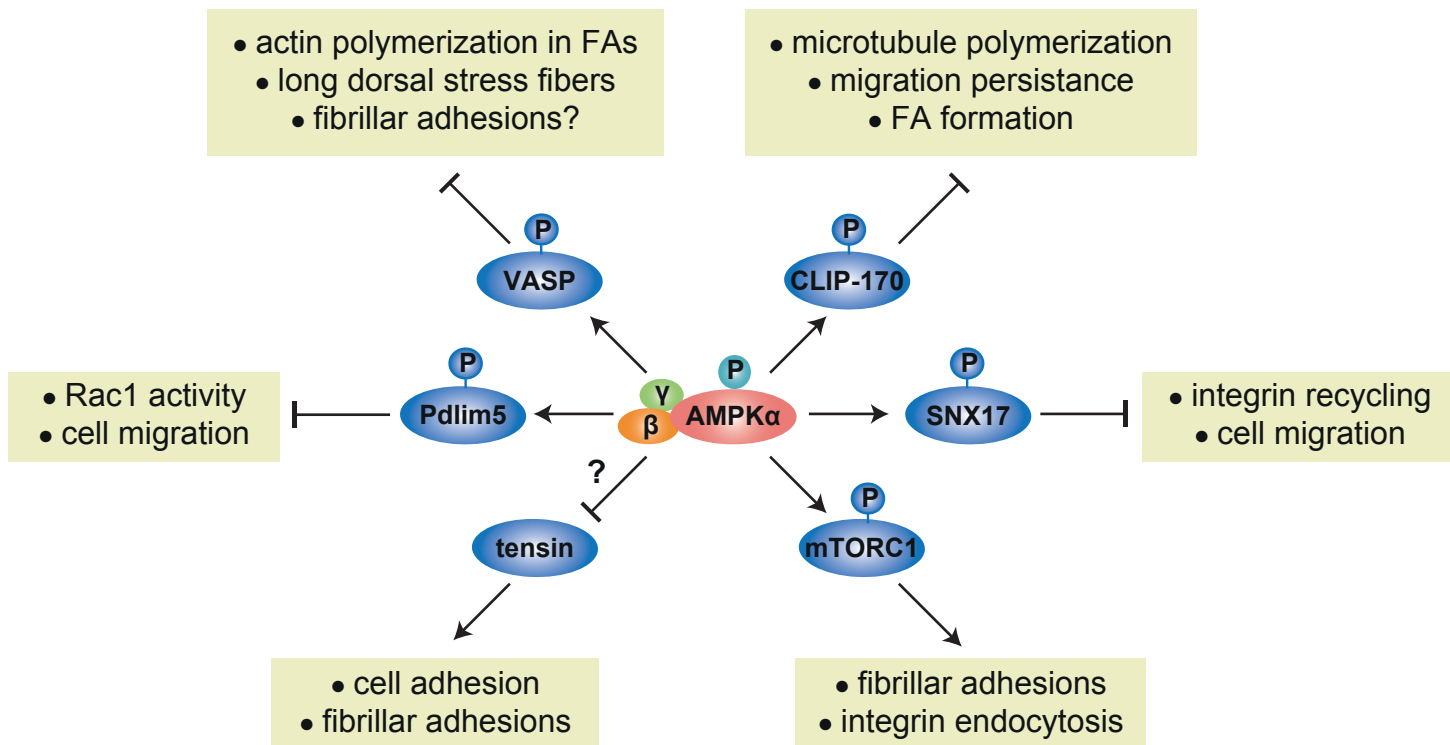
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