Revised: 16 February 2022



Dietary proanthocyanidins promote localized antioxidant responses in porcine pulmonary and gastrointestinal tissues during *Ascaris suum*-induced type 2 inflammation

Audrey Inge Schytz Andersen-Civil¹ | Laura J. Myhill¹ | Nilay Büdeyri Gökgöz² | Marica T. Engström³ | Helena Mejer¹ | Ling Zhu¹ | Wayne E. Zeller⁴ | Juha-Pekka Salminen³ | Lukasz Krych² | Charlotte Lauridsen⁵ | Dennis S. Nielsen² | Stig M. Thamsborg¹ | Andrew R. Williams¹

¹Department of Veterinary and Animal Sciences, University of Copenhagen, Frederiksberg, Denmark

²Department of Food Science, University of Copenhagen, Frederiksberg, Denmark

³Natural Chemistry Research Group, Department of Chemistry, University of Turku, Turku, Finland

⁴USDA-ARS, U.S. Dairy Forage Research Center, Madison, Wisconsin, USA

⁵Department of Animal Science, Aarhus University, Tjele, Denmark

Correspondence

Andrew R. Williams, Department of Veterinary and Animal Sciences, University of Copenhagen, Dyrlægevej 100, DK-1870 Frederiksberg C, Denmark. Email: arw@sund.ku.dk

Funding information

This work was funded by the Independent Research Fund Denmark (Grant # 7026-0094B). Data were generated through accessing research infrastructure at the University of Copenhagen, including FOODHAY (Food and Health Open Innovation Laboratory, Danish Roadmap for Research Infrastructure)

Abstract

Proanthocyanidins (PAC) are dietary polyphenols with putative anti-inflammatory and immunomodulatory effects. However, whether dietary PAC can regulate type-2 immune function and inflammation at mucosal surfaces remains unclear. Here, we investigated if diets supplemented with purified PAC modulated pulmonary and intestinal mucosal immune responses during infection with the helminth parasite Ascaris suum in pigs. A. suum infection induced a type-2 biased immune response in lung and intestinal tissues, characterized by pulmonary granulocytosis, increased Th2/Th1 T cell ratios in tracheal-bronchial lymph nodes, intestinal eosinophilia, and modulation of genes involved in mucosal barrier function and immunity. Whilst PAC had only minor effects on pulmonary immune responses, RNA-sequencing of intestinal tissues revealed that dietary PAC significantly enhanced transcriptional responses related to immune function and antioxidant responses in the gut of both naïve and A. suum-infected animals. A. suum infection and dietary PAC induced distinct changes in gut microbiota composition, primarily in the jejunum and colon, respectively. Notably, PAC consumption substantially increased the abundance of Limosilactobacillus reuteri. In vitro experiments with porcine macrophages and intestinal epithelial cells supported a role for both PAC polymers and PAC-derived microbial metabolites in regulating oxidative stress responses in host tissues. Thus, dietary PAC may have distinct beneficial effects on intestinal health during infection with mucosal pathogens, while having a limited activity to modulate naturally-induced type-2 pulmonary inflammation. Our results shed further light on the mechanisms underlying the health-promoting properties of PAC-rich foods, and may aid in the design of novel dietary supplements to regulate mucosal inflammatory responses in the gastrointestinal tract.

Abbreviations: CRP, C-reactive protein; GM, gut microbiota; PAC, proanthocyanidins; SCFA, short-chain fatty acid.

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made.

FASEB JOURNAL

2 of 19

K E Y W O R D S

Ascaris suum, gut microbiota, helminth, pig, polyphenols, proanthocyandins

1 | INTRODUCTION

Effective immune function is essential for the maintenance of health and tissue homeostasis. The role of diet in regulating immunity and inflammation at mucosal barrier surfaces has been well-established, and immunomodulatory dietary components have therefore gained tremendous attention in scientific research in recent years. Polyphenols, terpenoids, and carotenoids are examples of three central groups of phytonutrients, which have been extensively studied for their beneficial impact on health and disease. Proanthocyanidins (PAC) are a type of polyphenol, commonly found in a plant-based diet, which have characteristic chemical structures with known antioxidant and anti-inflammatory properties.¹

Numerous studies have demonstrated that PAC play an important role in the regulation of immune function and may offer therapeutic potential towards inflammatory intestinal diseases. PAC exert strong antioxidant and anti-inflammatory effects in cellular models,^{2,3} and are able to modulate various physiological parameters when consumed as part of the diet, such as increasing mucus production in human patients with ulcerative colitis, and alleviating inflammation in TNBS-induced colitis by inhibiting NF-kB signaling pathways.^{4,5} Another consistent outcome of dietary PAC supplementation is the alteration of gut microbiota (GM) composition, which has been observed in both murine and porcine models, with some evidence also from human studies.⁶⁻¹⁰ PAC have been shown to increase the abundance of Lactobacilli and Bifidobacterium species, which are commonly associated with a healthy gut environment, as well as increasing levels of fecal short-chain fatty acids (SCFA) such as propionic acid.^{7,11,12} Thus, the immunomodulatory effects of PAC may be caused by direct interactions with immune cells and/or indirect modulation of immune responses as a result of PAC-induced alteration of the GM.¹³ These bioactive effects on intestinal immune cells or the GM may have significant implications for inflammation in the gut, as well as at distant sites, such as the lungs, with increasing evidence suggesting a gut-lung axis and clear connection between gut function, the microbiome, and lung homeostasis.14

Parasitic worm (helminth) infections are widespread in humans and animals worldwide and cause substantial morbidity.^{15,16} The characteristics of immune responses during helminth infection include a strongly Th2 polarized immune response, characterized by eosinophilia, mastocytosis, and increased production of IL-4, IL-13, and other type-2 cytokines.¹⁷ Thus, helminth infection models offer a valuable opportunity to assess how different dietary interventions can promote resistance to parasitic infection, as well as modulating type-2 responses which play a significant role in pathologies such as allergy. In mice, PAC may regulate allergen-induced type-2 inflammation in the lungs by decreasing the expression of IL-4, IL-5, and IL-13.¹⁸ However, the ability of PAC to modulate pathogen-induced type-2 mucosal immune responses, such as those induced by tissue-invasive helminths, has not been examined in detail. Such studies may shed light on the interactions between PAC-rich diets and immunity to helminth infection, and other type-2 driven pathologies, such as asthma and ulcerative colitis.

Pigs are a highly translatable large-animal model for humans, due to the anatomical and immunological similarities between humans and swine. The porcine roundworm Ascaris suum is widely prevalent in pig farms globally and closely related to A. lumbricoides, which is the most common helminth in humans.¹⁹ After infection, A. suum larvae have a complex migratory path, which includes migration through the liver and lungs before returning to the small intestine.²⁰ At each of these anatomical sites, the migratory larvae cause strong inflammatory reactions. Studies in both the natural porcine host and murine models have shown that larvae elicit significant levels of type-2 (e.g., IL-5), but also type-1/17 (IL-6 and $TNF\alpha$) cytokines as they migrate in the liver, lungs, and gut.^{21,22} Furthermore, A. suum infection has been shown to promote susceptibility to bacterial lung infections, increase cell-free hemoglobin in bronchoalveolar lavage (BAL) fluid, and induce oxidative stress responses characterized by Nos2 expression and granulocyte-derived reactive oxygen species (ROS) production.²³⁻²⁶ In this respect, A. suum infections in pigs have proved useful for assessing the effects of different dietary components on inflammation and immune function in both the gut and the respiratory tract. For example, studies in this model have shown that dietary retinoic acid can enhance A. suum-induced pulmonary eosinophilia, whilst treatment with probiotics, such as Lactobacillus rhamnosus GG, can suppress the prototypical type-2 response in lymph nodes draining the lungs during infection.^{27,28} Given the ability of PAC to induce anti-inflammatory and antioxidant effects in different models of allergy or autoimmune diseases, we reasoned that they may exert powerful immunomodulatory effects during pathogen infection. However, studies on

the effects of concomitant PAC-supplementation and helminth infection are scant. Here, we explored the effect of dietary PAC on host immune function in *A. suum*-infected pigs. We examined the impact of PAC on systemic immune parameters, inflammatory and immune reactions at the mucosal barrier of both the lung and the intestinal tract, and infection- and dietary-induced changes in the gut microbiota. Thus, the aim was to investigate how PAC consumption may modulate a naturally-induced, type-2 biased mucosal response at multiple tissue sites.

2 | MATERIAL AND METHODS

2.1 | Proanthocyanidins, chemicals, and diets

The PAC used for this study were from a standardized grape seed extract (Bulk Powders, Denmark). Based on LC-DAD-MS and LC-DAD-MS/MS analyses,^{29,30} the PAC purity of the extract was >95%. Further analysis of the PAC showed that they were composed of 99% procyanidin oligomers and polymers, with a mean degree of polymerization of 4.2. Dihydrocaffeic acid (DHCA) and p-hydroxybenzoic acid (PHBA) were obtained from Sigma-Aldrich (Schnelldorf, Germany). The basal diet (NAG, Denmark) was based on ground wheat and barley and was formulated to provide 16.2% crude protein (Table S1). Pigs received either the basal diet or the basal diet supplemented with 1% PAC. Feed intake was adjusted for body weight throughout the experiment and was calculated to provide the PAC-supplemented pigs with approximately 300 mg PAC/kg BW, corresponding to doses expected to be achieved by dietary supplementation, and consistent with previous studies in swine.^{1,7} All pigs were weighed weekly and they were monitored and fed twice daily at 8:00 in the morning and 15:00 in the afternoon, with access to water ad libitum.

2.2 | Pig experiment

Nine-week-old pigs were selected from a Specific Pathogen Free Danish farm with no history of helminth infection. On arrival, pigs were confirmed free of helminth-infection by fecal egg count and negative by serology for *A. suum*. Pigs were vaccinated (p.o.) against *Lawsonia intracellularis* 4.5 weeks prior to the start of the experiment (ENTERISOL[®] ILEITIS VET., Boehringer Ingelheim). A total of 24 pigs (Duroc/Danish Landrace/Yorkshire; 12 castrated males and 12 females) were randomly distributed into four treatment groups that were balanced for sex and initial bodyweight. Bodyweights were recorded weekly (Figure S1). Each of the four groups were housed in two pens consisting of three

pigs each. From day 1 of the experiment, 12 pigs were fed the basal diet and 12 the PAC-supplemented diet. At day 14, half the pigs in each group were inoculated with 5000 embryonated A. suum eggs by gastric intubation (Figure S2). Pigs were euthanized at day 28 of the experiment, that is day 14 post-infection, (p.i.) by captive bolt pistol stunning followed by exsanguination. Throughout the study, weekly blood and fecal samples were taken. Blood was collected by venipuncture of the jugular vein and serum separated and frozen at -80° C. At necropsy, the entire small intestine was removed and processed for A. suum larval counts using a modified agar-gel technique.³¹ Worm burdens were assessed by manual enumeration using a dissection microscope of blinded samples conserved in 70% ethanol. Digesta samples were collected from the proximal colon and cooled on ice before transfer to -80° C storage. Small pieces (1 cm³) of lung (right cranial lobe) and mid-jejunal tissue were preserved in RNAlater. A further piece of jejunal tissue was also collected for histology using BiopSafe® Biopsy Sample System (Merit Medical). Histology slides were stained with hematoxylin & eosin, and eosinophils, goblet cells and villous to crypt ratios (VCR) were enumerated by blinded microscopy.

2.3 | Bronchoalveolar Lavage

BAL was performed at necropsy by introducing 500 ml PBS into the lungs to recover BAL cells from both lung lobes. The BAL fluid was filtered through 2-layer fine gauze sheets into clean 50 ml centrifuge tubes, and stored at room temperature (RT) until further processing. The recovered cell suspensions underwent a series of washing with HBSS and centrifugation. To remove red blood cell (RBC) contamination the cell suspension was incubated for 5 min at RT in RBC lysis buffer (Sigma-Aldrich). Finally, the cells were resuspended in 5 ml RPMI-1640 media supplemented with 10% fetal bovine serum and penicillin/streptomycin. Cells were enumerated and either used for flow cytometry (see below) or plated out on 48-well plates at a concentration of 1.2×10^5 cells/well and incubated overnight (37°C, 5% CO₂). The next day, cells were stimulated with either excretory/secretory (E/S) products from either A. suum or Trichuris suis, or lipopolysaccharide (LPS; 500 ng/ml) for 24 h. Following stimulation, the supernatant was collected and stored at -20° C before further analysis by ELISA.

2.4 | DNA extraction and 16S rRNA gene amplicon sequencing

DNA from small and large intestine samples was extracted using Bead-Beat Micro AX Gravity Kit (A&A

Biotechnology, Gdynia, Poland) as per manufacturer's instructions. The DNA purity and concentration were determined by NanoDrop 1000 Spectrophotometer (Thermo Fisher Scientific, USA) and Qubit[™] 1x dsDNA high sensitivity kit on Varioskan Flash (Thermo Fisher Scientific, USA), respectively.

A 16S rRNA gene amplicon library was constructed by amplifying the 16S rRNA gene with a unique molecular identifier (UMI) containing multiple forward and reverse primers (Table S2). PCR conditions for the amplification were as follows: 95°C for 5 min, 2 cycles of 95°C for 20 s, 48°C for 30 s, 65°C for 10 s, 72°C for 45 s, and a final extension at 72°C for 4 min. A second PCR step was then performed to barcode PCR amplicons with the following conditions: 95°C for 2 min followed by 33 cycles of 95°C for 20 s, 55°C for 20 s, 72°C for 40 s, and a final extension at 72°C for 4 min. After each PCR reaction, PCR amplicons were cleaned up using SpeedBeads[™] magnetic carboxylate (obtained from Sigma Aldrich). The size of barcoded PCR products (approximately 1500 bp) was checked by 1.5% agarose gel electrophoresis. For the small intestine, insufficient PCR products were obtained from several samples, resulting in altered group sizes as noted in the Figure Legend to Figure 6. A sequencing library from pooled barcoded PCR products was prepared by following the ligation sequencing kit SQK-LSK110 (Oxford Nanopore Technologies, Oxford, UK) protocol. Next, the prepared library was sequenced by Oxford Nanopore GridIONX5 sequencing platform as described in manufacturer's protocol (https://nanoporete ch.com/products/gridion). Sequencing was run until there were no longer active pores.

2.5 | Data analysis workflow for 16S rRNA gene sequencing

Nanopore sequencing software GridION version 21.02.5 (https://nanoporetech.com) was used for data collection. Base calling and demultiplexing of sequencing data were performed by ONT's Guppy version 4.5.2 (https://nanop oretech.com). Nanofilt version 2.7.1³² was then used for filtering and trimming of demultiplexed sequences. Briefly, data were filtered on a minimum 1000 and maximum 1600 reads with a minimum average read quality score of 8. After filtering, 15 nucleotides were trimmed from start and end of reads. Taxonomy assignment was achieved by using parallel_assign_taxonomy_uclust.py script of Quantitative Insights into Microbial Ecology (Qiime) 1 version 1.8.0.33 Greengenes database version 13.8 was used as a reference database.³⁴ The reads classifications did not include UMI correction due to low coverage of UMI clusters. Qiime 2 version 2020.6.0³⁵ was used to set rarefaction depth to 5000 reads per sample. Sample reads below 5000 were removed

from the analysis; a total of 42 samples were included for microbiome analysis (n = 19 for small intestine samples and n = 23 for large intestine samples). Normalized data were then processed in RStudio version 1.3.1073 using R version 4.0.2 and R packages phyloseq,³⁶ vegan,³⁷ ti-dyverse,³⁸ ggpubr,³⁹ reshape2⁴⁰ and viridis.⁴¹

2.6 | Measurement of short-chain fatty acids and DL-lactic acid

Short-chain fatty acids and DL-lactic acid were analyzed in colonic digesta samples by GC-MS as previously described.⁴²

2.7 | Flow cytometry

Tracheal-bronchial lymph nodes were collected from the bifurcature and stored on ice in FBS supplemented RPMI until further processing. Single-cell suspensions were prepared by passing lymph nodes through a 70 µm cell-strainer. Cells were washed and stained with the following antibodies: mouse anti-pig CD3-FITC (clone BB23-8E6-8C8; BD Biosciences); mouse anti-pig CD4-PE-Cy7 (clone 74-12-4; BD Biosciences); mouse anti-human T-bet-APC (clone 4B10; BioLegend); mouse anti-human GATA3-PE (clone TWAJ; Invitrogen). BAL cells were collected as described above, and stained with mouse anti-pig granulocytes-Alexa Fluor647 (clone 2B2; Bio-Rad) and mouse anti-pig CD203a-FITC (clone PM18-7; Bio-Rad). Granulocytes were defined as 2B2⁺CD203a⁻. For all stainings, isotype controls were included and gates were set using FMO controls. Data were acquired on an Accuri C6 flow cytometer (BD Biosciences) and analyzed using C6 software.

2.8 | Enzyme-linked immunosorbent assay

IL-1β and TNFα concentrations in alveolar macrophage supernatant and CRP levels in serum were analyzed using commercial ELISA kits (Duosets; R and D systems) according to the manufacturer's instructions. Levels of IgM, IgA, and IgG₁ in serum specific for *A. suum* antigen were measured as previously described.⁴³

2.9 | Cell culture

The porcine intestinal epithelial cell line IPEC-J2 (DSMZ-ACC701) was cultured as described previously.⁴⁴ To derive primary porcine macrophages, blood was obtained from

three female pigs (Danish Landrace/Yorkshire, aged approximately 24 weeks). Peripheral blood mononuclear cells were obtained by centrifugation over Ficoll-Paque, and monocytes isolated by magnetic separation using antihuman CD14 microbeads (Miltenyi Biotech). Monocytes were cultured for 6 days in DMEM media supplemented with 10% heat-inactivated porcine serum (ThermoFisher), L-glutamine (2 mM), 100 U/ml pencillin, 100 µg/ml streptomycin, 10 mM HEPES, and 50 μM β-mercaptoethanol. For macrophage stimulation, cells were recovered using TrypLE (ThermoFisher), and plated at 0.5×10^6 /ml for 20 h together with either LPS (500 ng/ml), or LPS combined with either PAC (50 µg/ml), DHCA, or PHBA (both 100 µg/ml). IPEC-J2 cells were allowed to reach 80% confluence and stimulated as above. After 16 h, cells were recovered and intracellular ROS levels were measured by fluorescent staining and flow cytometry as previously described.45

2.10 | RNA-sequencing

RNA was extracted from lung and intestinal tissue following homogenization (gentleMACS, Miltenyi Biotech) using miRNAeasy kits (Qiagen) according to the manufacturer's instructions. RNA was subsequently used for library preparation and 150 bp paired-end Illumina NovaSeq6000 sequencing (Novogene, Cambridge, UK). Sequence data were subsequently mapped to the Sus Scrofa (ss11.1) genome and read counts were generated which were used to determine DEG using DEseq2.⁴⁶ Pathway analysis was conducted using gene-set enrichment analysis (Broad Institute, MA, USA).

2.11 | Statistical analysis

All statistical analysis was performed using GraphPad Prism 8, IBM SPSS Statistics 27 or R packages. The data were analyzed using a mixed-model analysis, with diet and infection status as fixed factors and pen and pig as random factors. Where appropriate, time was included as an additional fixed factor to account for repeated measures. One pig (in the A. suum + PAC group) was excluded from analysis as it displayed post-mortem pathology indicative of ileitis and aberrant values on several immunological assays. Shapiro-Wilk and Kolmogorov-Smirnov tests were used to tests for assumptions of normality in analyses, and square-root transformations were used to approximate normal distributions when appropriate. For gut microbiota α -diversity analysis, pairwise Wilcoxon rank-sum test from the R package47 was used to obtain Benjamini-Hochberg corrected p-values. Statistical analysis for distance-based redundancy analysis (db-RDA) based on Bray-Curtis dissimilarity was done by using ANOVA-like permutation test using the R package vegan. In vitro cellular data were assessed by one-way ANOVA followed by post hoc testing with Dunnet's test. Volcano Plots were created using VolcaNoseR,⁴⁸ and principal component analysis was carried out using ClustVis.⁴⁹

3 | RESULTS

3.1 | Proanthocyanidins exert minor effects on systemic antibody and inflammatory biomarkers

Acute infections with A. suum induce potent immune reactions in the lungs and intestine before the expulsion of the majority of the invading larvae starting from around day 18 p.i.⁵⁰ We fed pigs either a control diet or a diet supplemented with 1% PAC for 28 days. Half the pigs in each group were infected with 5000 embryonated A. suum eggs 14 days after commencement of the dietary treatments. Mean larval burdens at day 14 p.i. were not altered by PAC supplementation (2914 \pm 928 larvae (mean \pm SD, n = 6) in control-fed pigs and 3155 ± 1057 larvae (mean \pm SD, n = 5) in PAC fed pigs; p = .48). In order to examine whether PAC influenced the development of the immune response to A. suum, we first examined serological markers of infection in the different treatment groups. A. suum infection resulted in a significant increase in serum IgM, IgA, IgG1 specific for A. suum antigenic extracts compared to un-infected groups (Figure S3A-C). PAC supplementation increased the levels of all three antibody classes in infected pigs, however, the effect of diet was not statistically significant. To assess the effect of both A. suum and dietary PAC on systemic inflammation, we quantified C-reactive protein (CRP) levels in serum. CRP levels on day 0 p.i. (i.e., after 14 days of PAC supplementation) were significantly lower in PAC fed pigs compared to controls (Figure S3D). However, CRP levels measured on day 14 p.i. (i.e., after 28 days of PAC supplementation) were no longer affected by diet, and infection had no impact on CRP levels (Figure S3E). Thus, whilst dietary PAC appeared to exert transient anti-inflammatory properties in uninfected pigs, PAC had little capacity to alter systemic antibody production induced by infection.

3.2 | Impact of *A. suum* infection and dietary proanthocyanidins on Th1, Th2 and granulocytic responses in pulmonary and gut tissues

A. suum infection induced significant cellular changes in the BAL fluid and tracheal-bronchial lymph nodes (LN). In the LN, the proportion of $CD3^+T$ cells was significantly

decreased when comparing infected pigs to controls, similar to what has been observed in mice²¹ (Figure 1A). The proportions of CD3⁺CD4⁺, CD3⁺CD4⁺T-bet⁺ (Th1), and CD3⁺CD4⁺GATA3⁺ (Th2) T-cells were not significantly different across treatment groups, however, Th2/Th1 ratios clearly demonstrated a strong Th2-polarized immune response as a result of A. suum infection (Figure 1B-E). Moreover, infection markedly induced granulocytosis in BAL fluid, and eosinophilia in jejunal tissues. PAC did not alter granulocyte numbers in BAL, and whilst intestinal eosinophils were numerically higher in infected pigs fed PAC compared to those fed the control diet this difference was not significant (Figure 1F,G). Villous to Crypt ratios and goblet cell numbers in the jejunum were not altered by either diet or infection (Figure S4). Taken together, these findings indicate that A. suum induced a significant type-2 biased cellular response in the lungs and intestinal tissues, which was not significantly altered by concurrent PAC consumption.

3.3 | Concomitant *A. suum* infection and dietary proanthocyanidins tend to enhance cytokine secretion in alveolar macrophages stimulated ex vivo

To further assess the effects of infection and dietary PAC on the profile of lung immune cells, alveolar macrophages were isolated from BAL of all pigs in each treatment group and stimulated ex vivo. Cells were first stimulated with LPS to assess how diet and infection may influence secretion of the pro-inflammatory cytokines TNF α and IL-1 β . Infection

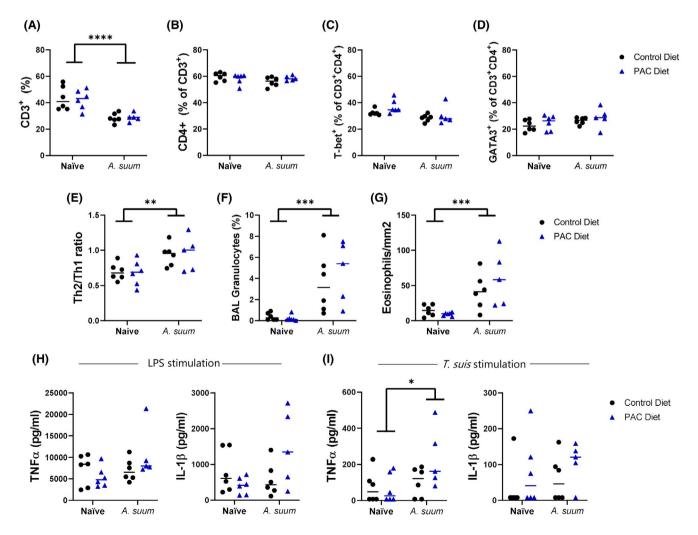


FIGURE 1 Effects of *Ascaris suum* infection and dietary proanthocyanidins on cellular responses in the lungs and intestine. (A–E) Proportions of CD3⁺ cells, CD4⁺ T cells, T-bet⁺ Th1 cells, GATA3⁺ Th2 cells, and Th1/Th2 ratios in lung lymph nodes (LN) on day 14 postinfection (p.i.). (F) Lung granulocytosis in broncho-alveolar lavage (BAL) fluid at day 14 p.i. (G) Eosinophils in mid-jejunum tissues at day 14 p.i. TNF α and IL-1 β secretion ex vivo in alveolar macrophages stimulated with lipopolysaccharide (LPS) (H) or *Trichuris suis* antigens (I). PAC: proanthocyanidins (Mixed model analysis, *p < .05, **p < .01, ****p < .001, ****p < .0001, n = 5-6 pigs per group)

status did not significantly influence LPS-induced secretion of these cytokines. Whilst levels of LPS-induced TNFa and IL-1 β were lower in uninfected pigs fed PAC, the secretion of these cytokines tended to be higher in infected pigs fed PAC, albeit not significantly so (p = .15 for interaction between diet and infection status; Figure 1H). To explore if ex vivo inflammatory responses to parasite antigens were modulated by PAC or infection, macrophages were first stimulated with A. suum E/S products, however, no cytokine secretion was observed (data not shown). We therefore also stimulated cells with E/S from another porcine helminth, T. suis, which we have previously shown to be a stronger activator of innate cytokine production.⁴⁴ Interestingly, alveolar macrophages isolated from infected pigs secreted significantly higher levels of $TNF\alpha$ when activated with T. suis E/S products (Figure 1I). Similar to LPS-stimulated cells, macrophages isolated from infected pigs fed PAC secreted higher levels of TNF α and IL-1 β compared to macrophages isolated from any other treatment groups, albeit not significantly (Figure 1I). These findings suggest that A. suum infection primed macrophages to be more responsive to stimulation from heterologous parasite antigens (but not LPS, which was a much stronger cytokine inducer ex vivo), while PAC has only minor systemic immunostimulatory effects on cytokine production during infection.

3.4 | Transcriptional profiling of gut and lung tissues reveals modulatory effects of proanthocyanidins during *A. suum* infection

3.4.1 | Jejunum transcriptional responses

To explore in more detail if PAC may influence the immunological response to A. suum infection, we conducted RNA-sequencing of jejunal and lung tissues. Both A. suum and PAC treatment strongly modulated gene expression in the intestine as compared to controls (Figures 2 and 3). Principal component analysis showed a clear clustering of biological replicates according to infection status (Figure 2A). A. suum infection significantly downregulated the expression of genes such as the aldehyde dehydrogenase-encoding ALDH1B1, and the sodium-channel encoding SCN8A. Interestingly, three of the top-ten downregulated genes as a result of infection were related to circadian rhythm (PER3, PER2, NOCT) (Figure 2B). Moreover, A. suum infection significantly upregulated the expression of genes encoding the interleukin IL13, the eosinophil marker EPX, and the T-cell activation marker CD69 in intestinal tissue (Figure 2C). Furthermore, we noted strong upregulation of genes involved in aryl hydrocarbon receptor (AHR)-signaling

including ARNTL as well as smooth muscle contraction (P2RX1), which may relate to the increased intestinal motility observed during the immune reaction to A. suum larvae²⁵ (Figure 2B). Analysis of gene pathways modulated by infection revealed that pathways related to peroxisome function, as well as the metabolism of fatty acids and glycerolipids were significantly suppressed, suggesting a profound modulation of nutrient metabolism due to larval colonization of the intestine (Figure 2D). Unsurprisingly, the main upregulated gene pathways were related to immune function, such as the IL-2, IL-4, and T-cell receptor-related pathways, as well as granulocyte and B-cell signaling (Figure 2D). Thus, consistent with the pulmonary and intestinal eosinophilia, A. suum induced a type-2 inflammatory reaction concomitant with pathophysiological responses related to the changed mucosal environment induced by larval antigens.

In uninfected pigs, dietary PAC resulted in a distinct clustering of treatment groups based on diet as assessed by principal component analysis (Figure 3A,B). Significantly downregulated genes included the glucose transporter SLC2A7, which has previously been shown to be inhibited by polyphenols in cellular models, 5^{1} as well as *MT-2B*, encoding a metallothionein protein known to be associated with intestinal inflammation and oxidative stress in mice.⁵² Interestingly, we also noted downregulation of EGFR, encoding the epidermal growth factor receptor (Figure 3C). Upregulated genes included TXNRD1, encoding thioredoxin reductase 1, a protein involved in suppression of ROS, as well as genes involved in cellular endocytic processes (RAB7A) and extracellular matrix remodeling (COL6A5) (Figure 3C). Consistent with this, gene pathways related to metabolic processes, such as translation elongation and ribosome function, were significantly enriched (Figure 3D). Interestingly, we noted that a number of pathways that were related to immune function (and that were also induced by A. suum), were upregulated by PAC. These included pathways related to granulocyte function and B-cell signaling, indicative of an immune-stimulatory effect of PAC. Furthermore, we observed a significant upregulation of pathways related to both detoxification of ROS and selenoamino acid metabolism, suggestive of enhanced antioxidant responses in PAC-fed pigs. Notably, we also observed a strong downregulation of pathways related to heat shock responses, which are normally induced by cellular stressors and offer protection against tissue injury⁵³ (Figure 3D). Collectively, these data suggest that dietary PAC have significant effects on intestinal metabolism and function as a cytoprotective agent in the intestinal mucosa, by inducing antioxidant responses and regulating responses to cellular stressors.

Given that PAC appeared to induce transcriptional pathways with functions in immunity and inflammation, we

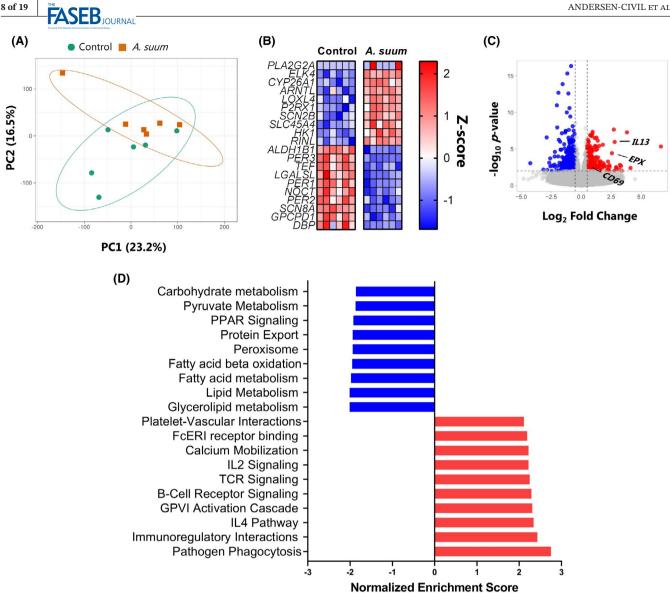


FIGURE 2 Modulation of gene expression and transcriptional pathways in intestinal tissue by Ascaris suum infection. (A) Clustering of A. suum-infected and control groups as demonstrated by principal component analysis. (B) Top ten up and downregulated genes identified as a result of A. suum infection. (n = 6 pigs per group). (C) Volcano plot showing differentially expressed genes resulting from A. suum infection (D) Significantly up and downregulated pathways (p < .01; Q < .1) identified by gene-set enrichment analysis as a result of A. suum infection

next asked whether concurrent PAC consumption could modulate the intestinal transcriptomic response to A. suum infection. We observed that within infected pigs, there was once again a clear clustering according to diet based on principal component analysis (Figure 4A,B). Inspection of genes differentially expressed in infected, PAC-fed pigs, relative to infected pigs fed the control diet, revealed that expression of genes involved in intestinal nutrient metabolism were increased, such as ORAI2 and AGTR1, which both play a role in calcium uptake.^{54,55} Consistent with the suppression of EGRF expression in uninfected pigs fed PAC, the expression of a number of genes related to EGF signaling, including BTC and AREG, were downregulated. AREG encodes amphiregulin, a cytokine involved in type-2 inflammation induced by a number of different helminth species⁵⁶ (Figure 4C). In agreement with the data showing an enrichment of antioxidant pathways in uninfected pigs fed PAC, we noted that PAC supplementation during infection also resulted in the upregulation of the oxidative stress pathway, which included significant enrichment of SOD3, GPX3, and NQO1-genes encoding proteins with known anti-oxidant properties (Figure 4D). Down-regulated pathways in infected pigs fed PAC were mainly related to metabolic activity such as cholesterol metabolism, but these were not significant following FDR adjustment (data not shown). Collectively, these data show that PAC exert a significant influence on the intestinal transcriptional environment during enteric helminth infection mainly by

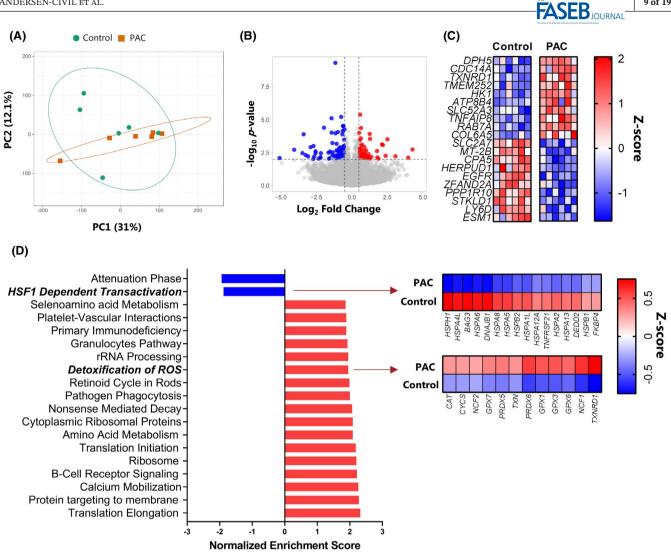


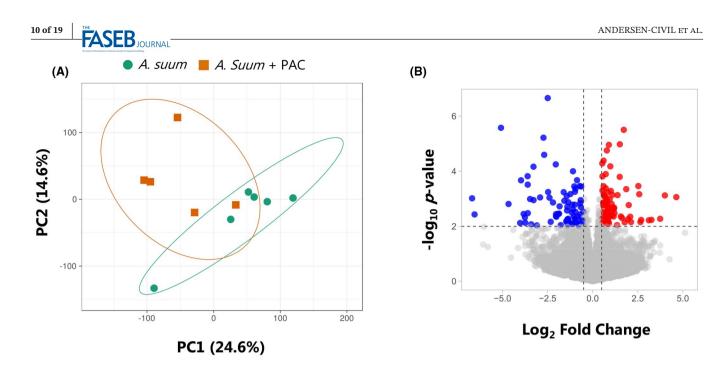
FIGURE 3 Modulation of gene expression and transcriptional pathways in intestinal tissue by dietary proanthocyanidins. (A) Clustering of the two dietary groups as demonstrated by principal component analysis in uninfected pigs. (B) Volcano plot showing differentially expressed genes resulting from dietary proanthocyanidin (PAC) supplementation. (C) Top ten up and downregulated genes identified as a result of dietary PAC supplementation in uninfected pigs. (n = 6 pigs per group). (D) Significantly up and downregulated pathways (p < .01; Q < .1) identified by gene-set enrichment analysis (GSEA) as a result of dietary PAC supplementation. Highlighted are the HSF1 Dependent Transactivation and Detoxification of ROS REACTOME pathways, showing enriched genes as identified by GSEA

promoting the transcription of genes involved in regulating oxidative stress and nutrient metabolism.

3.4.2 Lung transcriptional responses

Next, transcriptional profiling of the lungs by RNAsequencing was performed to investigate the effect of larval migration in the lungs and the potential impact of dietary PAC on gut-lung interplay. In comparison to the intestine, the modulation of gene expression in the lungs was only modestly modulated by both A. suum infection and/or PAC supplementation. Interestingly, as was the case in the jejunum, A. suum infection regulated the expression of numerous genes related to circadian rhythm. Notably, PER1, PER2, PER3, NR1D1, NR1D2, and DBP were suppressed, whereas NPAS2 and ARNTL were significantly upregulated (Figure 5A). A number of studies have touched upon the importance and complex interplay between circadian rhythm, immune regulation, and parasite-host interactions.⁵⁷ Of note, ARNTL was also significantly upregulated by PAC (Figure 5B). In coherence with the granulocytosis in the lungs in BAL fluid, A. suum infection upregulated the expression of CCR3, which is essential for eosinophil recruitment (Figure 5A). Infected pigs fed PAC had significantly higher expression levels of genes related to innate immune function (CD209 and OAS2), and connective tissue growth factor (CTGF) in lung tissues compared to infected pig fed a control diet (Figure 5C). CTGF is involved in wound repair and tissue healing, suggesting a protective

9 of 19





(D) PAC **Oxidative Stress Pathway** A. suum A. suum PAC 2 TMNQ01 0.5 1 SOD3 -SCORE GPX3 Z-score NFIX 0 0 CYP1A1 NOX4 -1 CAT HMOX1 -0.5

FIGURE 4 Modulation of gene expression and transcriptional pathways in intestinal tissue by dietary proanthocyanidin supplementation in *Ascaris suum*-infected pigs. (A) Clustering of the dietary groups within *A. suum*-infected pigs as a result of dietary proanthocyanidins (PAC) as demonstrated by principal component analysis. (B) Volcano plot showing differentially expressed genes resulting from dietary PAC supplementation in *A. suum*-infected pigs. (C) Top 10 up and downregulated genes identified as a result of dietary PAC supplementation in *A. suum*-infected pigs. (*n* = 6 pigs in *A. suum* group, *n* = 5 pigs in PAC + A. *suum* group). (D) Enriched genes in the WikiPathways 'Oxidative Stress' pathway, identified by gene set enrichment analysis, in *A. suum*-infected pigs fed PAC

effect of PAC during *A. suum* infection. Intriguingly, the expression of the oxidative stress inducer *ALOX15* was significantly increased by *A. suum* infection, but was significantly down-regulated in infected pigs fed a PAC diet, which supports previously described reports of PAC acting as a lipoxygenase inhibitor⁵⁸ (Figure 5A–C). Thus, *A. suum* infection induced marked transcriptional responses in the

lungs but somewhat less than compared to intestinal tissues, which may indicate that lung homeostasis is somewhat restored by day 14 p.i. when the migrating larvae have returned to the intestine. Furthermore, dietary PAC induced smaller transcriptional changes in the lung compared to the intestine but may enhance wound healing and antioxidant status during infection.

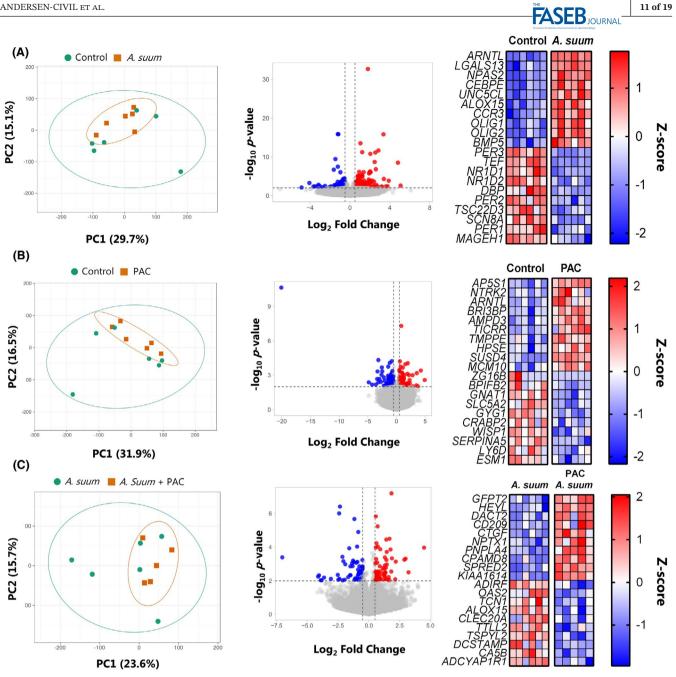


FIGURE 5 Modulation of gene expression in lung tissue by Ascaris suum infection and dietary proanthocyanidins. Effects on lung gene expression as shown by principal component analysis, volcano plot of differentially expressed genes and top 10 up- and down-regulated genes identified as a result of (A) A. suum infection in pigs fed the control diet, (B) dietary proanthocyanidins (PAC) in naïve pigs and (C) dietary PAC in A. suum-infected pigs. (n = 6 pigs per group, except n = 5 pigs in PAC + A. suum group)

3.5 Ascaris suum infection and proanthocyanidins alters gut microbiota composition with limited effect on short-chain fatty acids

Previous studies have indicated that immunomodulatory and anti-inflammatory effects of PAC may derive from changes in the GM and associated metabolite production.¹³ Furthermore, A. suum and other helminths can markedly change host GM composition.⁵⁹ Therefore,

to explore whether the observed transcriptomic changes induced by diet and infection were accompanied by GM changes, we used 16S rRNA gene amplicon sequencing to characterize both the small and large intestinal GM composition. We initially analyzed the GM composition in the jejunum, at the main site of Ascaris infection. Neither A. suum nor dietary PAC altered α -diversity (data not shown). Changes in β-diversity were apparent primarily as a result of A. suum infection (p < .05 by distancebased redundancy analysis; Figure 6A), with differential

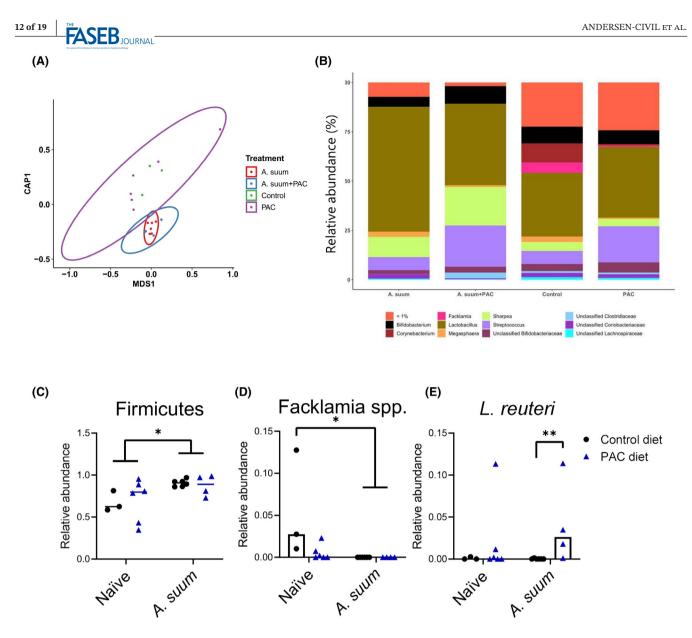


FIGURE 6 Changes in gut microbiota composition in the small intestine due to dietary proanthocyanidins and *Ascaris suum* infection. (A) Changes in β -diversity in the small intestine, as identified by distance-based redundancy analysis (Bray-Curtis dissimilarity based) where a significant effect of *A. suum* compared to all other treatment groups was identified. No effect on β -diversity was reported when comparing PAC to control-fed naïve pigs. Ellipses represent 95% confidence interval (no ellipse for green control samples as n = 3). (B) Relative abundance at genus level in naïve or *A. suum*-infected pigs fed a control diet or PAC-supplemented diet. Relative abundance of (C) Firmicutes, (D) *Facklamia* spp. and (E) *Limosilactobacillus reuteri* in naïve or *A. suum*-infected pigs fed a control diet or PAC-supplemented diet, as identified by differential abundance analysis and mixed-model analysis. (n = 3 pigs in control group, n = 6 pigs in *A. suum* group, n = 6 pigs in PAC group, and n = 5 pigs in PAC + A. suum group)

abundance analysis on genus level indicating an enrichment in *Lactobacillus* spp. in infected pigs (Figure 6B). Moreover, *A. suum* infection increased the abundance of *Firmicutes* spp. (p < .05; Figure 6C), while decreasing the abundance of *Facklamia* spp. (p = .053; Figure 6D). In contrast, PAC did not have a significant effect on the small intestinal GM, with no changes in β -diversity between PAC-fed pigs and control pigs (p > .05 by distance-based redundancy analysis; Figure 6A). However, we did note that, within *A. suum*-infected pigs, those animals fed PAC tended to have a higher abundance of amplicon sequences

corresponding to *Limosilactobacillus reuteri* (Figure 6E). *L. reuteri* has been associated with beneficial probiotic and anti-inflammatory effects, and plays a role in the prevention of microbial translocation and inhibits colonization of pathogenic bacteria.^{60,61}

In the colon, we found that PAC had the largest effect on the GM composition, consistent with the notion that PAC are extensively metabolized by, and can modulate, the large intestine microbiome (p < .05 for β -diversity comparison between PAC and control group by distancebased redundancy analysis; Figure 7A,B). PAC tended to decrease the abundance of Bifidobacterium in both naïve and infected pigs (Figure 7C). Notably, the abundance of sequences closely related to Bifidobacterium thermacidophilum was significantly increased by A. suum, but concomitant PAC supplementation significantly suppressed this effect (Figure 7D). The reduction of Bifidobacterium in pigs fed PAC contrasts to a previous study in pigs showing that PAC increased the growth of this taxa.¹¹ However, similar to the trend in the small intestine, PAC supplementation resulted in the significant increase in L. reuteri abundance in the colon of both naïve and infected pigs (Figure 7E). Interestingly, A. suum infection increased the abundance of Lactobacillus spp. in the colon whilst significantly decreasing the abundance of *Turicibacter* spp. (Figure 7F–G). However, β -diversity was not different between A. suum and control groups in colon, indicating that the effects of infection on GM composition were mostly limited to the predilection site (the small intestine).

A number of GM species, including L. reuteri, have the ability to metabolize polyphenols via the action of various reductases that can transform (epi)catechin molecules into metabolites which may contribute to antioxidant and other health benefits.^{62,63} Therefore, we explored if both PAC polymers from the diet or PAC-derived phenolic metabolites could mediate the antioxidant effects that were indicated by our RNA-seq analysis of gut tissue. We cultured porcine intestinal epithelial cells or monocytederived macrophages with either the parent PAC from the diet, or two phenolic metabolites, PHBA or DHCA, which are abundant in the feces of pigs fed grape PAC,⁷ and also present in high amounts in the caecum of mice fed the same PAC preparation as used in our current study (unpublished data). Both PAC, as well as PHBA and DHCA, were able to significantly reduce LPS-induced ROS production in both cell types (Figure 8), indicating that both the dietary PAC polymers, and GM-derived metabolites, may contribute to the resolution of oxidative stress in the intestine.

Finally, we investigated if the colonic GM changes were accompanied by changes in the concentrations of SCFA in the distal colon. Neither PAC nor *A. suum* infection altered levels of acetic acid, propionic acid, n-butyric acid or D-lactic acid (Figure S5). However, we observed that dietary PAC decreased the concentrations of the branched-chain fatty acids iso-valeric acid (p < .05) and iso-butyric acid (p = .0616), which may relate to altered protein metabolism or colonic transit time,⁶⁴ and is consistent with our previous work on pigs fed a polyphenol-enriched diet.⁶⁵

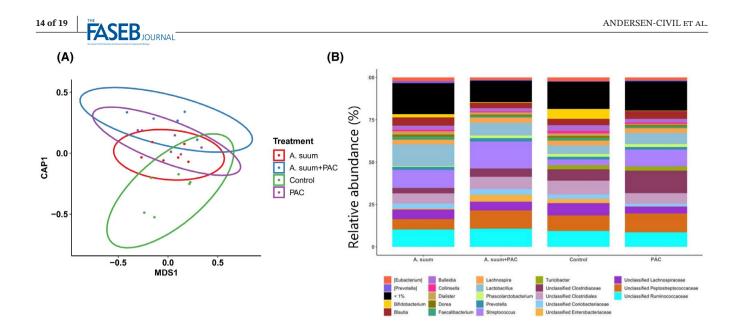
Taken together, these results indicate distinct effects of *A. suum* infection and PAC on specific bacteria taxa in a site-specific manner.

4 | DISCUSSION

The immuno-modulatory effects of PAC have been investigated in numerous studies but their mode of action and impact on immune function is still not fully understood. Furthermore, only limited knowledge has been attained on the effects of PAC on type-2 immune response, which plays a central role during helminth infections and may be relevant for inflammatory disorders, such as food allergies and ulcerative colitis. Here, we used a model of *A. suum* infection in pigs, which offers a unique opportunity to explore the modulation of parasite-induced inflammation in multiple tissues by dietary components.

Initial assessment of the systemic effects of PAC and *Ascaris* infection were demonstrated by monitoring serum antibody levels and the acute-phase protein CRP, a marker for systemic inflammation. *A. suum* infection resulted in a significant increase in serum antibodies, which were further enhanced by dietary PAC, albeit not significantly. Interestingly, significantly lower CRP levels were observed after 14 days of PAC supplementation, although this effect subsided by the end of the study. Thus, PAC had limited effects on parasite-induced antibody levels, and prolonged PAC supplementation did not appear to persistently alter inflammatory markers in serum.

The gut-lung axis is gaining increasing interest in numerous research fields, and the migratory characteristics of A. suum render the investigation of gut-lung interplay greatly relevant in this model. Here, we showed that A. suum infection-induced granulocytosis in the lungs, and a Th2 polarized immune response was clearly demonstrated by Th2/Th1 T-cell ratios. PAC and A. suum in isolation, upregulated a number of similar genes, notably genes related to the circadian rhythm, such as ARNTL. Interestingly, a study conducted in pigs also demonstrated an association between ARNTL and adult worm burden.⁶⁶ However, in contrast to murine studies, which have demonstrated a role for PAC in suppressing allergic responses in the lungs, we did not find a modulatory effect of PAC on the type-2 cellular response to A. suum infection. Ex vivo stimulation of lung macrophages by LPS or helminth antigens indicated a tendency of higher cytokine secretion levels in macrophages isolated from infected pigs fed PAC. Moreover, although we observed transcriptional changes in the lungs of infected pigs that are reflective of type-2 inflammation, these did not appear to be markedly altered by concurrent PAC intake. The exception was an indication of regulation of several genes such as CTGF, and ALOX15, which could suggest that PAC may augment wound-healing and anti-oxidant status in lung tissues during A. suum infection. Thus, in our model, dietary PAC had limited capacity to regulate lung immune function during helminth infection, although



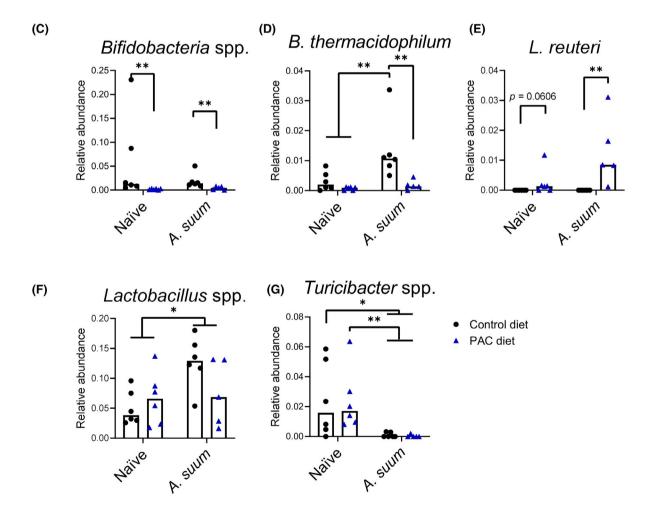


FIGURE 7 Changes in gut microbiota composition in the proximal colon due to dietary proanthocyanidins and *Ascaris suum* infection. (A) Changes in β -diversity in the proximal colon as identified by distance-based redundancy analysis (Bray-Curtis dissimilarity based), where an effect of proanthocyanidins (PAC) compared to control was identified. Ellipses represent 95% confidence intervals. (B) Relative abundance at genus level in naïve or *A. suum*-infected pigs fed a control diet or PAC-supplemented diet. Relative abundance of (C) *Bifidobacteria* spp., (D) *B. thermacidophilum*, (E) *Limosilactobacillus reuteri*, (F) *Lactobacillus* spp. and (G) *Turicibacter* spp. in naïve or *A. suum*-infected pigs fed a control diet or PAC-supplemented abundance analysis and mixed-model analysis (*p < .05). (n = 6 pigs per group, except n = 5 pigs in PAC + A. *suum* group)

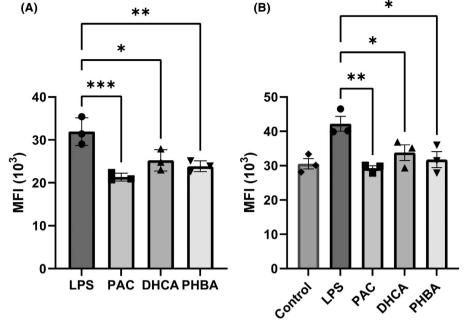


FIGURE 8 Both proanthocyanidins and phenolic acids reduce reactive oxygen species in porcine macrophages and intestinal epithelial cells. Reduction in lipopolysaccharide (LPS)-induced reactive oxygen species (ROS) in monocyte-derived macrophages (A) or the intestinal epithelial cell (IEC) line IPEC-J2 (B). Results are from three independent experiments using cells from different pigs (macrophages) or replicate cell stimulations (IPEC-J2 cells). Cells were treated with either LPS or LPS combined with grape proanthocyanidins (PAC; 50 µg/ml), dihydrocaffeic acid (DHCA; 100 µg/ml), or p-hydroxybenzoic acid (PHBA; 100 µg/ml). For IPEC-J2 cells control indicates cells with no LPS or other treatments. MFI—Mean Fluorescence Intensity. *p < .05; **p < .01; ***p < .001 by one-way ANOVA and Dunnet's post hoc testing

further studies to elucidate whether PAC may potentiate protection towards secondary airway infection during *A*. *suum* infection may be relevant.

We next assessed the impact of A. suum infection and PAC at the predilection site of infection, the small intestine. A. suum infection induced stereotypical intestinal eosinophilia, which was equivalent in both dietary groups. We had previously shown that eosinophilia in the jejunum of A. suum-infected pigs could be potentiated by a polyphenol-enriched diet containing 5% grape pomace.⁶⁵ Grape pomace may contain several phytonutrients and fibrous components such as lignin, which could contribute to synergistic effects, whereas the PAC diet in the present study was composed only of purified PAC oligomers from grape seed extract. This may explain the discrepancy between these results. Transcriptomic analysis of intestinal tissues revealed that a number of genes and pathways were regulated by both infection and PAC supplementation. As expected, A. suum induced the upregulation of type 2 immune-related genes and pathways, as well as having an important impact on nutrient metabolismrelated genes. Notably, PAC and A. suum in isolation were both able to modulate transcriptional pathways related to immune function and antioxidant activity. Interestingly, PAC increased the expression of protein-encoding genes

with cytoprotective functions against oxidative stress, suggesting a role in improving gut health by minimizing cellular stress during inflammation. The antioxidant effect of PAC could be caused by the absorption of PAC-derived metabolites, produced as a result of microbial metabolism. Although PAC are known to remain relatively stable until they reach the large intestine, PAC molecules with low mDP may also be absorbed in the small intestines.^{67,68} Furthermore, PAC and their metabolites may exert direct interactions with the gut mucosa and epithelial cells, as described in numerous cell-based studies. PAC may intervene as scavengers of free radicals due to the hydroxyl groups present in their molecular structures, which can neutralize free radicals via electron delocalization.¹ Another mechanism of the protective effects of PAC, may be via the induction of cellular antioxidant defenses by modulating Nuclear factor erythroid 2-related factor 2 (Nrf2)-related genes, which play an important role in regulating cellular resistance to oxidants, such as ROS.⁶⁹ Furthermore, the putative effects of PAC on resolution of oxidative stress may have implications for dietary regulation of gut health during pathogen infections, and further studies should focus on whether long-term PAC supplementation may effectively alleviate chronic inflammation caused by redox imbalances.

The localized effect of PAC and infection in the intestines was also demonstrated by their impact on the GM. A. suum infection caused substantial changes in the GM composition, most notably in the small intestine. This is the first report of alterations in the GM by Ascaris in the predilection site of the jejunum, and we found a significantly decreased abundance of Facklamia spp. Furthermore, we noted that A. suum increased the abundance of lactobacilli in the colon. Consistent with this, an increased abundance of lactobacilli has also been associated with Heligmosomoides polygyrus infection in mice.^{70,71} This may potentially result from the increased mucus secretion that is a stereotypical feature of helminth infections which may provide a niche environment for lactobacilli to thrive.⁷² Given that A. suum also transiently colonizes the lungs, it would also be of interest in further studies to elucidate infection-induced changes in bacterial taxa in the lung, given that the composition of the lung microbiome is increasingly recognized as playing an important role in both respiratory and perhaps also extrapulmonary health.73

Interestingly, the abundance of L. reuteri was significantly increased by PAC supplementation in both naïve and infected pigs, suggesting a prebiotic effect, which may have functional implications, given the known role of L. reuteri in modifying inflammation. However, PAC also significantly decreased the abundance of Bifidobacterium spp., including B. thermacidophilum, suggesting a complex regulation of the GM. Notably, the suppressive effect of PAC on Bifidobacterium spp. stands in contrast to a previous study showing the opposite effect in pigs fed PAC derived from cocoa.¹¹ These apparently contradictory findings may potentially be explained by the different molecular structures of PAC derived from different sources, as well as potential interactions with differing basal diets. Given that PAC appeared to change the GM composition, a key question is whether the immunomodulatory effects of PAC in the intestine derive from direct interactions with PAC and mucosal immune cells during intestinal transit, or whether PAC-derived microbial metabolites are absorbed and exert systemic bioactivity, as has been proposed in previous studies.^{7,11} Given that PAC-related transcriptional changes we observed were localized mainly to the gut, and not the lung, this may support a hypothesis that the activities were derived from direct interactions between PAC and cells at the level of the gut mucosa. Indeed, we noted that PAC polymers directly modulated ROS production in gut epithelial cells. However, we also showed that products of GM-mediated PAC catabolism could induce similar antioxidant effects, although it should be noted that the PAC polymers, on an equimolar basis, were much more potent ROS inhibitors. The interactions between PAC and A. suum infection on gut metabolites

require further investigation. PAC consumption is known to produce many microbial-derived metabolites in the gut, and while we did not observe an effect of PAC on SCFA levels, we did note that branched-chain fatty acids were suppressed in PAC-fed pigs. However, in this study *A*. *suum* infection did not change the abundance of any of the measured fatty acids, so how PAC consumption may modulate parasite-induced changes in gut metabolites is not yet clear. Further studies utilizing both short- and long-term infections together with global metabolomics analysis will be necessary to unravel these interactions, as well as the relative contributions of the parent PAC polymers and their metabolites to the observed antioxidant effects.

In conclusion, pigs infected with A. suum offered a robust model to study the effect of PAC on pathogens that induce a strong, type-2 biased mucosal immune response in pulmonary and intestinal tissues. Both A. suum infection and PAC in isolation had similar immunomodulatory capacity, notably by modulating gene pathways related to B-cell function. PAC also affected transcriptional pathways related to oxidative stress by significantly increasing the expression levels of proteinencoding genes with cytoprotective properties. However, the canonical markers of type-2 inflammation, such as eosinophilia and Th2 T-helper cells in the lungs, were not modulated by PAC intake. The limited effects of dietary PAC observed in the lungs is in coherence with a previous study demonstrating no effect of PAC on gene expression levels of various immune-related genes in alveolar macrophages and tracheobronchial lymph nodes isolated from A. suum infected pigs, which were dosed with PAC derived from cocoa.²⁷ Thus, in contrast to some murine studies suggesting beneficial effects of dietary PAC on asthma, our results suggest a restricted ability of PAC to influence the development of type-2 responses in the respiratory tract in pigs. However, the significant modulatory effects of PAC on porcine intestinal gene expression suggest a primarily gut-localized effect of PAC. Thus, PAC may play a role in maintaining gut health during enteric infection in pigs and humans, and further studies to address the functional implications of this diet-infection interaction are highly warranted.

ACKNOWLEDGMENTS

The authors thank Mette Marie Schjelde for excellent laboratory assistance and Charlotte Smith Bonde, Lise-Lotte Christiansen, Penille Jensen, Stine Nielsen, and Pankaj Arora for assistance with the animal study.

DISCLOSURES

The authors declare no conflicts of interests regarding this study.

AUTHOR CONTRIBUTIONS

Audrey Inge Schytz Andersen-Civil, Stig M. Thamsborg, and Andrew R. Williams designed research; Audrey Inge Schytz Andersen-Civil, Laura J. Myhill, Nilay Büdeyri Gökgöz, Helena Mejer, Ling Zhu, Stig M. Thamsborg, and Andrew R. Williams performed research; Marica T. Engström, Wayne E. Zeller, Juha-Pekka Salminen, Lukasz Krych, and Dennis S. Nielsen contributed new reagents or analytical tools; Audrey Inge Schytz Andersen-Civil and Nilay Büdeyri Gökgöz analyzed data; Audrey Inge Schytz Andersen-Civil and Andrew R. Williams wrote the paper. All authors reviewed and edited the final manuscript.

ETHICAL STATEMENT

All experiments involving animals were conducted in agreement with the Danish legislation and the Danish Animal Experiments Inspectorate with the license number 2015-15-0201-0076.

DATA AVAILABILITY STATEMENT

Raw 16S rRNA sequence data are available at Sequence Read Archive (www.ncbi.nlm.nih.gov/sra/) under accession number PRJNA753018. RNA sequence data from lung and intestinal tissues are deposited at the NCBI Gene Expression Omnibus (https://www.ncbi.nlm.nih. gov/geo/) under accession numbers GSE174042 and GSE168840. All other data are available in the manuscript and supplementary material.

REFERENCES

- 1. González-Quilen C, Rodríguez-Gallego E, Beltrán-Debón R, et al. Health-promoting properties of proanthocyanidins for intestinal dysfunction. *Nutrients*. 2020;12:130.
- Chu H, Tang Q, Huang H, Hao W, Wei X. Grape-seed proanthocyanidins inhibit the lipopolysaccharide-induced inflammatory mediator expression in RAW264.7 macrophages by suppressing MAPK and NF-kb signal pathways. *Environ Toxicol Pharmacol.* 2016;41:159-166.
- 3. Andersen-Civil AIS, Leppä MM, Thamsborg SM, Salminen JP, Williams AR. Structure-function analysis of purified proanthocyanidins reveals a role for polymer size in suppressing inflammatory responses. *Commun Biol.* 2021;4:896.
- Głąbska D, Guzek D, Gałązka K, Lech G. Therapeutic potential of proanthocyanidins in ulcerative colitis in remission. *J Clin Med.* 2020;9:771.
- Li X, Yang X, Cai Y, et al. Proanthocyanidins from grape seeds modulate the NF-κB signal transduction pathways in rats with TNBS-induced ulcerative colitis. *Molecules*. 2011;16:6721-6731.
- Fiesel A, Gessner DK, Most E, Eder K. Effects of dietary polyphenol-rich plant products from grape or hop on proinflammatory gene expression in the intestine, nutrient digestibility and faecal microbiota of weaned pigs. *BMC Vet Res.* 2014;10:196.

- Choy YY, Quifer-Rada P, Holstege DM, et al. Phenolic metabolites and substantial microbiome changes in pig feces by ingesting grape seed proanthocyanidins. *Food Funct*. 2014;5:2298-2308.
- Sehm J, Lindermayer H, Dummer C, Treutter D, Pfaffl MW. The influence of polyphenol rich apple pomace or red-wine pomace diet on the gut morphology in weaning piglets. *J Anim Physiol Anim Nutr.* 2007;91:289-296.
- Tzounis X, Rodriguez-Mateos A, Vulevic J, Gibson GR, Kwik-Uribe C, Spencer JP. Prebiotic evaluation of cocoa-derived flavanols in healthy humans by using a randomized, controlled, double-blind, crossover intervention study. *Am J Clin Nutr.* 2011;93:62-72.
- Liu W, Zhao S, Wang J, et al. Grape seed proanthocyanidin extract ameliorates inflammation and adiposity by modulating gut microbiota in high-fat diet mice. *Mol Nutr Food Res.* 2017;61:1601082.
- 11. Jang S, Sun J, Chen P, et al. Flavanol-enriched cocoa powder alters the intestinal microbiota, tissue and fluid metabolite profiles, and intestinal gene expression in pigs. *J Nutr.* 2016;146:673-680.
- Wu Y, Ma N, Song P, et al. Grape seed proanthocyanidin affects lipid metabolism via changing gut microflora and enhancing propionate production in weaned pigs. *J Nutr.* 2019;149:1523-1532.
- Andersen-Civil AIS, Arora P, Williams AR. Regulation of enteric infection and immunity by dietary proanthocyanidins. *Front Immunol.* 2021;12:637603.
- 14. Dang AT, Marsland BJ. Microbes, metabolites, and the gut-lung axis. *Mucosal Immunol*. 2019;12:843-850.
- Morgan ER, Aziz N-AA, Blanchard A, et al. 100 questions in livestock helminthology research. *Trends Parasitol*. 2019;35:52-71.
- Colombo SAP, Grencis RK. Immunity to soil-transmitted helminths: evidence from the field and laboratory models. *Front Immunol.* 2020;11:1286.
- Finkelman FD, Shea-Donohue T, Morris SC, et al. Interleukin-4- and interleukin-13-mediated host protection against intestinal nematode parasites. *Immunol Rev.* 2004;201:139-155.
- Lee T, Kwon HS, Bang BR, et al. Grape seed proanthocyanidin extract attenuates allergic inflammation in murine models of asthma. *J Clin Immunol.* 2012;32:1292-1304.
- 19. Roepstorff A, Mejer H, Nejsum P, Thamsborg SM. Helminth parasites in pigs: new challenges in pig production and current research highlights. *Vet Parasitol.* 2011;180:72-81.
- Murrell KD, Eriksen L, Nansen P, Slotved HC, Rasmussen T. Ascaris suum: a revision of its early migratory path and implications for human ascariasis. J Parasitol. 1997;83:255-260.
- Gazzinelli-Guimarães PH, Gazzinelli-Guimarães AC, Silva FN, et al. Parasitological and immunological aspects of early *Ascaris* spp. infection in mice. *Int J Parasitol.* 2013;43:697-706.
- 22. Weatherhead JE, Gazzinelli-Guimaraes P, Knight JM, et al. Host immunity and inflammation to pulmonary helminth infections. *Front Immunol.* 2020;11:594520.
- Tjørnehøj K, Eriksen L, Aalbaek B, Nansen P. Interaction between Ascaris suum and Pasteurella multocida in the lungs of mice. Parasitol Res. 1992;78:525-528.
- 24. Curtis SE, Tisch DA, Todd KS, Simon J. Pulmonary bacterial deposition and clearance during ascarid larval migration in weanling pigs. *Can J Vet Res.* 1987;51:525-527.

- 25. Masure D, Wang T, Vlaminck J, et al. The intestinal expulsion of the roundworm *Ascaris suum* is associated with eosinophils, intra-epithelial T cells and decreased intestinal transit time. *PLoS Negl Trop Dis.* 2013;7:e2588.
- Nogueira DS, Gazzinelli-Guimarães PH, Barbosa FS, et al. Multiple exposures to *Ascaris suum* induce tissue injury and mixed Th2/Th17 immune response in mice. *PLoS Negl Trop Dis.* 2016;10:e0004382.
- 27. Jang S, Lakshman S, Beshah E, et al. Flavanol-rich cocoa powder interacts with *Lactobacillus rhamnossus* LGG to alter the antibody response to infection with the parasitic nematode *Ascaris suum. Nutrients.* 2017;9:1113.
- Dawson H, Solano-Aguilar G, Beal M, et al. Localized Th1-, Th2-, T regulatory cell-, and inflammation-associated hepatic and pulmonary immune responses in *Ascaris suum*-infected swine are increased by retinoic acid. *Infect Immun.* 2009;77: 2576-2587.
- Engström MT, Pälijärvi M, Fryganas C, Grabber JH, Mueller-Harvey I, Salminen JP. Rapid qualitative and quantitative analyses of proanthocyanidin oligomers and polymers by UPLC-MS/MS. J Agric Food Chem. 2014;62:3390-3399.
- Engström MT, Pälijärvi M, Salminen J-P. Rapid fingerprint analysis of plant extracts for ellagitannins, gallic acid, and quinic acid derivatives and quercetin-, kaempferol- and myricetinbased flavonol glycosides by UPLC-QqQ-MS/MS. J Agric Food Chem. 2015;63:4068-4079.
- Slotved HC, Barnes EH, Eriksen L, Roepstorff A, Nansen P, Bjørn H. Use of an agar-gel technique for large scale application to recover *Ascaris suum* larvae from intestinal contents of pigs. *Acta Vet Scand.* 1997;38:207-212.
- De Coster W, D'Hert S, Schultz DT, Cruts M, Van Broeckhoven C. NanoPack: visualizing and processing long-read sequencing data. *Bioinformatics*. 2018;34:2666-2669.
- Caporaso JG, Kuczynski J, Stombaugh J, et al. QIIME allows analysis of high-throughput community sequencing data. *Nat Methods*. 2010;7:335-336.
- McDonald D, Price MN, Goodrich J, et al. An improved Greengenes taxonomy with explicit ranks for ecological and evolutionary analyses of bacteria and archaea. *ISME J*. 2012;6:610-618.
- Bolyen E, Rideout JR, Dillon MR, et al. Author correction: reproducible, interactive, scalable and extensible microbiome data science using QIIME 2. *Nat Biotechnol.* 2019;37:1091.
- McMurdie PJ, Holmes S. phyloseq: an R package for reproducible interactive analysis and graphics of microbiome census data. *PLoS One*. 2013;8:e61217.
- Oksanen J, Blanchet FG, Kindt R, et al. vegan: Community Ecology Package. R package version 1.17–1.
- 38. Wickham H, Averick M, Bryan J, et al. Welcome to the Tidyverse. *J Open Source Softw.* 2019;4:1686.
- 39. Kassambara A. R package "Ggpubr"; 2020. https://cran.Rproj ect.org/web/packages/ggpubr/ggpubr.pdf
- Wickham H. Reshaping data with the reshape package. J Stat Softw. 2007;21:1-20.
- Garnier S. R package "Viridis"; 2021. https://cran.r-project.org/ web/packages/viridis/viridis.pdf
- Canibe N, Højberg O, Badsberg JH, Jensen BB. Effect of feeding fermented liquid feed and fermented grain on gastrointestinal ecology and growth performance in piglets. *J Anim Sci.* 2007;85:2959-2971.

- 43. Williams AR, Hansen TVA, Krych L, et al. Dietary cinnamaldehyde enhances acquisition of specific antibodies following helminth infection in pigs. *Vet Immunol Immunopathol*. 2017;189:43-52.
- 44. Jakobsen SR, Myhill LJ, Williams AR. Effects of Ascaris and Trichuris antigens on cytokine production in porcine blood mononuclear and epithelial cells. *Vet Immunol Immunopathol*. 2019;211:6-9.
- 45. Zhu L, Andersen-Civil AIS, Myhill LJ, et al. The phytonutrient cinnamaldehyde limits intestinal inflammation and enteric parasite infection. *J Nutr Biochem*. 2022;100:108887.
- Love MI, Huber W, Anders S. Moderated estimation of fold change and dispersion for RNA-seq data with DESeq2. *Genome Biol.* 2014;15:550.
- 47. R Core Team. *R: A Language and Environment for Statistical Computing.* R Foundation for Statistical Computing Vienna, Austria; 2021.
- Goedhart J, Luijsterburg MS. VolcaNoseR is a web app for creating, exploring, labeling and sharing volcano plots. *Sci Rep.* 2020;10:20560.
- 49. Metsalu T, Vilo J. ClustVis: a web tool for visualizing clustering of multivariate data using principal component analysis and heatmap. *Nucleic Acids Res.* 2015;43:W566-W570.
- Roepstorff A, Eriksen L, Slotved H-C, Nansen P. Experimental Ascaris suum infection in the pig: worm population kinetics following single inoculations with three doses of infective eggs. Parasitology. 1997;115:443-452.
- Gauer JS, Tumova S, Lippiat JD, Kerimi A, Williamson G. Differential patterns of inhibition of the sugar transporters GLUT2, GLUT5 and GLUT7 by flavonoids. *Biochem Pharmacol*. 2018;152:11-20.
- 52. Tsuji T, Naito Y, Takagi T, et al. Role of metallothionein in murine experimental colitis. *Int J Mol Med.* 2013;31:1037-1046.
- Minowada G, Welch WJ. Clinical implications of the stress response. J Clin Invest. 1995;95:3-12.
- Bouron A. Transcriptomic profiling of Ca²⁺ transport systems during the formation of the cerebral cortex in mice. *Cells*. 2020;9:1800.
- Snyder R, Thekkumkara T. 13-cis-Retinoic acid specific downregulation of angiotensin type 1 receptor in rat liver epithelial and aortic smooth muscle cells. *J Mol Endocrinol.* 2012;48:99-114.
- Zaiss DM, Yang L, Shah PR, Kobie JJ, Urban JF, Mosmann TR. Amphiregulin, a TH2 cytokine enhancing resistance to nematodes. *Science*. 2006;314:1746.
- 57. Carvalho Cabral P, Olivier M, Cermakian N. The complex interplay of parasites, their hosts, and circadian clocks. *Front Cell Infect Microbiol.* 2019;9:425.
- Schewe T, Sadik C, Klotz LO, Yoshimoto T, Kühn H, Sies H. Polyphenols of cocoa: inhibition of mammalian 15-lipoxygenase. *Biol Chem.* 2001;382:1687-1696.
- 59. Brosschot TP, Reynolds LA. The impact of a helminthmodified microbiome on host immunity. *Mucosal Immunol*. 2018;11:1039-1046.
- 60. Dicksved J, Schreiber O, Willing B, et al. *Lactobacillus reuteri* maintains a functional mucosal barrier during DSS treatment despite mucus layer dysfunction. *PLoS One*. 2012;7:e46399.
- 61. Spinler JK, Taweechotipatr M, Rognerud CL, Ou CN, Tumwasorn S, Versalovic J. Human-derived probiotic *Lactobacillus reuteri* demonstrate antimicrobial activities targeting diverse enteric bacterial pathogens. *Anaerobe*. 2008;14:166-171.

- 62. Rodríguez-Daza MC, Pulido-Mateos EC, Lupien-Meilleur J, Guyonnet D, Desjardins Y, Roy D. Polyphenol-mediated gut microbiota modulation: toward prebiotics and further. *Front Nutr.* 2021;8:689456.
- 63. Piekarska-Radzik L, Klewicka E. Mutual influence of polyphenols and *Lactobacillus* spp. bacteria in food: a review. *Eur Food Res Technol.* 2021;247:9-24.
- 64. Roager HM, Hansen LB, Bahl MI, et al. Colonic transit time is related to bacterial metabolism and mucosal turnover in the gut. *Nat Microbiol.* 2016;1:16093.
- 65. Williams AR, Krych L, Fauzan Ahmad H, et al. A polyphenolenriched diet and *Ascaris suum* infection modulate mucosal immune responses and gut microbiota composition in pigs. *PLoS One.* 2017;12:e0186546.
- 66. Skallerup P, Nejsum P, Jørgensen CB, et al. Detection of a quantitative trait locus associated with resistance to *Ascaris suum* infection in pigs. *Int J Parasitol*. 2012;42:383-391.
- Appeldoorn MM, Vincken JP, Gruppen H, Hollman PC. Procyanidin dimers A1, A2, and B2 are absorbed without conjugation or methylation from the small intestine of rats. *J Nutr.* 2009;139:1469-1473.
- 68. Tao W, Zhang Y, Shen X, et al. Rethinking the mechanism of the health benefits of proanthocyanidins: absorption, metabolism, and interaction with gut microbiota. *Compr Rev Food Sci Food Saf.* 2019;18:971-985.
- 69. Rodríguez-Ramiro I, Ramos S, Bravo L, Goya L, Martín MÁ. Procyanidin B2 induces Nrf2 translocation and glutathione Stransferase P1 expression via ERKs and p38-MAPK pathways and protect human colonic cells against oxidative stress. *Eur J Nutr.* 2012;51:881-892.

- 70. Walk ST, Blum AM, Ewing SA, Weinstock JV, Young VB. Alteration of the murine gut microbiota during infection with the parasitic helminth *Heligmosomoides polygyrus*. *Inflamm Bowel Dis.* 2010;16:1841-1849.
- 71. Reynolds LA, Smith KA, Filbey KJ, et al. Commensal-pathogen interactions in the intestinal tract: lactobacilli promote infection with, and are promoted by, helminth parasites. *Gut Microbes*. 2014;5:522-532.
- 72. Van Tassell ML, Miller MJ. Lactobacillus adhesion to mucus. *Nutrients*. 2011;3:613-636.
- 73. Yagi K, Huffnagle GB, Lukacs NW, Asai N. The lung microbiome during health and disease. *Int J Mol Sci.* 2021;22:10872.

SUPPORTING INFORMATION

Additional supporting information may be found in the online version of the article at the publisher's website.

How to cite this article: Andersen-Civil AIS, Myhill LJ, Büdeyri Gökgöz N, et al. Dietary proanthocyanidins promote localized antioxidant responses in porcine pulmonary and gastrointestinal tissues during *Ascaris suum*induced type 2 inflammation. *FASEB J*. 2022;36:e22256. doi:<u>10.1096/fj.202101603RR</u>