

1 **Transcription factor USF1 is required for maintenance of germline stem cells in male mice**

2

3 **RUNNING HEAD:** USF1 deficiency impairs male fertility

4

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50 **ABSTRACT**

51 A prerequisite for lifelong sperm production is that spermatogonial stem cells (SSCs) balance self-  
52 renewal and differentiation, yet factors required for this balance remain largely undefined. Using  
53 mouse genetics, we now demonstrate that the ubiquitously expressed transcription factor USF1  
54 (Upstream stimulatory factor 1) is critical for the maintenance of SSCs. We show that USF1 is not  
55 only detected in Sertoli cells as previously reported, but also in SSCs. *Usf1*-deficient mice display  
56 progressive spermatogenic decline as a result of age-dependent loss of SSCs. According to our  
57 data the germ cell defect in *Usf1*<sup>-/-</sup> mice cannot be attributed to impairment of Sertoli cell  
58 development, maturation or function, but instead is likely due to an inability of SSCs to maintain  
59 a quiescent state. SSCs of *Usf1*<sup>-/-</sup> mice undergo continuous proliferation, which provides an  
60 explanation for their age-dependent depletion. The proliferation-coupled exhaustion of SSCs in  
61 turn results in progressive degeneration of the seminiferous epithelium, gradual decrease in  
62 sperm production and testicular atrophy. We conclude that the general transcription factor USF1  
63 is indispensable for the proper maintenance of mammalian spermatogenesis.

64

65 **SIGNIFICANCE STATEMENT**

66 Upstream stimulatory factor 1 (USF1) is a ubiquitously expressed transcription factor which has  
67 been shown to regulate several important biological systems, such as lipid metabolism and insulin  
68 sensitivity. However, the role of USF1 in the regulatory pathways involved in stem cell biology has  
69 remained elusive. Using *Usf1*<sup>-/-</sup> mice, we show that this protein is indispensable for proper  
70 maintenance of the spermatogonial stem cell pool. Our data suggest that USF1 is essential for  
71 the balance between self-renewal and differentiation of spermatogonial stem cells. In the absence  
72 of USF1, proliferation-coupled exhaustion leads to the gradual depletion of spermatogonial stem  
73 cells with age.

74

75

76 **KEYWORDS**

77 USF1, spermatogonial stem cell, spermatogenesis, male fertility, spermatogonia, Sertoli cell, stem

78 cell niche

79

## 80 INTRODUCTION

81 During spermatogenesis, haploid spermatozoa are continually produced from diploid  
82 spermatogonia through several rounds of mitotic and two meiotic divisions. This complex process  
83 initiates from a population of undifferentiated germ cells, referred to as spermatogonial stem cells  
84 (SSCs). SSCs either self-renew or give rise to committed progenitors that are primed to  
85 differentiate under steady state. A balance between SSC self-renewal and differentiation is critical  
86 for proper maintenance of spermatogenesis and for fertility [1]. Heretofore, mechanisms  
87 underlying SSC quiescence, as well as seminiferous cycle-dependent cell cycle entry and exit  
88 remain essentially undefined.

89

90 Spermatogenic cells are organized in the seminiferous epithelium in highly defined cell  
91 associations, or stages. In mouse, there are twelve stages (I-XII) that together constitute the cycle  
92 of the seminiferous epithelium. Proliferation of spermatogonia initiates from a population of  
93 isolated type A-single spermatogonia ( $A_s$ ). Cell division of  $A_s$  first gives rise to a 2-cell cyst, *i.e.* A-  
94 paired ( $A_{pr}$ ), and then to A-aligned ( $A_{al}$ ) spermatogonia, typically consisting of 4, 8 or 16  
95 interconnected cells. Collectively these cells are referred to as A-undifferentiated spermatogonia,  
96  $A_{undiff}$ . The  $A_{undiff}$  spermatogonia comprise of spermatogonial stem cells (SSCs) and transit-  
97 amplifying progenitor spermatogonia that are primed to differentiate but possess a latent self-  
98 renewal capacity [2-6].  $A_{undiff}$  mitoses are not strictly bound to the progress of the seminiferous  
99 epithelial cycle but they are, however, restricted to stages X-II [7 8]. In contrast, their irreversible  
100 commitment towards meiosis is spatiotemporally strictly regulated and confined to stages VII-VIII  
101 of the seminiferous epithelial cycle [9]. At this point differentiating spermatogonia ( $A_1$ ) are formed  
102 that then undergo five additional mitotic divisions ( $A_1$ - $A_2$ - $A_3$ - $A_4$ -In-B) before giving rise to  
103 preleptotene spermatocytes that enter meiosis.

104

105 Spermatogenesis is for a large part orchestrated by Sertoli cells that transduce endocrine signals  
106 (e.g. follicle-stimulating hormone [FSH] and testosterone) and other cellular cues into paracrine  
107 regulation of male germ cell differentiation [10]. Sertoli cells display unparalleled plasticity in terms  
108 of cellular function during the course of development and under steady-state spermatogenesis.  
109 Sertoli cell cyclical activity is a key to successful spermatogenesis; in addition to nursing up to  
110 five generations of differentiating germ cells, Sertoli cells also provide a niche for the  $A_{undiff}$ ,  
111 including SSCs. The SSC niche is defined by molecular criteria. Glial cell line-derived  
112 neurotrophic factor (GDNF) is the most important single paracrine regulator of SSC fate. While  
113 *Gdnf* haploinsufficiency results in loss of SSCs,  $A_{undiff}$  accumulate if *Gdnf* is overexpressed [11  
114 12]. In the testis, GDNF is derived from Sertoli, peritubular myoid and vascular endothelial cells,  
115 and its secretion is partially under endocrine regulation [11 13-18]. Besides GDNF, roughly a  
116 dozen other paracrine factors have been implicated in the regulation of SSC fate decisions [1 19].  
117  
118 Transcription factors, expressed by germ cells intrinsically and by somatic supporting cells, have  
119 also been implicated in the regulation and maintenance of spermatogenesis. PLZF [promyelocytic  
120 leukemia zinc finger; 20 21], TAF4B [TATA-box binding protein associated factor 4b; 22], SALL4  
121 [Spalt-like transcription factor 4; 23 24] and FOXO1 [Forkhead box O1; 25] are among germ cell  
122 intrinsic transcription factors whose function is essential for life-long spermatogenesis. Here, we  
123 dissect the requirement of Upstream stimulatory factor (USF) 1, a general transcription factor of  
124 the basic helix–loop–helix leucine zipper family, for mouse spermatogenesis. USF proteins are  
125 encoded by two ubiquitously expressed genes, *Usf1* and *Usf2*, in mammals [26 27]. USF1-USF2  
126 heterodimers bind the enhancer box (E-box) in the promoter region of target genes [28 29]. In  
127 Sertoli cells of 5-11 days *post partum* (dpp) rats, USF proteins bind with increased affinity to *Fshr*  
128 (follicle-stimulating hormone receptor), *Gata4*, *Nr5a1* (more commonly known as *Sf1*,  
129 steroidogenic factor-1), and *Shbg* (sex hormone-binding globulin) promoters, implying a role for  
130 USF in spermatogenesis [30].

131 As expected for a ubiquitously expressed transcription factor, USF1 has multifaceted roles in  
132 biological systems. In humans, *USF1* polymorphisms are associated with regulating arterial blood  
133 pressure, synaptic plasticity in the central nervous system and lipid metabolism [31-34]. Recently,  
134 Laurila et. al. demonstrated that *Usf1*<sup>-/-</sup> mice have beneficial lipid profiles, featuring reduced  
135 plasma triglycerides and elevated HDL-cholesterol, and are protected against diet-induced weight  
136 gain [35]. These findings indicate USF1 as a therapeutic target in cardio-metabolic diseases in  
137 humans. However, whether USF1 is dispensable for regulatory pathways involved in reproductive  
138 processes has remained elusive.

139

140 Very limited data exist on USF1 target genes in the testis. *In silico* predictions (UCSC genome  
141 browser and SABioscience's DECODE database, <http://www.sabiosciences.com/>) indicate that  
142 USF proteins in mammals regulate expression of thousands of genes, of which all USF2 target  
143 genes are also USF1 targets but not *vice versa*. In other words, there are many genes which are  
144 predicted to be regulated by USF1 only, which further highlights the importance of USF1 over  
145 USF2 in mammals. Using *Usf1* knock-out (KO) mice [35], we now show that transcription factor  
146 USF1 is indispensable for proper maintenance of spermatogenesis, and more specifically, that  
147 USF1 is essential for maintaining a balance between self-renewal and differentiation of  
148 spermatogonial stem cells.

149

## 150 MATERIALS AND METHODS

151

152 **Mice:** Knockout construct and generation of *Usf1*<sup>-/-</sup> mice were as described previously [35]. Briefly,  
153 embryonic stem cells deficient for *Usf1* were obtained from German Genetrap Consortium (clone  
154 M121B03), in which, vector ROSA<sup>betageo+2</sup> was retrovirally delivered into the fourth exon of  
155 *Usf1* gene. The resulting M121B03 cells were injected into C57BL/6J blastocysts in order to obtain  
156 *Usf1* heterozygous mice. These mice were further crossed to obtain *Usf1* knockout mice. All  
157 experiments in this study were performed following all applicable national and institutional  
158 guidelines (Animal Experiment Board in Finland and Laboratory Animal Centre of the University  
159 of Helsinki, respectively). The number of mice used in different experiments is detailed in  
160 Supplemental Table 1 [36].

161

162 **Genotyping:** PCR primers and cycling conditions for genotyping *Usf1* were published previously  
163 [35]. See Supplementary Materials and Methods for details.

164

165 **Histological analysis:** For basic histology testes were fixed with 4% paraformaldehyde (PFA) in  
166 1x PBS for four hours at room temperature, followed by Bouin's solution (Sigma, catalog no.  
167 HT10132) overnight. Testes were then dehydrated in 50% ethanol for four hours, 70% ethanol for  
168 four hours, and 70% ethanol for overnight, embedded in paraffin, and cut into 5- $\mu$ m thick sections.  
169 Tissue sections were deparaffinized using standard xylene and alcohol series (absolute, 95%,  
170 90%, and 70% ethanol), and finally into sterile water. After staining with Mayer's hematoxylin  
171 solution (Sigma-Aldrich), sections were washed, counterstained with eosin (Sigma-Aldrich) and  
172 dehydrated using standard procedure (once with 70%, 90%, 95%, and absolute ethanol, and  
173 twice with xylene), and mounted using a xylene-based mounting medium.

174

175 **Assessment of the spermatogenic defect:** Testes were collected and fixed overnight in 4%  
176 PFA followed by embedding into paraffin. Five-micrometer thick sections were prepared for  
177 histological analysis and stained with DAPI plus analyzed for integrity of the seminiferous  
178 epithelium. At least 64 cross-sections of seminiferous tubules per mouse (at the ages of 8, 12, 20  
179 and 30 weeks; n=2-3 for WT, n=3 for KO) from two non-consecutive histological sections were  
180 analyzed for the extent of spermatogenic defect and classified into three categories (normal, 1-3  
181 layers missing, only basal layer) based on the presence or absence of hierarchical layers of  
182 differentiating germ cells.

183

184 **Immunofluorescent labeling on cryosections:** Testes were dissected, fixed overnight in 4%  
185 PFA followed by dehydration in 20% sucrose solution in 1x PBS, and embedding into OCT  
186 compound (Tissue-Tek). 10-micrometer thick sections were prepared for immunofluorescent  
187 labeling. Slides containing testis cross-sections were washed briefly in PBS, and boiled in 10 mM  
188 sodium citrate buffer (pH: 6.0) for 15-20 minutes in a microwave oven. Sections were then washed  
189 two times in PBS and blocked for one hour at room temperature in a blocking buffer containing  
190 5% BSA and 5% normal serum (from same species in which secondary antibody was raised) in  
191 0.2% PBST (0.2% tween-20 in 1x PBS). Primary antibody was diluted in antibody dilution buffer  
192 (1% BSA in 0.2% PBST), incubated overnight in cold room and washed four times with 0.1%  
193 PBST next morning. Secondary antibodies were diluted in the same antibody dilution buffer as  
194 primary antibody and applied on the sections. Sections were incubated with secondary antibody  
195 solution for one hour at 37 °C, washed four times with 0.1% PBST, mounted using Vectashield  
196 mounting medium containing DAPI (Vector Laboratories). Sections were imaged on a Zeiss  
197 Axioimager microscope, captured with ZEN2 software, and further processed with CorelDraw  
198 (version X7) image editing software. The following primary antibodies were used in this study: AR  
199 (RRID:AB\_11156085), Claudin11 (RRID:AB\_639330), GATA1 (RRID:AB\_627663), GATA4  
200 (RRID:AB\_2108747), KI67 (RRID:AB\_10854564), SOX9 (RRID:AB\_2239761 and

201 RRID:AB\_2574463), WT1 (RRID:AB\_2216233), PLZF (RRID:AB\_2304760), USF1  
202 (RRID:AB\_2213986), GFR $\alpha$ 1 (RRID:AB\_2110307), Espin (RRID:AB\_399174), and DNMT3A  
203 (RRID:AB\_1149786) [37-49]. Antibody dilutions are provided at the Supplemental Table 2 [36].

204

205 **Immunofluorescent labeling on paraffin-embedded sections:** Immunofluorescent labeling on  
206 4% PFA-fixed paraffin-embedded testis sections (see above) were used to analyze the total and  
207 proliferating number of Sertoli and Leydig cells at different timepoints (Supplemental Table 1).  
208 Double-labeling of cells with proliferation marker Ki67 antibody and cell type-specific antibodies  
209 (SOX9 for Sertoli cells, GATA4 for Leydig cells) was done. Briefly, slides were dewaxed using  
210 serial incubations in xylene and ethanol. Permeabilization was carried out in a pressure cooker in  
211 0.1M citrate buffer (pH: 6.0) and autofluorescence was blocked with 100mM NH<sub>4</sub>Cl. Unspecific  
212 binding of the primary antibody was blocked by incubation in a buffer containing 5% normal serum  
213 (from same species in which secondary antibody was raised) in 0.05% TBST (0.05% tween-20 in  
214 1x TBS) for one hour. Primary antibodies were diluted in a blocking solution (5% normal serum in  
215 0.05% TBST) and incubated overnight in cold room. Secondary antibodies were diluted in the  
216 same blocking solution and applied on the sections for one hour at 37 °C. DAPI was used as a  
217 nucleic counterstain. Finally the sections were mounted in Prolong<sup>®</sup> Diamond Antifade mountant  
218 (Thermo Fisher Scientific). Sections were imaged using The Panoramic MIDI FL slidescanner  
219 with the 40x/Korr 0.95 Plan Apochromat objective (Zeiss).

220

221 **Isolation of stage-specific segments of seminiferous tubules:** The testes of 8-week old *Usf1*<sup>-/-</sup>  
222 (n=3) and WT control (n=3) mice were dissected and decapsulated. Using transillumination-  
223 assisted microdissection method seminiferous tubule segments representing stages II-V, VII-VIII  
224 and IX-XI were dissected and snap-frozen in liquid nitrogen [50 51].

225

226 **RNA extraction and RT-qPCR:** RNA was extracted from snap-frozen pieces of testicular tissue  
227 or staged segments of seminiferous tubule using Macherey-Nagel mini NucleoSpin RNA  
228 extraction kit (Catalog no. 740955.50) or TRIzol, respectively, (ThermoFisher Scientific) following  
229 manufacturers' protocol. 1 µg of extracted RNA was reversed transcribed using either SuperScript  
230 VILO cDNA Synthesis Kit (ThermoFisher Scientific, Catalog no. 11754050) or SuperScript IV  
231 VILO Master Mix cDNA Synthesis kit (ThermoFisher Scientific, Catalog no. 11756050). RT-qPCR  
232 was performed using SsoAdvanced Universal SYBR Green Supermix (Bio-Rad, Catalog no.  
233 1725270) and expression data was normalized to housekeeping genes. The list of primers used  
234 in this study is provided in Supplemental table 3 [36]. Data was analyzed using Bio-Rad CFX  
235 manager software (Version 3.1).

236

237 **Seminiferous tubules whole-mount staining:** The preparation of seminiferous tubules for  
238 whole-mount stainings is described in Supplementary Materials and Methods. For  
239 immunostaining, seminiferous tubules were blocked for an hour using 0.3% PBSX (0.3% Triton  
240 X-100 in 1x PBS) supplemented with 2% BSA and 10% fetal bovine serum in a 2 ml round-bottom  
241 tube on a rotating table at room temperature. Primary antibodies were diluted in 1% BSA in 0.3%  
242 PBSX and incubated overnight in cold room with rotation. Seminiferous tubules were then washed  
243 three times with 0.3% PBSX, incubated with secondary antibody diluted in 1% BSA in 0.3% PBSX  
244 for 2 hours on rotating table at room temperature and washed again three times. Finally,  
245 seminiferous tubules were arranged in linear strips, and mounted with Vectashield mounting  
246 medium containing DAPI (Vector Laboratories, Burlingame, CA). At least three WT and *Usf1*<sup>-/-</sup>  
247 mice were used in the analyses.

248

249 **Sperm count:** The number of cauda epididymal sperm was counted from 8 and 12-week old WT  
250 (n=3) and *Usf1*<sup>-/-</sup> (n=3) mice. For each mouse one cauda epididymis was dissected, few slits were  
251 made and placed in 1 mL PBS for approximately 30 minutes. The solution was pipetted up and

252 down few times to homogenize and extract any remaining sperm. Sperm in 20  $\mu$ l homogenized  
253 PBS mixture of sperm were counted on a Bürker chamber (Marienfeld, Germany), and total sperm  
254 from 1 mL solution was calculated.

255

256 **Hormone measurements:** For intratesticular hormonal level quantitation, testis lysates were  
257 prepared according to a protocol described earlier [52]. Briefly, testes were mechanically  
258 homogenized and lysed in APC buffer (20 mM Tris-HCl, pH 7.7, 100 mM KCl, 50 mM sucrose,  
259 0.1 mM  $\text{CaCl}_2$ , 1 mM  $\text{MgCl}_2$ ) supplemented with protease inhibitor (Cocktail set III, Merck  
260 Millipore, catalog no. 535140) at 1:200 dilution. The APC buffer was supplemented with 0.5%  
261 Triton X-100 (final concentration) prior to lysate preparation. The lysed samples were centrifuged  
262 at 14000xg for 10-12 minutes at 4-8°C. Pierce BCA kit (ThermoFisher Scientific) was used for  
263 measuring the lysate protein concentration. 20- $\mu$ g of total protein was used for each sample, and  
264 the hormone level quantitation was done according to manufacturer's instructions. Hormonal  
265 concentrations obtained from standard curve was further normalized to respective testis weights.  
266 For serum hormonal level quantitation, 25 $\mu$ l of serum were used for each reaction, and the  
267 concentrations were measured using standard curve made after manufacturer's instructions. Four  
268 mice per group were used for intratesticular hormonal measurement, whereas 5 mice per group  
269 were used for serum hormone level quantitation. The following ELISA kits were used: FSH ELISA  
270 kit (Novus Biologicals, catalog number KA2330), LH ELISA kit (Novus Biologicals, catalog number  
271 KA2332), and Testosterone ELISA kit (Abcam, catalog number ab108666).

272

273 **Statistics:** Statistical tests were performed using GraphPadPrism software (Version 6). Unpaired  
274 *t* tests were performed to calculate *p* values; *p* values <0.05 were considered statistically  
275 significant.

276

277 **RESULTS**

278

279 **USF1 expression within the seminiferous epithelium is detected in Sertoli cells and**  
280 **spermatogonia**

281 As a first step towards unraveling USF1's role(s) in spermatogenesis, we investigated which cells  
282 within the testis express USF1. *Usf1* mRNA was detected at the whole-testis level at all the  
283 studied timepoints (Figure 1A). Moreover, its expression level in adult mice did not depend on the  
284 stage of the seminiferous epithelial cycle (Figure 1B). In adult wildtype mice, USF1 was detected  
285 in Sertoli cell nuclei by indirect immunofluorescence. In agreement with mRNA level data, USF1  
286 protein expression was not affected by the stage of the seminiferous epithelial cycle (Figure 1C).  
287 To confirm that the USF1-positive cells are Sertoli cells, antibodies against two well-known Sertoli  
288 cell markers, GATA1 and WT1, were included in the staining protocol. USF1-positive seminiferous  
289 epithelial cells invariably also expressed WT1 but were GATA1-positive only in a subset of cross-  
290 sections (Figure 1C), as expected [53]. Interstitial cells also stained weakly for USF1.  
291 Reassuringly, *Usf1*<sup>-/-</sup> testes were negative for USF1, but exhibited normal expression of GATA1  
292 and WT1 (Figure 1C).

293

294 Based on this localization pattern, testicular USF1 expression appeared to be restricted to  
295 testicular somatic cells, and missing from germ cells. Due to the extensive tissue handling  
296 procedure, it can be challenging to reveal low level of protein expression in paraffin-embedded  
297 tissues sections. Therefore, we performed whole-mount staining of fixed seminiferous tubules,  
298 which allows three-dimensional visualization of the tissue and can provide more sensitive  
299 detection of low abundance proteins. Indeed, this approach confirmed the expression of USF1 in  
300 Sertoli cells, but also revealed USF1 expression in PLZF-positive cells, *i.e.* spermatogonia, on  
301 the basement membrane of the seminiferous epithelium (Figure 1D-E). PLZF, originally regarded

302 a specific marker for undifferentiated stem and progenitor spermatogonia, has since been shown  
303 to be expressed also in early differentiating spermatogonia [21 54 55].

304

305 To further characterize the USF1-positive spermatogonial population we stained for DNMT3A, a  
306 protein whose expression is induced upon differentiation commitment in the male germline [56]  
307 and maintained in all populations of differentiating spermatogonia (A1-A4, In, B) and preleptotene  
308 spermatocytes. The highest level of USF1 was observed in PLZF+/DNMT3A- and  
309 PLZF+/DNMT3A+ cells, *i.e.* undifferentiated ( $A_{undiff}$ ) and early differentiating spermatogonia  
310 (Supplementary Figure 1A). A more detailed analysis of USF1 expression within the differentiating  
311 spermatogonial population revealed that USF1 levels were sharply downregulated in  
312 differentiating spermatogonia (Supplementary Figure 1B). Since A1 differentiating spermatogonia  
313 are derived from  $A_{undiff}$  spermatogonia without mitosis in a retinoic acid-dependent transition [7],  
314 USF1 can be justifiably considered a novel marker for  $A_{undiff}$  spermatogonia.

315

316  $A_{undiff}$  spermatogonia are considered to consist of two populations of cells: actual stem cells  
317 (SSCs) that undergo self-renewal, and transit-amplifying progenitor cells [2-5].  $A_{undiff}$  expressing  
318 GFR $\alpha$ 1 (GDNF family receptor alpha-1), most often representing  $A_s$  and  $A_{pr}$  cells, are more likely  
319 to act as stem cells, whereas differentiation-primed SOX3-positive  $A_{undiff}$ , typically represent  
320 longer cysts [57]. Triple-staining of mouse seminiferous tubules with antibodies against GFR $\alpha$ 1,  
321 USF1 and SOX9 confirmed that a subset of USF1-positive  $A_{undiff}$  spermatogonia also express the  
322 stem cell marker GFR $\alpha$ 1, which suggests that USF1 is also present in SSCs (Supplementary  
323 Figure 1B). A summary of the marker expression based on whole-mount IF stainings is provided  
324 in Figure 1F.

325

326

327 **Reduced testis weight in *Usf1*<sup>-/-</sup> mice**

328 Body and testis weight of *Usf1*<sup>-/-</sup> and control mice were recorded at multiple timepoints, from the  
329 first week *post partum* to 20 weeks. Decreased body weight and size in *Usf1*<sup>-/-</sup> mice was observed  
330 at all timepoints (Figure 2A, Supplementary Figure 2). Similar to body weight, testis size and  
331 weight were also smaller in knockout mice (Figure 2B-C). Further, relative testis weight was lower  
332 in *Usf1*<sup>-/-</sup> mice at all the examined timepoints as compared to control mice, and it was significantly  
333 lower after birth and in adulthood from 12 weeks onward (Figure 2D). Thus, USF1 deficiency  
334 affects body weight and testis growth. Despite USF1-deficient males' lower testis and body  
335 weight, these mice were otherwise healthy and able to sire offspring.

336

337 ***Usf1*<sup>-/-</sup> mice display progressive degeneration of the seminiferous epithelium**

338 Testis histology of adult *Usf1*<sup>-/-</sup> and wild-type control (*Usf1*<sup>+/+</sup>) mice was studied at 8, 12, 20 and  
339 30 weeks of age. The spermatogenic defect of *Usf1*<sup>-/-</sup> mice became obvious in 12-week old mice.  
340 While control mice hosted normal spermatogenesis in nearly all tubules, a substantial proportion  
341 of seminiferous tubules of *Usf1*<sup>-/-</sup> mice had degenerated at that timepoint (Figure 2E-F). The  
342 magnitude of this defect increased with age, and in 30-week old knockout mice only a minority of  
343 tubules hosted spermatogenesis (Figure 2G). Moreover, seminiferous tubules with ongoing  
344 spermatogenesis typically appeared to contain a lower number of differentiating cells per cross-  
345 sectional area and displayed thus lower cellular density (Figure 2H-J). Closer examination  
346 revealed that many tubule cross-sections were devoid of specific types of germ cells.

347

348 A vast majority (92%) of seminiferous tubule cross-sections in 8-week old *Usf1*<sup>-/-</sup> mice still showed  
349 normal layering of the seminiferous epithelium consisting of 3-4 cohorts of differentiating germ  
350 cells. However, in older animals, cross-sections missing one, two or three layers of differentiating  
351 germ cells or containing only the basal layer became significantly more common (Figure 2K-N).  
352 The cross-sections that lacked one to three layers of differentiating germ cells typically consisted

353 of the basal layer plus elongating spermatids, potentially suggesting a spermiation defect.  
354 However, cross-sections lacking just one or two layers of spermatogenic cells were also identified  
355 (Supplementary Figure 3A-B). In line with the observations described above, epididymal sperm  
356 count in *Usf1*<sup>-/-</sup> mice was only slightly decreased at 8 weeks of age but severely affected at the  
357 age of 12 weeks (Supplementary Figure 3C).

358

### 359 **FSH, LH and testosterone levels are maintained in *Usf1*-deficient mice**

360 The testis is an endocrine organ and pituitary-derived luteinizing hormone (LH) and follicle  
361 stimulating hormone (FSH) are essential for testicular development and function [58]. While  
362 serum testosterone level in *Usf1*<sup>-/-</sup> mice was not different from wild-type controls, serum levels of  
363 LH and FSH were significantly higher (Figure 3A-C). These data indicate that the spermatogenic  
364 phenotype of *Usf1*<sup>-/-</sup> mice is likely not due to insufficient gonadotropin stimulation. Interestingly,  
365 intratesticular testosterone (ITT) levels at 12 weeks' age in *Usf1*<sup>-/-</sup> mice were significantly higher  
366 when compared to wild-type control mice (Figure 3D). This indicates that degeneration of  
367 seminiferous epithelium in *Usf1*<sup>-/-</sup> mice does not result from lack of androgen stimulation. To  
368 investigate whether high ITT in KO mice is due to Leydig cell hyperplasia, we quantified Leydig  
369 cells at different timepoints. However, no significant differences were observed (Figure 3E).  
370 Moreover, Leydig cell proliferation was not affected, and Leydig cells of both *Usf1*<sup>-/-</sup> and wild-type  
371 mice entered mitotic quiescence by 12 weeks of age (Figure 3F). Transcript levels of *LH receptor*  
372 (*Lhcgr*) were also unaffected (Figure 3G). High ITT levels can at least in part be explained by the  
373 increased proportion of Leydig cells to other cell types in degenerating *Usf1*<sup>-/-</sup> testes.

374

375 Testosterone exerts its effect via binding to the androgen receptor (AR) that is expressed by  
376 Sertoli, Leydig and peritubular myoid cells in the testis. Cell type-specific AR action is essential  
377 for lifelong fertility, whereas global AR deficiency compromises masculinization [59-63].  
378 Immunofluorescence detection indicated that AR expression in the testis between *Usf1*<sup>-/-</sup> and WT

379 control mice does not differ (Figure 3H). This was further corroborated by qPCR data showing  
380 normal *AR* expression on the whole testis level (Figure 3I). Since correct stage-dependent gene  
381 expression is arguably essential for efficient progression of the spermatogenic program, we  
382 isolated tubules from three pooled epithelial stages (II-V, VII-VIII and IX-XI) for transcriptomic  
383 analyses using the seminiferous tubule transillumination method [50 51]. *AR* mRNA displayed the  
384 highest level of expression in early stages of the seminiferous epithelial cycle both in the knockout  
385 mice and WT controls (Figure 3J).

386

### 387 ***Usf1*-deficiency does not substantially affect Sertoli cell maturation and function**

388 Sperm production capacity is determined by the number of Sertoli cells, as a single Sertoli cell is  
389 able to host a specific number of germ cells in a species-dependent manner [64 65]. To address  
390 whether the low density of germ cells per cross-section of seminiferous epithelium in *Usf1*<sup>-/-</sup> mice  
391 (Figure 2H-J) can be explained by a reduction in Sertoli cell number, we quantified Sertoli cells  
392 per tubular cross-section at different ages. However, no significant differences between KO and  
393 WT control mice were found (Supplementary Figure 4A).

394

395 During the first weeks of postnatal life, Sertoli cells undergo a maturation program that  
396 encompasses a shift in cell transcriptome/proteome, loss of mitotic activity and cell polarization.  
397 Because incomplete maturation of Sertoli cells might contribute to the spermatogenic phenotype  
398 observed in *Usf1*<sup>-/-</sup> mice, we investigated various aspects of the process. However, no significant  
399 differences between *Usf1*<sup>-/-</sup> and *Usf1*<sup>+/+</sup> Sertoli cells were recorded in mitotic activity  
400 (Supplementary Figure 4B), in expression of select Sertoli cell immaturity-related mRNAs [anti-  
401 Müllerian hormone (*Amh*), Podoplanin (*Pdpn*) and Cytokeratin-18 (*Ck18*) [66-68]] or in the  
402 localization of blood-testis barrier (BTB) proteins Claudin-11 and Espin (Supplementary Figure  
403 5C-E). Collectively, these data led us to conclude that Sertoli cell maturation in *Usf1*<sup>-/-</sup> mice is not  
404 compromised.

405 **Stage-dependent gene expression in Sertoli cells is somewhat deregulated in *Usf1*<sup>-/-</sup> mice**

406 USF1 is a transcriptional activator and it has been implicated in the regulation of two important  
407 testicular genes: *FSH receptor (Fshr)* [69-71] and *Steroidogenic factor 1 (Sf1 or Nr5a1)* [30 72].  
408 *In silico* analyses further predict that there are USF1 binding sites upstream of a number of genes  
409 important for Sertoli cell function, including *Gata4* [73 74] and *Sox9* [75]. RT-qPCR analysis did  
410 not reveal any statistically significant differences in the expression of these genes nor in another  
411 essential Sertoli cell transcription factor Wilm's tumor 1 [*Wt1*; 76 77] in *Usf1*<sup>-/-</sup> testes  
412 (Supplementary Figure 5A-D).

413

414 Sertoli cells undergo cyclical changes in their transcriptome as a result of the seminiferous  
415 epithelial cycle [78], and many genes expressed by Sertoli cells exhibit a variable level of  
416 expression, as dictated by the stage of the cycle. While all of the studied genes maintained their  
417 typical pattern of expression in different stages, elevated *Gata1* and *Sox9* mRNA levels, which  
418 are potentially biologically important, were observed at stages VII-VIII in KO mice (Figure 4).

419

420 **Depletion of undifferentiated spermatogonia contributes to degeneration of the**  
421 **seminiferous epithelium in *Usf1*<sup>-/-</sup> mice**

422 In order to elucidate the origin of seminiferous epithelial degeneration in *Usf1*<sup>-/-</sup> mice, we quantified  
423 the proportion of tubules that host PLZF-positive cells. It steadily decreased in *Usf1* KO mice with  
424 age (Figure 5A-B), indicating depletion of undifferentiated spermatogonia. Thus, the  
425 spermatogenic defect in these mice can at least partially be attributed to an inability of *Usf1*<sup>-/-</sup>  
426 testes to maintain undifferentiated spermatogonia, *i.e* the stem and progenitor cells of the adult  
427 male germline.

428

429

### 430 **Stem cell niche in *Usf1*<sup>-/-</sup> mice**

431 Stem cells are located in a microenvironment that maintains their self-renewal capacity, *i.e.* the  
432 stem cell niche. In the mouse testis the niche cannot be defined by anatomical criteria but rather  
433 by molecular cues, and the fate of undifferentiated spermatogonia is dictated by the availability of  
434 a selection of paracrine factors. A number of factors have been implicated in the regulation of cell  
435 fate decisions within the mouse undifferentiated spermatogonia. While the role of *Gdnf* among  
436 these factors is best-characterized, *Cxcl12* [79], *Csf1* [80], *Fgf2* [81], *Nrg1* [82] and *Wnt4* [83],  
437 *Wnt5a* [79 84 85] and *Wnt6* [86] are arguably also important regulators of A<sub>undiff</sub> spermatogonia,  
438 whereas *Bmp4* [87] and *Scf* [88] become critical once the transition into A1 differentiating  
439 spermatogonia has taken place. We studied the mRNA expression of these genes at 1, 4, and 8  
440 weeks. Despite considerable variation, no statistically significant changes for any of these genes  
441 were recorded, implying that the paracrine milieu that A<sub>undiff</sub> spermatogonia are exposed to in the  
442 *Usf1*<sup>-/-</sup> testis is not drastically different from that in the control testis (Supplementary Figure 6 and  
443 7).

444  
445 Because of the importance of GDNF and SCF for A<sub>undiff</sub> and differentiating spermatogonia,  
446 respectively, we studied the expression of these two genes in staged tubules isolated from 8-  
447 week old mice. This timepoint was selected because in *Usf1*<sup>-/-</sup> testis the first signs of seminiferous  
448 epithelial degeneration become apparent by then, but the cellularity still remains largely  
449 unaffected (Figure 2K). Consistent with data above (Figure 4), the stage-specific expression  
450 pattern for both *Gdnf* and *Scf* was maintained in *Usf1* KO mice (Figure 5C-D). However, mRNA  
451 levels were generally higher in *Usf1*<sup>-/-</sup> mice, and the differences reached statistical significance at  
452 stages II-V for *Gdnf* and stages VII-VIII for *Scf*. These data indicate that spermatogonia in the  
453 *Usf1*<sup>-/-</sup> testis may be exposed to physiologically altered levels of paracrine growth factors at  
454 specific stages of the seminiferous epithelium, despite the fact that at the whole testis level no  
455 changes were recorded.

456 **A-single spermatogonia in *Usf1*<sup>-/-</sup> testes are hyperproliferative**

457 Increased apoptosis and proliferation-coupled stem cell exhaustion are amongst the obvious  
458 mechanisms that may contribute to the observed progressive depletion (Figure 5B) of germline  
459 stem cells within the *Usf1*<sup>-/-</sup> testis. To investigate these options we employed indirect  
460 immunofluorescence on segments of seminiferous tubule from 8-week old WT and *Usf1*<sup>-/-</sup> mice.  
461 As judged by cleaved caspase-3 staining, the incidence of apoptosis within the GFR $\alpha$ 1-  
462 expressing A<sub>undiff</sub> was generally low irrespective of genotype, which is in line with earlier data [19]  
463 (Supplementary Figure 8). In contrast, GFR $\alpha$ 1-positive A<sub>undiff</sub> spermatogonia were proliferatively  
464 active both in WT and *Usf1*<sup>-/-</sup> mice, as judged by proliferation marker Ki67 staining (Figure 6A-B).  
465 Interestingly, as illustrated in Figure 6B and Supplementary Figure 8, areas where GFR $\alpha$ 1-  
466 positive cells were present at a very high density were occasionally encountered in the *Usf1*<sup>-/-</sup>  
467 seminiferous tubules. This prompted us to study proliferation of GFR $\alpha$ 1-expressing A<sub>s</sub> and A<sub>pr</sub>  
468 spermatogonial cells that are the main constituents of the stem cell pool under steady-state. While  
469 the majority of GFR $\alpha$ 1-positive A<sub>s</sub> cells were Ki67-negative in the WT control testis, the situation  
470 was the opposite in the *Usf1*<sup>-/-</sup> mice (Figure 6C-D). A similar trend was observed in GFR $\alpha$ 1-  
471 positive A<sub>pr</sub> cells but this difference was not statistically significant. Based on these data, we  
472 conclude that proliferation-coupled exhaustion contributes to the depletion of stem cells in the  
473 *Usf1*<sup>-/-</sup> testis.

## 474 DISCUSSION

475

476 This study constitutes the first *in vivo* assessment of the role of USF1, a ubiquitously expressed  
477 transcription factor, in the maintenance of spermatogenesis. Loss of *Usf1* leads to age-related  
478 decline in sperm production, most likely due to depletion of spermatogonial stem cells. Even  
479 though young *Usf1*<sup>-/-</sup> adult mice still hosted relatively normal spermatogenesis, the spermatogenic  
480 defect became obvious by 12 weeks of age and continued to exacerbate thereafter. This is a  
481 characteristic of stem cell maintenance failure, as has been previously demonstrated e.g. in *Plzf*  
482 [20 21], *Taf4b* [22] and *Erm* [89] deficient mice. Typically, some areas within the seminiferous  
483 tubules are able to maintain stem cells for a longer time, but the number of such areas, or niches  
484 that they contain, decreases with age, while tubules that contain only the basal layer of the  
485 seminiferous epithelium and are devoid of germ cells become more common. As an intermediate  
486 step, tubules that lack one to three layers of spermatogenic cells are observed. If stem cells are  
487 depleted, 35 days are needed by spermatogenesis to clear the tubule of germ cells. Notably, we  
488 also observed tubules which lacked spermatogenic cell layers at the end of differentiation  
489 hierarchy (*i.e.* spermatids) but retained the meiotic and mitotic populations. Similarly, tubule cross-  
490 sections missing any single layer were occasionally noted. This implies that in the *Usf1*<sup>-/-</sup> testis  
491 not every cycle is able to give rise to differentiating progeny and that the stem cell compartment  
492 first functions less efficiently before it collapses.

493

494 The significance of mitotic quiescence in the long-term maintenance of stem cells is widely  
495 appreciated. Hence, the continued engagement of SSCs in the cell cycle provides an attractive  
496 explanation for the progressive spermatogenic failure in *Usf1*<sup>-/-</sup> mice. Normally, *A*<sub>undiff</sub>  
497 spermatogonia exit from the cell cycle at epithelial stage II and a subset of them becomes  
498 sensitive to retinoic acid as a result of differentiation-priming activity of Wnt signaling, and by  
499 upregulation of retinoic acid receptor gamma (*RAR*<sub>γ</sub>) [7 86 90 91]. Expression of *RAR*<sub>γ</sub> and

500 associated genes, including neurogenin-3 (*Ngn3*) and *Sox3*, thus delineate  $A_{undiff}$  into  
501 differentiation-primed and stem subsets [4-6 57 90]. Interestingly, the mechanism(s) responsible  
502 for the  $A_{undiff}$  cell cycle exit are essentially undefined. Notably, however, *Gdnf* is expressed at the  
503 lowest level at stages VII-VIII, *i.e.* the same stages where the early phase of differentiation-  
504 inducing RA pulse is recorded [17 91-95]. Similarly,  $A_{undiff}$  spermatogonia re-enter the cell cycle  
505 at stage X in synchrony with reactivation of *Gdnf* expression and a sharp decline in RA levels [91  
506 95].  $A_{undiff}$  mitotic activity thus seems to be intimately coupled with GDNF availability. We  
507 speculate that elevated levels of GDNF at stages II-VIII in *Usf1*<sup>-/-</sup> mice may contribute to prolonged  
508 proliferation of GFR $\alpha$ 1-positive SSCs and to the inability to induce formation of the progenitor  
509 subset [96]. This scenario would result in smaller cohorts of differentiating progeny and ultimately  
510 in fewer sperm, as recently suggested by Sharma and Braun [12]. Moreover, prolonged  
511 engagement in the cell cycle may eventually lead to proliferation-coupled exhaustion of GFR $\alpha$ 1-  
512 expressing spermatogonia, thus providing an explanation for the stem cell depletion phenotype  
513 (Figure 7).

514

515 *Gdnf* is an FSH-regulated gene [14 16 17 97]. Interestingly, plasma FSH levels in *Usf1*<sup>-/-</sup> mouse  
516 were elevated which may contribute to increased *Gdnf* expression in stages II-V (II-VIII). The  
517 significance of this connection, however, is unclear; the role of FSH in *Gdnf* regulation under  
518 physiological conditions has been recently called into question [84]. We initially speculated that  
519 another major endocrine factor, testosterone, might be more important for the phenotype.  
520 Testosterone is crucial for spermatogenesis and its levels inside the testis are around one order  
521 of magnitude higher than in plasma. Once deemed indispensable, recent research has shown  
522 that high ITT is not essential for sperm production, and that spermatogenesis can be initiated and  
523 maintained at a testosterone concentration similar to what is measured in plasma [98].  
524 Testosterone has also recently been implicated in regulation of the spermatogonial stem cell niche  
525 via GDNF and WNT5A [13 84]. It is therefore possible that the stage II-V specific elevated *Gdnf*

526 levels are due to high ITT measured in *Usf1*<sup>-/-</sup> mice. These stages have previously been shown  
527 to display a high sensitivity to androgen action [99]. WNT5A is a developmental regulator of the  
528 spermatogonial stem cell pool, and its expression is downregulated by testosterone [84]. We did  
529 not, however, detect any changes in *Wnt5a* mRNA levels in *Usf1*<sup>-/-</sup> testis.

530

531 In summary, the paracrine milieu in *Usf1*<sup>-/-</sup> testes was somewhat altered compared to WT testes.  
532 However, the changes were modest, and no consistent reduction in the expression of the studied  
533 paracrine factor-encoding genes was observed. Moreover, the levels of endocrine factors were  
534 at a sufficiently high level to maintain spermatogenesis in the *Usf1*<sup>-/-</sup> testis. Sertoli cells in adult  
535 *Usf1*<sup>-/-</sup> mice had matured normally and exhibited all characteristic aspects of adult-type Sertoli  
536 cells. Although we cannot rule out a role for a defunct SSC niche in *Usf1*<sup>-/-</sup> testis, it seems likely  
537 that the phenotype is mostly of spermatogonial origin, and that USF1 is needed for the  
538 maintenance of the spermatogonial stem cell pool in a cell-autonomous fashion. We propose that  
539 in the *Usf1*<sup>-/-</sup> testis spermatogonial stem cells become continually engaged in the cell cycle,  
540 resulting in their depletion with age. This manifest itself as an accumulation of tubules displaying  
541 poor spermatogenic differentiation, smaller cohorts of differentiating germ cells, and disrupted  
542 layering of the seminiferous epithelium, collectively resulting in age-related reduction in sperm  
543 production.

544

545 There are numerous different mechanisms how loss of USF1 may contribute to the loss of  
546 spermatogonial stem cells in a cell-autonomous fashion. Namely, among its many functions,  
547 USF1 has been implicated in the control of cellular proliferation. Not only have several tumor  
548 suppressor genes been recognized as direct USF1 targets [PTEN, APC, p53, e.g.; 100 101-103]  
549 but USF1 also stabilizes p53 [104], opposes the action of Myc at the transcriptional level [105]  
550 and may contribute to cellular immortality by maintaining TERT (telomerase reverse transcriptase)  
551 expression [106]. Hence the effect of USF1 on cellular proliferation is considered growth-

552 inhibitory. Although USF1 has been shown to fulfill many aspects of a classical tumor suppressor  
553 protein, a connection between USF1 deficiency and increased proliferation or tumor formation  
554 has not been demonstrated. To our knowledge, this is the first direct demonstration that loss of  
555 USF1 results in higher cellular proliferation *in vivo*. Paradoxically, however, increased stem cell  
556 proliferation does not result in tissue growth but rather in hypoplasia due to a stem cell  
557 maintenance defect. It remains to be thoroughly investigated if (partial) depletion of stem cells  
558 contributes to tissue growth defects in other tissues, besides the testis, in *Usf1*<sup>-/-</sup> mice.

559

560 Deficiency of USF1 or USF2 can typically be compensated for by the formation of USF2 or  
561 USF1 homodimers, respectively [29 107]. In *Usf1*<sup>-/-</sup> testes, USF2 homodimers are expected to  
562 compensate for lack of USF1 at most USF-dependent gene promoters, as demonstrated by  
563 Hermann and co-workers for the *Fshr* gene in Sertoli cells [71]. In agreement with this study, we  
564 also found that *Fshr* expression was unaffected in the absence of USF1. Furthermore, loss of  
565 USF1 activity neither affected expression of genes involved in Sertoli cell maturation or function,  
566 nor had an overt impact on the stem cell niche. Thus, USF2 is likely sufficient to compensate for  
567 USF1 loss in paracrine and autocrine regulation by Sertoli cells. This, however, is likely not the  
568 case for the testicular stem cell pool. We speculate that there are USF1-regulated gene(s) in  
569 undifferentiated spermatogonia whose transcription cannot be maintained by USF2  
570 homodimers, and that lack of their expression results in the gradual depletion of stem cells in a  
571 cell-autonomous fashion.

572

573 USF1 deficiency in mouse and reduced *USF1* expression in humans has been shown to help  
574 maintain a beneficial lipid profile (*i.e.* higher high-density lipoprotein and lower triglycerides),  
575 insulin-sensitivity and to protect against hardening of the arteries. Therefore, targeting USF1 has  
576 excellent clinical potential in the treatment of obesity, diabetes, and cardiovascular diseases [35].  
577 Here we have shown that loss of USF1 also has adverse effects on reproductive function, a finding

578 that might intuitively raise doubts about appropriateness of USF1 as a drug target. However, *Usf1*  
579 heterozygous mice, that also displayed reduced weight gain and more beneficial lipid profiles [35],  
580 did not show spermatogenic defects. Thus, while complete absence of USF1 leads to impaired  
581 spermatogenesis, partial loss (*Usf1<sup>+/-</sup>* mice) does not appear to have these effects. Thus, our  
582 present findings are still compatible with our previous proposal [35] of the potential of USF1  
583 modulation as a therapeutic treatment strategy for cardiometabolic disease. We have uncovered  
584 a significant novel role for USF1 as a factor required for spermatogenesis, highlighting the varied  
585 physiological roles of this transcription factor.

586

587

588 **AUTHOR CONTRIBUTIONS:**

589

<b>Contributor Role</b>	<b>Role Definition</b>
Conceptualization	IF, JAM, LK
Data Curation	IF, SCM, GH, PPL, MJ, JAM, LK
Formal Analysis	IF, JAM
Funding Acquisition	IF, PPL, MJ, JT, JAM, LK
Investigation	IF, SCM, GH, MIT, PPL, MAT, JAM
Methodology	IF, SCM, GH, MIT, EA, PPL, MAT, JAM, LK
Project Administration	IF, JAM, LK
Resources	IF, GH, MJ, JT, JAM, LK
Software	IF, GH, JAM
Supervision	JAM, LK
Validation	IF, SCM, JAM
Visualization	IF, GH, SCM, JAM
Writing – Original Draft Preparation	IF, JAM
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591

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612 **SUPPLEMENTAL INFORMATION:**

613 Supplementary materials and methods, tables and figures have been provided in an online  
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941

942 **FIGURE LEGENDS**

943

944 **Figure 1:**

945 **USF1 expression is limited to testicular somatic cells and a subset of spermatogonia.** A-B)

946 RT-qPCR analysis of *Usf1* expression from whole testis RNA of wildtype control mice at the

947 indicated timepoints (A) and from total RNA of indicated pooled seminiferous tubule epithelial

948 stages (B). *Usf1* expression levels were normalized to respective  $\alpha$ -tubulin levels in A. Data in B

949 were normalized against *Wt1*, which is uniformly expressed by Sertoli cells independent of

950 epithelial stage. Bars represent mean $\pm$ s.d. and *p* values are from unpaired *t*-tests. Asterisks: \* =

951  $p < 0.05$ , \*\* =  $p < 0.01$  and \*\*\* =  $p < 0.001$ . C) Testis cross-sections of the indicated genotypes were

952 stained with DAPI and antibodies against USF1, GATA1 and WT1. GATA1 displayed a stage-

953 dependent pattern of expression in Sertoli cells, and therefore GATA1 expression, unlike WT1,

954 was limited to Sertoli cells of certain seminiferous tubules. Immunofluorescent triple-staining

955 confirmed abundant expression of USF1 in Sertoli cells. A low level of USF1 was also detected

956 in the testicular interstitium. USF1 expression was undetectable in the knockout testes. D-E)

957 Representative whole-mount immunofluorescence stainings of WT adult seminiferous tubules by

958 antibodies against PLZF and USF1. USF1 was detected in PLZF-negative Sertoli cells plus in

959 PLZF-positive undifferentiated  $A_s$ ,  $A_{pr}$  and  $A_{al}$  (cysts of 4, 8 and 16 cells) spermatogonia. See

960 Supplementary Figure 1 for more detailed characterization of the USF1-positive spermatogonial

961 subpopulation. Scale bars 100  $\mu$ m in C and 50  $\mu$ m in D-E. F) Summary of the whole-mount IF

962 staining included in this study. USF1 is ubiquitously expressed by Sertoli cells. USF1 expression

963 in spermatogonia is restricted to  $A_{undiff}$  spermatogonia and to early (up to A4) differentiating

964 spermatogonia. Spermatogonial expression of USF1 closely follows that of PLZF. Solid line

965 indicates ubiquitous readily detectable expression, whereas downregulation of protein expression

966 is marked with dotted line. For GFR $\alpha$ 1, the dotted line is used throughout to illustrate that GFR $\alpha$ 1

967 is limited to the SSC subset of  $A_{undiff}$ . As suggested by IF data, *Usf1* does not display a  
968 seminiferous epithelial stage-regulated pattern of expression (B).

969

970

971 **Figure 2:**

972 **USF1 is required for normal testis growth.** A) One-week old male pups of the indicated  
973 genotypes. These three males were from the same litter. B) Representative testes of indicated  
974 genotypes from eight-week old males. C) Testis weight of control and *Usf1*<sup>-/-</sup> mice at indicated  
975 ages. D) Relative testis weight of same mice represented in C. In both C and D, a minimum of  
976 three animals per group were included per timepoint, bars represent mean±s.d. and *p* values are  
977 from unpaired *t*-tests. E-N) Progressive degeneration of the seminiferous epithelium in the  
978 absence of *Usf1*. E-J) Representative testis cross-sections of the indicated genotypes. E-G)  
979 Testis sections from 12-week adult controls (E) and from *Usf1*<sup>-/-</sup> mice at 12 (F) and 30 weeks of  
980 age (G) stained with hematoxylin and eosin to show morphology of seminiferous tubules. Already  
981 at 12 weeks a substantial proportion of seminiferous tubules of *Usf1*<sup>-/-</sup> mice had degenerated and  
982 hosted only the basal layer, or lacked one or more of the hierarchical layers of differentiating germ  
983 cells (F). Tubule degeneration became more prevalent with age (G). H-J) Cross-sections of  
984 individual seminiferous tubules representing normal spermatogenesis at stage VII-VIII of the  
985 seminiferous epithelial cycle. Compared to seminiferous tubules in controls (H), reduced  
986 cellularity is observed in otherwise normal-looking seminiferous tubules of *Usf1*<sup>-/-</sup> mice (I-J). Scale  
987 bars: 500 μm (E-G), 50 μm (H-J). K-N) Evaluation of spermatogenic defect from testis cross-  
988 sections. Error bars represent mean±s.d. and *p* values are from unpaired *t* tests. Asterisks: \* =  
989  $p < 0.05$ , \*\* =  $p < 0.01$  and \*\*\* =  $p < 0.001$ . See also Supplementary Figure 3 for scoring criteria.

990

991

992 **Figure 3:**

993 **Endocrine regulation of the *Usf1*<sup>-/-</sup> testis.** A-C) Serum hormonal levels in mice of the indicated

994 genotypes. Although serum levels of LH (A) and FSH (B) were higher in *Usf1*<sup>-/-</sup> mice, there was

995 no difference in serum testosterone (C) levels. D) Intratesticular levels of testosterone were

996 significantly elevated in the *Usf1*<sup>-/-</sup> testes when compared to wildtype control mice. All the

997 hormonal levels in A-D are measured from minimum 4 animals per genotype and at 12 weeks

998 age. E) Quantitation of Leydig cells at different timepoints. F) Quantitation of proliferative Leydig

999 cells at the indicated timepoints by an antibody against Ki67. G) LH receptor (*Lhcgr*) expression

1000 by RT-qPCR analysis,  $\alpha$ -tubulin was used as a normalization control. H-I) Assessment of

1001 androgen receptor (AR) expression by immunohistochemistry (H) and RT-qPCR (I). AR was

1002 found normally expressed within the different testicular somatic cell types. Insets 1-4 in (H) show

1003 comparable AR expression in Sertoli/myoid cells (insets 1 and 3) and Leydig/myoid cells (insets

1004 2 and 4) between WT control and *Usf1*<sup>-/-</sup> mice. J) AR expression at the indicated seminiferous

1005 tubule epithelial stages as normalized to *Wt1*, which is uniformly expressed by Sertoli cells

1006 independent of the epithelial stage. Error bars represent mean $\pm$ s.d. and *p* values are from

1007 unpaired *t*-tests. Asterisks: \* = *p*<0.05, \*\* = *p*<0.01 and \*\*\* = *p*<0.001. Scale bars: 100  $\mu$ m (H) and

1008 50  $\mu$ m [insets in (H)].

1009

1010 **Figure 4:**

1011 **Seminiferous epithelial stage-specific gene expression patterns are maintained in the**

1012 **absence of *Usf1*.** A-D) Expression of select mRNAs: A) *Fshr*, B) *Gata1*, C) *Sox9*, and D) *Stra8*

1013 was assessed by RT-qPCR. To control for the observed differences in cellularity between *Usf1*<sup>-/-</sup>

1014 and WT mice, data were normalized against *Wt1* that is uniformly expressed by Sertoli cells

1015 independent of the epithelial stage. Seminiferous tubule segments representing stages II-V, VII-

1016 VIII and IX-XI were isolated by transillumination-assisted microdissection from 8-week old mice.

1017 Generally, expression of studied genes were maintained in a stage-wise manner between *Usf1*<sup>-/-</sup>

1018 and WT mice. However, for individual genes enhanced expression was observed at specific

1019 stages in the knockout tubules. Three animals per group were used in all experiments. *Stra8* was

1020 included in the experiment as an internal control since it is known to display a highly stage-

1021 dependent pattern of expression at stages VII-VIII of the seminiferous epithelial cycle [17 108].

1022 Error bars represent mean±s.d and *p* values are from unpaired *t*-tests. Asterisks: \* = *p*<0.05, \*\* =

1023 *p*<0.01 and \*\*\* = *p*<0.001.

1024

1025

1026 **Figure 5:**

1027 **PLZF-positive cells are depleted with age in the *Usf1*<sup>-/-</sup> testes.** A) Testis cross-sections, shown

1028 here from 12- and 25-week old mice, were stained with an antibody against PLZF at different

1029 timepoints. B) Quantitation of tubules hosting PLZF-positive cells in control and *Usf1*<sup>-/-</sup> testes at

1030 the indicated ages. A minimum of two animals per timepoint were analyzed. Scale bars: 50  $\mu$ m.

1031 C-D) *Gdnf* and *Scf* expression levels at the indicated stages of the seminiferous epithelial cycle.

1032 Transcript levels were normalized to *Wt1*, which is uniformly expressed by Sertoli cells

1033 independent of the epithelial stage. A minimum of three animals per group was used in all

1034 experiments. Error bars present mean $\pm$ s.d. and *p* values are from unpaired *t*-tests. Asterisks: \* =

1035  $p < 0.05$ , \*\* =  $p < 0.01$  and \*\*\* =  $p < 0.001$ .

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1037

1038 **Figure 6:**  
1039 **Spermatogonial stem cells are hyperproliferative in the absence of *Usf1*.** A-B)  
1040 Representative whole-mount IF staining of 8-week control (A) and *Usf1*<sup>-/-</sup> (B) seminiferous tubules  
1041 showing areas where GFR $\alpha$ 1-positive cells were found accumulated. Only a subset of GFR $\alpha$ 1-  
1042 positive also stain for Ki67. GFR $\alpha$ 1-negative cells are differentiating spermatogonia that are  
1043 continuously engaged in the cell cycle and thus positive for Ki67. C) Assessment of proliferation  
1044 within the GFR $\alpha$ 1-positive undifferentiated spermatogonia. Blue arrow points at a Ki67-positive  
1045 (proliferatively active) GFR $\alpha$ 1-positive A<sub>s</sub> spermatogonium and yellow arrows indicate Ki67-  
1046 negative (non-proliferative) GFR $\alpha$ 1-positive A<sub>s</sub> spermatogonia. GFR $\alpha$ 1-positive/Ki67-positive A<sub>pr</sub>  
1047 spermatogonia are indicated by the white arrow. D) Quantitation of Ki67-GFR $\alpha$ 1 double-positive  
1048 A<sub>s</sub> and A<sub>pr</sub> spermatogonia in mice of the indicated genotypes. Error bars represent mean $\pm$ s.d. and  
1049 *p* values are from unpaired *t*-tests. \*\* = *p*<0.01. Scale bars 50  $\mu$ m.

1050

1051

1052 **Figure 7:**

1053 **Proposed model for USF1-dependent, proliferation-coupled stem cell exhaustion.** In the

1054 WT testis, stem cells continually exit (at stage II) and re-enter (at stage X) cell cycle as a result of

1055 the progress of the seminiferous epithelial cycle. Spermatogenesis is initiated (*i.e.* transition from

1056  $A_{undiff}$  to type A1 differentiating spermatogonia) once every epithelial cycle at stages VII-VIII. A

1057 delicate balance between self-renewal vs. differentiation prevails and the stem cell population is

1058 maintained while a sufficient but not excessive number of differentiating progeny is simultaneously

1059 produced during every epithelial cycle, enabling lifelong sperm production from the SSC niche. In

1060 the *Usf1*<sup>-/-</sup> testis stem cells become continually engaged in the cell cycle, resulting in their

1061 proliferation-coupled exhaustion and inability to maintain the stem cell pool. Once the niche is

1062 depleted of stem cells, germ cells are lost from the locale layer by layer as a result of seminiferous

1063 epithelial cycle progression and the spermatogenic program. Symbols used to indicate different

1064 germ cell types are described in Figure 1F.

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