

Prognostic implications and alterations in left atrial deformation following transcatheter aortic valve implantation

Steele C. Butcher ^{1,2†}, Kensuke Hirasawa ^{1,3†}, Maria Chiara Meucci^{1,4}, Jan Stassen ^{1,5}, Jurrien H. Kuneman¹, Ana Rita Pereira^{1,6}, Frank van der Kley ¹, Arend de Weger ⁷, Philippe J. van Rosendael¹, Nina Ajmone Marsan¹, David Playford ⁸, Victoria Delgado^{1,9}, and Jeroen J. Bax ^{1,10*}

¹Department of Cardiology, Heart Lung Center, Leiden University Medical Center, Albinusdreef 2, 2300 RC Leiden, The Netherlands; ²Department of Cardiology, Royal Perth Hospital, Perth, WA, Australia; ³Department of Cardiovascular Medicine, Tokyo Medical and Dental University, Tokyo, Japan; ⁴Department of Cardiovascular and Thoracic Sciences, Fondazione Policlinico Universitario A. Gemelli IRCCS, Catholic University of the Sacred Heart, Rome, Italy; ⁵Department of Cardiology, Jessa Hospital Hasselt, Stadsomvaart 11, 3500 Hasselt, Belgium; ⁶Department of Cardiology, Hospital Garcia de Orta, Almada, Portugal; ⁷Department of Cardio-Thoracic Surgery, Leiden University Medical Center, 2300 RC Leiden, The Netherlands; ⁸School of Medicine, University of Notre Dame, Fremantle, WA, Australia; ⁹Heart Institute, Hospital University Germans Trias i Pujol, Badalona, Spain; and ¹⁰Heart Center, University of Turku and Turku University Hospital, Turku, Finland

Received 18 March 2024; revised 10 June 2024; accepted 1 July 2024; online publish-ahead-of-print 10 July 2024

Aims

To evaluate the prognostic implications of the left atrial reservoir strain–defined diastolic dysfunction (LARS-DD) grade in patients undergoing transcatheter aortic valve implantation (TAVI) for severe aortic stenosis (AS) and to determine whether post-TAVI LARS was more closely associated with new-onset atrial fibrillation than pre-TAVI LARS.

Methods and results

Pre-TAVI LARS-DD was evaluated by speckle-tracking echocardiography and was assigned as Grade 0 to 1 (LARS \geq 24%), Grade 2 (LARS 19–24%), and Grade 3 (LARS $<$ 19%). Patients were followed up for the primary endpoint of all-cause mortality from the date of TAVI. For the secondary endpoint, patients with pre- and post-TAVI LARS measurements and no history of atrial fibrillation were evaluated for the occurrence of new-onset atrial fibrillation. A total of 601 patients [median age 81 (76–85) years, 53% males] were included. Overall, 169 patients (28%) were LARS-DD Grade 0/1, 96 patients (16%) were LARS-DD Grade 2, and 336 (56%) were LARS-DD Grade 3. Over a median follow-up of 40 (interquartile range 26–58) months, a total of 258 (43%) patients died. In a comprehensive multivariable Cox regression model, the LARS-DD grade was independently associated with all-cause mortality [adjusted hazard ratio (HR) 1.28 per one-grade increase, 95% confidence interval (CI) 1.07–1.53, $P = 0.007$]. For the secondary endpoint of new-onset atrial fibrillation, a total of 285 patients were evaluated. Post-TAVI LARS (subdistributional HR 1.14 per 1% $<$ 20%, 95% CI 1.05–1.23, $P = 0.0009$), but not pre-TAVI LARS ($P = 0.93$), was independently associated with new-onset atrial fibrillation.

Conclusion

An increased LARS-DD grade was independently associated with long-term post-TAVI survival in patients with severe AS. Post-TAVI LARS was closely related to the occurrence of new-onset atrial fibrillation.

* Corresponding author. E-mail: jj.bax@lumc.nl

† These authors contributed equally to this work.

© The Author(s) 2024. Published by Oxford University Press on behalf of the European Society of Cardiology.

This is an Open Access article distributed under the terms of the Creative Commons Attribution-NonCommercial License (<https://creativecommons.org/licenses/by-nc/4.0/>), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited. For commercial re-use, please contact reprints@oup.com for reprints and translation rights for reprints. All other permissions can be obtained through our RightsLink service via the Permissions link on the article page on our site—for further information please contact journals.permissions@oup.com.

Table 2 Echocardiographic characteristics according to the LARS-DD grade

Variable	Overall n = 601	LARS-DD Grade 0/1 n = 169	LARS-DD Grade 2 n = 96	LARS-DD Grade 3 n = 336	P-value
LV end-diastolic diameter index, mm/m ²	24.9 (22.5–28.0)	24.3 (22.3–26.8)	25.1 (22.5–28.1)	25.1 (22.5–28.7)	0.068
LV end-systolic diameter index, mm/m ²	17.3 (14.1–20.4)	15.5 (13.4–19.0)	17.1 (14.3–21.1)	17.7 (14.8–21.5)*	<0.001
LV mass index, g/m ²	121 (100–147)	112 (91–133)	122 (103–142)	126 (104–151)*	<0.001
LV end-diastolic volume index, mL/m ²	47 (37–60)	44 (35–55)	49 (39–61)	47 (38–64)*	0.019
LV end-systolic volume index, mL/m ²	19 (13–30)	16 (12–23)	19 (14–28)*	21 (14–36)*	<0.001
LVEF, %	58 (48–65)	63 (56–69)	60 (50–66)*	55 (43–62)***	<0.001
Left atrial volume index, mL/m ²	40 (31–51)	33 (26–39)	35 (27–44)	47 (37–58)***	<0.001
Stroke volume index, mL/m ²	38 (31–47)	43 (35–51)	39 (32–47)	35 (29–43)***	<0.001
Aortic peak velocity, m/s	4.00 (3.48–4.44)	4.09 (3.66–4.51)	4.14 (3.64–4.65)	3.90 (3.36–4.36)***	0.001
Aortic mean pressure gradient, mmHg	41 (31–52)	43 (34–54)	42 (35–56)	39 (30–49)***	0.002
Aortic valve area, cm	0.78 (0.62–0.93)	0.83 (0.70–0.96)	0.73 (0.59–0.93)*	0.76 (0.60–0.92)*	0.001
Significant aortic regurgitation	95 (16%)	15 (9.2%)	16 (17%)	64 (19%)*	0.016
Mean mitral pressure gradient, mmHg	2.22 (1.58–3.32)	2.05 (1.51–2.85)	2.02 (1.61–3.13)	2.35 (1.60–3.55)*	0.008
Significant mitral regurgitation	126 (21%)	16 (9.8%)	8 (8.3%)	102 (31%)*	<0.001
Average e' velocity, cm/s	5.09 (4.00–7.00)	5.00 (4.00–7.00)	5.00 (4.00–6.00)	6.00 (4.00–7.00)	0.070
E/e'	16 (12–22)	13 (10–18)	14 (11–19)	17 (13–26)***	<0.001
Tricuspid regurgitation maximal velocity, m/s	2.65 (2.36–3.01)	2.55 (2.22–2.73)	2.52 (2.26–2.82)	2.78 (2.48–3.18)***	<0.001
Mitral inflow E-wave velocity, cm/s	87 (66–114)	70 (56–87)	76 (58–93)	103 (81–126)***	<0.001
Mitral inflow A-wave velocity, cm/s	98 (76–123)	102 (87–122)	99 (80–124)	94 (65–124)	0.033
Mitral inflow E/A ratio	0.77 (0.59–1.15)	0.66 (0.57–0.84)	0.69 (0.57–0.89)	1.04 (0.69–1.47)***	<0.001
Conventional multi-parametric diastolic dysfunction grading ^a					<0.001
Grade 1 diastolic dysfunction	198 (45%)	104 (65%)	51 (59%)	43 (22%)	
Grade 2 diastolic dysfunction	205 (47%)	53 (33%)	35 (41%)	117 (60%)	
Grade 3 diastolic dysfunction	37 (8.4%)	2 (1.3%)	0 (0%)	35 (18%)	
LV global longitudinal strain (%)	−13.6 (−10.7 to −16.4)	−16.2 (−13.4 to −18.3)	−14.6 (−11.7 to −17.6)	−12.2 (−9.2 to −14.7)	<0.001

The values are expressed as median (IQR) and n (%).

LARS-DD, left atrial reservoir strain diastolic dysfunction; LV, left ventricle; LVEF, left ventricular ejection fraction.

^aIn subset of patients without atrial fibrillation.

*P < 0.05 vs. Group I.

**P < 0.05 vs. Group II.

Echocardiographic characteristics

The echocardiographic characteristics of the population are summarized in Table 2. The median LARS was 17% (IQR 10–24%). Patients with a higher LARS-DD grade had increased LV dimensions, increased LV mass, lower LVEF, and reduced LV stroke volume index. In addition, LA dimensions were increased, the aortic valve area was reduced, and there was a higher prevalence of significant MR in patients with a higher LARS-DD grade. Other echocardiographic parameters related to LV diastolic function (*E/e'*, tricuspid regurgitation maximum velocity, and *E/A* ratio) were all worse in patients with a higher LARS-DD grade.

Association between LARS-DD grade and all-cause mortality

Over a median follow-up of 40 (IQR 26–58) months, a total of 258 (43%) patients died. Spline curve analyses were performed to investigate the association between values of LARS and all-cause mortality (Figure 2). Overall post-procedural survival at 5 years was markedly different

according to the LARS-DD grade: 75% for patients with LARS-DD Grade 0 or 1 vs. 62% for patients with LARS-DD Grade 2 and 48% for patients of LARS-DD Grade 3 (*P* = 0.002, Figure 3). In addition, LARS-DD grade was significantly associated with all-cause mortality on univariable Cox regression analysis (HR 1.30 per one-grade increase above LARS-DD Grade 0/1, 95% CI 1.12–1.52, *P* = 0.0006). In the multivariable Cox regression proportional hazard core model adjusted for age, sex, EuroSCORE II and NYHA Class III–IV symptoms, LARS-DD grade remained associated with all-cause mortality (Table 3). In addition, in a comprehensive model with further adjustment for LVEF, atrial fibrillation, LA volume index, and LV stroke volume index, LARS-DD grade was independently associated with all-cause mortality (adjusted HR 1.28 per one-grade increase above LARS-DD Grade 0/1, 95% CI 1.07–1.53, *P* = 0.007). Even following adjustment for LV GLS, LARS-DD grade was significantly associated with all-cause mortality (adjusted HR 1.34 per one-grade increase above LARS-DD Grade 0/1, 95% CI 1.12–1.61, *P* = 0.002). In addition, in a comprehensive model, a similar association between LARS-DD grade and a combined endpoint of heart failure hospitalization and all-cause mortality was observed (adjusted HR 1.31 per

Table 4 Association between pre- and post-TAVI LARS and new-onset atrial fibrillation in patients without a history of atrial fibrillation

New-onset AF n = 285	LARS pre-TAVI	LARS post-TAVI	LARS post-TAVI ≥16%	LARS post-TAVI <16%
Events/person-years			8/369	13/108
Incidence rate, per 1000 person-years (95% CI)			2.17 (0.94–4.27)	11.98 (6.38–20.48)
Unadjusted HR (95% CI)	1.04 (0.95–1.13)	1.14 (1.06–1.23)	Reference	5.54 (2.29–13.43)
P-value for HR	0.40	0.0003		0.0002
HR (95% CI) adjusted for age and LAVI, per 1% < 20%	0.97 (0.87–1.07)	1.11 (1.02–1.22)	Reference	5.10 (2.01–12.91)
P-value for adjusted HR	0.53	0.014		0.0006
SDHR (95% CI) adjusted for age and LAVI, per 1% < 20%	1.00 (0.91–1.11)	1.14 (1.05–1.23)	Reference	5.55 (2.17–14.24)
P-value for adjusted SDHR	0.93	0.0009		0.0004

AF, atrial fibrillation; HR, hazard ratio; LARS-DD, left atrial reservoir strain diastolic dysfunction; LAVI, left atrial volume indexed; SDHR, subdistributional hazard ratio for new-onset atrial fibrillation.

evaluation with conventional Doppler assessment, which may be more reproducible and less time-consuming, (ii) evaluation of LARS is angle independent, (iii) evaluation of LV diastolic function with LARS may be more sensitive, accurate, and feasible than conventional assessment.^{7,31} In addition, the present study demonstrates that LARS-DD grading is independently associated with long-term post-TAVI survival, even after adjustment for multi-parametric diastolic dysfunction grading according to guideline recommendations, LVEF, LA volume index, and LV GLS, and may have an important role in patient risk stratification and prognostication. Further research in asymptomatic patients with severe AS is required to evaluate whether LARS-DD grading could improve patient selection for intervention. The current study also demonstrates that post-TAVI LARS may be a better predictor of new-onset atrial fibrillation following TAVI than pre-TAVI LARS, emphasising the need to re-evaluate LA and LV function following the treatment of pressure overload. Indeed, it is possible that reduced post-TAVI LARS reflects insufficient reverse remodelling, an alternative aetiology of diastolic dysfunction or intrinsic LA dysfunction, important considerations for the clinician.

Limitations

This study is subject to all the limitations of its single centre, retrospective, observational design. In addition, LARS was evaluated with vendor-specific software, and this should be considered when interpreting the values of LARS with different types of software. Although this study provides a prognostic validation of LARS-DD grading in severe AS, further comparison with invasive haemodynamics is needed for this patient subgroup. Furthermore, while alterations in haemodynamics and LV compliance occur soon after TAVI, LV reverse remodelling may continue to occur over 1 year following the procedure, and post-TAVI LARS assessed at ~1 month (as in the current study) is likely also influenced by the degree and rapidity of cardiac reverse remodelling, reflecting persistent LV diastolic dysfunction and not only a pure estimate of intrinsic LA function.³⁸ Studies have shown a wide range of normal values of LA strain in the general population.³⁹ Therefore, it is imperative that a single low value of LARS not be used in isolation for risk stratification or clinical decision-making. Although all patients underwent systematic clinical follow-up after TAVI with routine 12-lead ECG assessment, it is probable that some cases of paroxysmal atrial fibrillation were not detected.

Conclusion

An increased LARS-DD grade was independently associated with long-term post-TAVI survival in patients with severe AS and may enhance risk stratification. In addition, post-TAVI LARS, but not pre-TAVI LARS, was closely related to the occurrence of new-onset atrial fibrillation, probably better reflecting intrinsic LA dysfunction.

Supplementary data

Supplementary data are available at *European Heart Journal - Cardiovascular Imaging* online.

Funding

S.C.B. received funding from the European Society of Cardiology (ESC Research Grant App000080404). K.H. received funding from the European Society of Cardiology (ESC Research Grant, R-2018-18122).

Conflict of interest: The Department of Cardiology of the Leiden University Medical Center received research grants from Abbott Vascular, Bayer, Bioventrix, Medtronic, Biotronik, Boston Scientific, GE Healthcare, and Edwards Lifesciences. N.A.M. and J.J.B. received speaker fees from Abbott Vascular. Victoria Delgado received speaker fees from Abbott Vascular, Edwards Lifesciences, GE Healthcare, MSD, Novartis, and Medtronic and consultancy fees from Edwards Lifesciences and Novo Nordisk. The remaining authors have nothing to disclose.

Data availability

The data that support the results of this study are available from the corresponding author upon reasonable request.

References

1. Iung B, Delgado V, Rosenhek R, Price S, Prendergast B, Wendler O et al. Contemporary presentation and management of valvular heart disease: the EURObservational Research Programme Valvular Heart Disease II Survey. *Circulation* 2019;**140**:1156–69.
2. Strange GA, Stewart S, Curzen N, Ray S, Kendall S, Braidley P et al. Uncovering the treatable burden of severe aortic stenosis in the UK. *Open Heart* 2022;**9**:e001783.
3. Otto CM, Nishimura RA, Bonow RO, Carabello BA, Erwin JP III, Gentile F et al. 2020 ACC/AHA guideline for the management of patients with valvular heart disease: a report of the American College of Cardiology/American Heart Association Joint Committee on clinical practice guidelines. *Circulation* 2021;**143**:e72–227.
4. Vahanian A, Beyersdorf F, Praz F, Milojevic M, Baldus S, Bauersachs J et al. 2021 ESC/EACTS guidelines for the management of valvular heart disease. *Eur Heart J* 2022;**43**: 561–632.

