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AUTHOR(S)

Yu, A., Zhang, W., Zhang, Q., Yang, K., Liu, X., Liu, H., Xie, J., Feng, Y., Li, J. & Jia, C.

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1 **A TICT-AIE activated dual-channel fluorescence-on probe to reveal**
2 **the dynamics mechanosensing of lipid droplets during ferroptosis**

3 Ao Yu ^{a †}, Wei Zhang ^{b †}, Qiangsheng Zhang ^a, Kunlong Yang ^a, Xiongbo Liu ^a, Hongtao
4 Liu ^{a d}, Jialin Xie ^{a d}, Yan Feng ^{a d *}, Jianwei Li ^{c *}, Chunman Jia ^{a d e *}

5 *^aHainan Provincial Key Laboratory of Fine Chem, School of chemistry and chemical
6 engineering, Hainan University, Haikou 570228, China.*

7 *^bKey Laboratory of Hainan Trauma and Disaster Rescue, The First Affiliated Hospital
8 of Hainan Medical University, Hainan Medical University, Haikou, 571199 P. R. China*

9 *^cMediCity Research Laboratory, University of Turku, Tykistökatu 6, Turku, 20520,
10 Finland*

11 *^dOne Health Institute, Hainan University, Haikou, 570228, China*

12 *^eAnalytical & Testing Center, Hainan University, Haikou, 570228, China*

13 *[†] Ao Yu and Wei Zhang contributed equally to this work and should be regarded as
14 co-first authors.*

15 **Abstract**

16 Mechanical forces play a crucial role in cellular processes, including ferroptosis,
17 a form of regulated cell death associated with various diseases. However, the
18 mechanical aspects of organelle lipid droplets (LDs) during ferroptosis are poorly
19 understood. In this study, we designed and synthesized a fluorescent probe, **TPE-V1**,
20 to enable real-time monitoring of LDs' viscosity using a dual-channel fluorescence-on
21 model (red channel at 617 nm and NIR channel at 710 nm). The fluorescent imaging of
22 using **TPE-V1** was achieved due to the integrated mechanisms of the twisted
23 intramolecular charge transfer (TICT) and aggregation-induced emission (AIE).
24 Through dual-emission channel fluorescence imaging, we observed the enhanced
25 mechanical energy of LDs triggering cellular mechanosensing, including ferroptosis

* Corresponding author: E-mail address: fengy@hainanu.edu.cn

* Corresponding author: E-mail address: jianwei.li@utu.fi

* Corresponding author: E-mail address: jiachunman@hainanu.edu.cn

26 and cell deformation. Theoretical calculations confirmed the probe's behavior, showing
27 that high-viscosity media prevented the rotation processes and restored fluorescence
28 quenching in low viscosity. These findings suggest that our TICT-TPE design strategy
29 provides a practical approach to study LDs' mechanical properties during ferroptosis.
30 This development enhances our understanding of the interplay between mechanical
31 forces and LDs, contributing to the knowledge of ferroptotic cell death and potential
32 therapeutic interventions targeting dysregulated cell death processes.

33 Keywords: TICT-AIE; dual-channel; lipid droplets; mechanosensing; ferroptosis

34 **1. Introduction**

35 Cellular processes are intricately regulated by a complex interplay of biochemical
36 signaling and physical forces [1]. Recent research has revealed the profound impact of
37 mechanical forces, including mechano-sensing and mechano-transduction, on diverse
38 cellular functions [2, 3]. These processes involve the detection and conversion of
39 mechanical signals into biochemical responses, influencing critical cellular phenomena
40 such as cell growth, differentiation, and cell death [4-7]. Ferroptosis, a novel form of
41 regulated cell death [8], has gained significant attention due to its involvement in
42 various pathological conditions, ranging from cancer to neurodegenerative diseases and
43 tissue damage [9-11]. This unique form of cell death is characterized by the
44 accumulation of reactive oxygen species (ROS) and lipid peroxides [12-16], resulting
45 in cellular dysfunction and demise. While the biochemical aspects of ferroptosis have
46 been extensively studied, the role of mechanical forces, particularly their impact on the
47 organelles involved, remains largely unexplored. Among the organelles implicated in
48 ferroptosis, organelle lipid droplets (LDs) have recently come under intense scrutiny.
49 Once considered passive lipid storage depots, LDs are now recognized as dynamic
50 organelles with multifaceted functions, including lipid metabolism, energy homeostasis,
51 and cellular signaling [17-21]. Given their involvement in lipid metabolism, LDs are
52 poised to play a critical role in mediating cellular responses to mechanical forces during
53 ferroptosis.

54 However, the investigation of mechanical forces, specifically the influence of
55 viscosity, on organelle LDs poses a substantial challenge, with the lack of practical
56 methodologies hindering progress in this area. Notably, intracellular viscosity is a key
57 mechanical force (fluid shear stress), and viscosity has a numerical relationship with
58 shear stress per unit velocity gradient [22]. In this study, to address this pressing need,
59 we propose to design probe molecules that can sense the change of LDs' mechanical
60 properties during ferroptosis through fluorescence imaging under the integrated
61 mechanisms of both TICT and AIE. This should provide a pioneering and practical
62 approach to explore the mechanical aspects of LDs during ferroptosis.

63 Fluorescence imaging has emerged as a powerful tool for monitoring the cellular
64 microenvironment, offering high sensitivity, real-time capabilities, non-invasiveness,
65 and in situ visual imaging [23-26]. Existing fluorescent probes for tracking LDs'
66 mechanical force changes often suffer from limitations such as aggregation-induced
67 quenching (ACQ) effects [27-29], low dosages, and poor emission in bioassays.
68 Furthermore, some probes typically exhibit visible fluorescence with single-
69 wavelength emission [30, 31], making them susceptible to background fluorescence
70 interference. In contrast, fluorescence qualitative analysis using single-wavelength
71 excitation and dual-emission channels offers improved data accuracy and simplified
72 operational procedures, benefiting from built-in self-calibration mechanisms [32, 33].
73 Additionally, probes with red and near-infrared (NIR) fluorescence emission hold
74 advantages in fluorescence bioimaging, including reduced autofluorescence of
75 biomolecules, reduced photobleaching, and enhanced tissue penetration capabilities [34,
76 35].

77 Therefore, there is a critical need to develop probes for real-time monitoring of
78 LDs' viscosity through single-excitation and dual-emission channels with red and NIR
79 fluorescence. In recent studies, probes based on intramolecular motion mechanisms
80 (RIM) [36-40] or TICT phenomenon [41-45] have been used to monitor the viscosity
81 of LDs in real time. Meanwhile, according to reports, probes with TICT and AIE
82 mechanisms (also known as TICT-AIE) exhibit tunable emission characteristics [46-

83 48], with increased TICT effects causing red-shifted fluorescence emission [49, 50].
84 This property allows TICT-AIE probes to display distinct optical characteristics in
85 different fluorescence emission channels. However, until now, there has been no
86 examples of integrating TICT and AIE into a single probe to detect the viscosity
87 changes of LDs. On the basis of this, we anticipate that TICT-AIE probes will be able
88 to dynamically realize accurately tracking the viscosity changes of LDs in dual
89 emission channels.

90 Here, we present the design of the first TICT-AIE integrated probe, **TPE-V1**,
91 specifically for tracking LDs' mechanical property changes during ferroptosis through
92 red and NIR emission channels. **TPE-V1** incorporates merocyanine, cyclohexene, and
93 TPE moieties. The extended π -conjugated system with enhanced rigidity enables the
94 molecule to exhibit NIR emission, while the bonds between merocyanine and
95 cyclohexene act as a molecular rotor that freely rotates in low-viscosity solvents,
96 rendering the probe sensitive to viscosity changes. Additionally, TPE, as an AIE-active
97 core and a viscosity-sensitive unit, selectively accumulates in LDs due to its
98 hydrophobicity. Based on the TICT-AIE mechanism, bond rotation in the merocyanine
99 and TPE molecules is restricted under viscous media, leading to enhanced fluorescence
100 intensity in both emission channels. Theoretical calculations further validate the probe's
101 behavior, demonstrating that a high-viscosity medium prevents the TICT and AIE
102 rotation processes of the probe. Moreover, **TPE-V1** exhibits high specificity and low
103 cytotoxicity. With its unique advantages, **TPE-V1** serves as an excellent fluorescence
104 sensor for dynamically monitoring the mechanical force of LDs through two different
105 emission channels. This development significantly advances the in-depth study of LDs'
106 mechanosensing during ferroptosis and paves the way for further exploration of the
107 complex interplay between mechanical forces and LDs, fostering a deeper
108 understanding of ferroptotic cell death and opening new possibilities for therapeutic
109 interventions targeting dysregulated cell death processes.

110 **2. Experimental section**

111 **2.1 Materials and general experimental methods**

112 For detailed information, please refer to the Supporting Information. The synthesis
113 of **TPE-V1** involved stirring a solution of **4** (150 mg, 0.38 mmol), **1** (180 mg, 0.48
114 mmol), and KOH (304 mg, 5.42 mmol) in ethanol (12 mL) at room temperature.
115 Subsequently, five drops of tributyl ammonium hydroxide solution (0.8 M) were added,
116 and the mixture was heated to reflux for 5 hours. The progress of the reaction was
117 monitored using TLC. After cooling to room temperature, the solution was concentrated
118 under reduced pressure. The crude product was purified by column chromatography
119 using PE/CH₂Cl₂ (20:1) as the eluent, resulting in the isolation of probe **TPE-V1**
120 compound (150 mg, 53% yield) as a green solid. ¹H NMR (400 MHz, CDCl₃) analysis
121 showed the following values: δ 8.02 (d, J = 8.7 Hz, 2H), 7.81 (d, J = 8.2 Hz, 1H), 7.77
122 (d, J = 8.7 Hz, 1H), 7.49 - 7.43 (m, 1H), 7.39 (s, 2H), 7.17 - 7.00 (m, 21H), 3.84 (s, 2H),
123 3.04 (s, 2H), 2.61 (s, 2H), 1.97 (s, 6H), 1.89 (s, 2H), 1.32 (d, J = 8.0 Hz, 3H). ¹³C NMR
124 (100 MHz, CDCl₃) analysis yielded the following values: δ 143.60, 143.49, 139.29,
125 131.87, 131.39, 130.97, 129.85, 129.25, 127.88, 127.73, 127.64, 126.74, 126.59,
126 126.52, 124.76, 122.87, 121.63, 109.51, 49.61, 40.89, 27.02, 22.66, 21.26, 21.06, 12.98.
127 MS (ESI) m/z for ([C₅₃H₄₅ClN₂]+H)⁺: calculated: 745.3350, observed: 745.3356
128 (Scheme S1, Figures S1-S7).

129 **2.2 Measurement of fluorescence lifetime**

130 The fluorescence lifetime of **TPE-V1** was recorded using a HORIBA Fluorolog-3
131 instrument with NanoLED, λ_{ex}=540 nm. Further experimental details are provided in
132 the Supporting Information.

133 **2.3 DFT calculations**

134 The ground-state structures of **TPE-V1** were optimized using Gaussian 09
135 software based on CAM-B3LYP-GD3/6-311G**. The excited state-related calculations
136 of **TPE-V1** and **TPE-V2** were performed using time-dependent density functional
137 theory (TD-DFT) with the optimized structure of the ground state.

138 **2.4 Cell imaging experiment**

139 To monitor the response of LDs' viscosity, the control group was treated with **TPE-**
140 **V1** (20 μ M) for 10 minutes and subsequently treated with PBS (10 μ M) for 30 minutes.
141 In the experimental group, HeLa cells were treated with **TPE-V1** (20 μ M) for 10
142 minutes and then treated with nystatin, which induces an increase in intracellular
143 viscosity, for an additional 30 minutes. After being washed three times with PBS,
144 fluorescence imaging was performed using a confocal laser scanning microscope
145 (OLYMPUS FV3000). The fluorescence emission was collected in the red channel
146 (580-630 nm) and NIR channel (650-750 nm) with an excitation wavelength of 560 nm.

147 **2.5 Imaging of LDs viscosity during ferroptosis**

148 For imaging the viscosity of LDs during ferroptosis, living HeLa cells were treated
149 with 20 μ M **TPE-V1** for 10 minutes and then incubated with 10 μ M erastin (a
150 ferroptosis inducer) or 10 μ M erastin and 15 μ M Fer-1 (an inhibitor of ferroptosis) for
151 various durations (0-2 hours).

152 **3. Results and discussion**

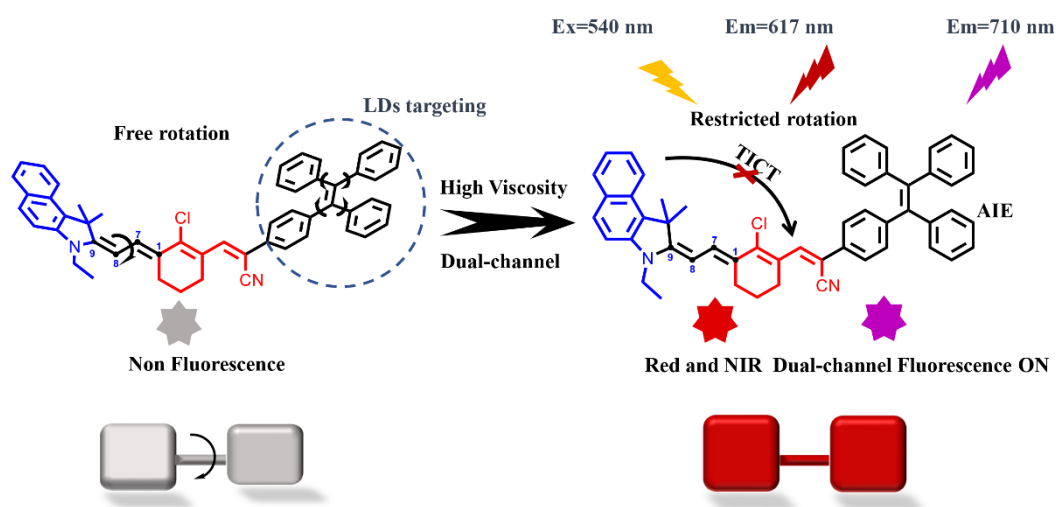
153 **3.1 Design of TPE-V1 for LDs viscosity**

154 In general, increasing structural rigidity has been shown to enhance photostability
155 and quantum yield [51, 52]. Additionally, the incorporation of benzene rings into
156 terminal groups can induce a red-shift in absorption and emission wavelengths [51].
157 Our design strategy, illustrated in Scheme 1, capitalizes on these principles. By
158 introducing rigid cyclohexene substituents, we aimed to significantly improve the
159 quantum yield and photostability of the probe by reducing nonradiative transitions.
160 Furthermore, the inclusion of multiple aromatic rings promotes a red-shift in
161 fluorescence emission.

162 To enable reliable viscosity detection, we incorporated two additional rotors
163 (merocyanine and TPE) into the probe. These rotors facilitate free rotation of the bonds,
164 resulting in weak optical signals and short fluorescence lifetimes in low-viscosity
165 solutions. Conversely, in high-viscosity environments, the rotation of these bonds
166 becomes restricted, leading to a significant enhancement in red and NIR fluorescence

167 signals in the dual-channel detection.

168 Moreover, the hydrophobic nature of TPE [53] allows **TPE-V1** to selectively
169 aggregate in LDs, becoming embedded in their anhydrous core through strong
170 hydrophobic interactions. As a result, **TPE-V1** serves as a suitable tool for monitoring
171 LDs' viscosity changes based on the TICT-AIE mechanisms, offering detection
172 capabilities in different emission channels.



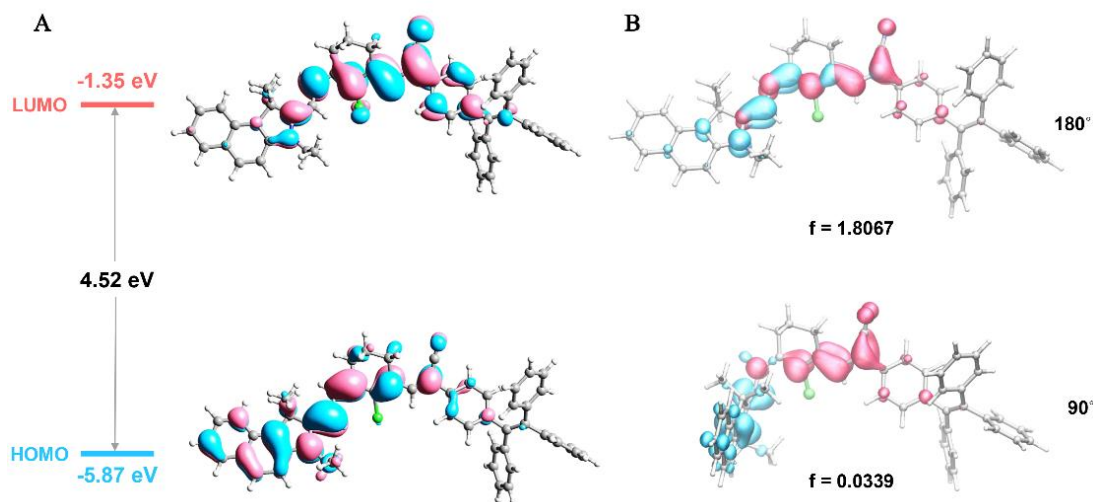
173

174 **Scheme 1.** The schematic diagram of dual-channel visualization viscosity of LDs.

175 3.2 Theoretical calculation

176 To gain further insight into the impact of viscosity on the probe's fluorescence at
177 the molecular level, theoretical calculations were employed to investigate the
178 underlying mechanism. As illustrated in Figure 1A, the molecular orbital density
179 analysis reveals strong charge transfer (ICT) from the electron donor (primarily located
180 on the merocyanine moiety) to the electron acceptor (primarily located on the
181 cyclohexene moiety). Furthermore, the C9-C8-C7-C1 bond exhibits free rotation in
182 low-viscosity environments. In the excited state, when the dihedral angle at C9-C8-C7-
183 C1 is approximately 180°, **TPE-V1** adopts a planar conformation, resulting in a locally
184 excited (LE) state with an oscillator strength (fem) of 2.5373. Conversely, when the
185 dihedral angle is 90°, **TPE-V1** adopts an orthogonal conformation, leading to a twisted
186 intramolecular charge transfer (TICT) state with a significantly reduced oscillator

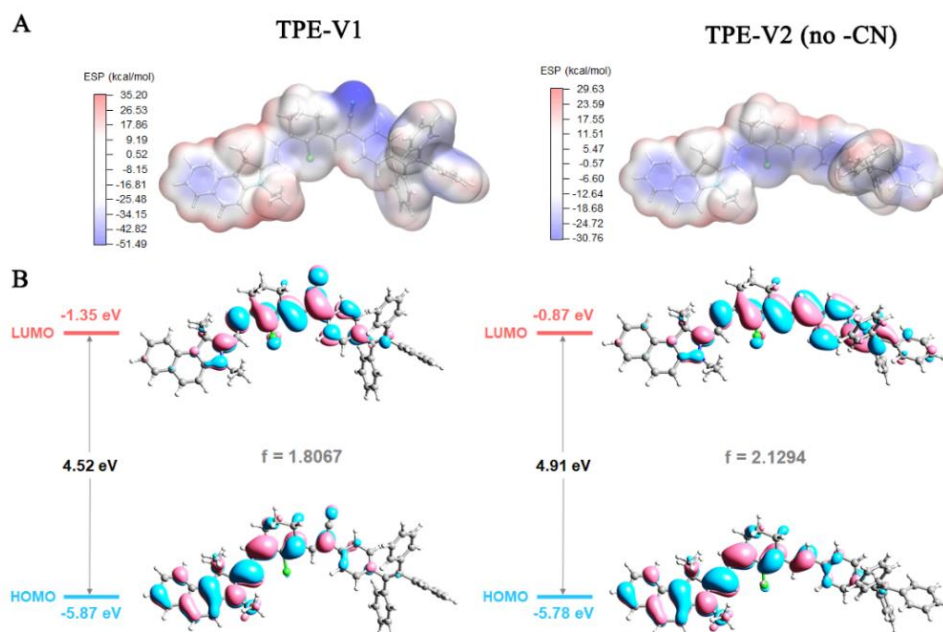
187 strength (fem) of only 0.0339. This demonstrates that the distinct TICT effect is
188 responsible for the fluorescence quenching observed in the TICT state (Figure 1B).



189

190 **Figure 1.** (A) DFT calculation result of **TPE-V1**: energy gap, HOMO, and LUMO. (B)

191 The hole-electron distribution diagram of **TPE-V1** in excited LE and TICT state.



192

193 **Figure 2.** (A) Electrostatic potential (ESP) profile of **TPE-V1** and **TPE-V2 (no-CN)**.

194 (B) HOMO-LUMO distribution, energy gap, calculated **TPE-V1** and **TPE-V2 (no-CN)**

195 by TD-DFT.

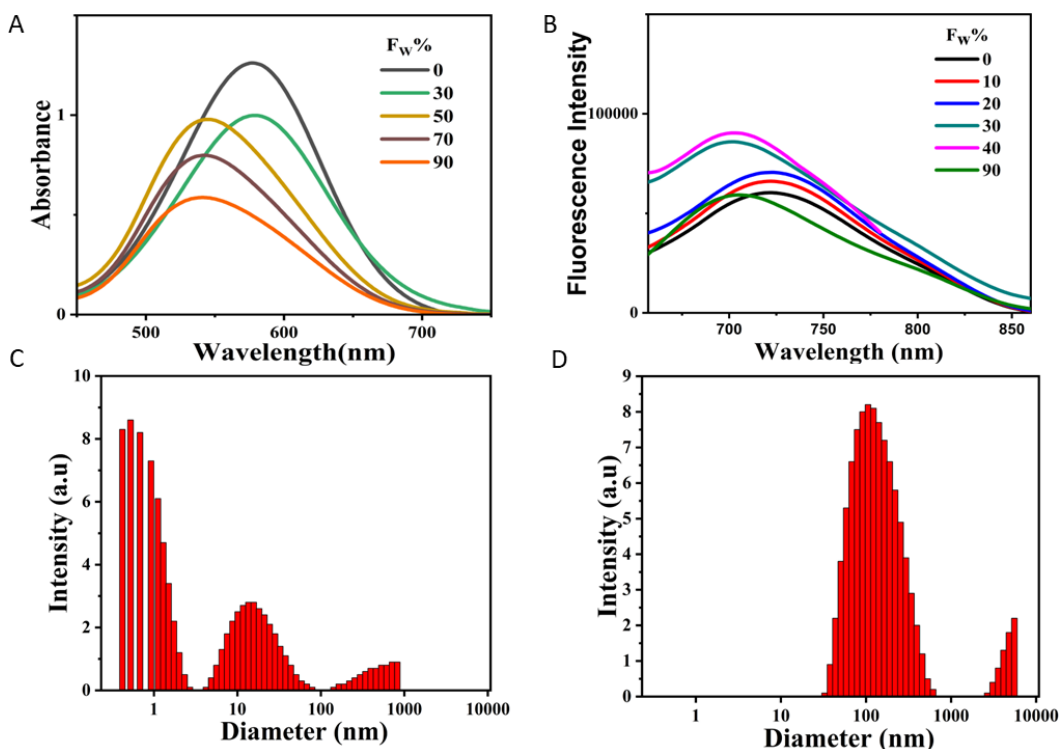
196 Additionally, the TPE group in **TPE-V1** is optimized to exhibit a highly distorted
197 configuration, which facilitates active intramolecular rotations, resulting in
198 aggregation-induced emission (AIE) properties and viscosity responsiveness. The

199 incorporation of the -CN group, with its strong electron-absorbing ability, generates a
200 polar negative region and reduces the HOMO-LUMO energy gap in **TPE-V1**. As a
201 result, the fluorescence of **TPE-V1** is quenched, as supported by TD-DFT calculations
202 (Figure 2). Therefore, it is reasonable to propose that the viscosity properties of **TPE-**
203 **V1** are influenced by a synergistic interplay between the TICT and AIE mechanisms.

204 **3.3 AIE properties of TPE-V1**

205 To investigate the aggregation-induced emission (AIE) properties of **TPE-V1**,
206 characterization experiments were conducted in a mixture of DMSO (a good solvent)
207 and water (a poor solvent). Different solutions of the probe were prepared with varying
208 water ratios ($F_w=0-99\%$). As depicted in Figure 3A, **TPE-V1** exhibited an absorption
209 peak at around 578 nm in pure DMSO. As the proportion of water increased to 90%,
210 the UV absorption intensity of **TPE-V1** decreased, accompanied by a slight blue shift
211 to 540 nm. This observation can be attributed to the formation of aggregates as water
212 content increases. The resulting scattering effect causes a reduction in UV absorption
213 intensity.

214 Furthermore, fluorescence spectra of **TPE-V1** were recorded with excitation at
215 540 nm. In pure DMSO, **TPE-V1** emitted weak near-infrared (NIR) fluorescence at
216 around 720 nm. Upon the addition of water up to 40%, the emission intensity increased,
217 and a blue-shift of approximately 20 nm was observed. These findings provide further
218 evidence of aggregate formation by **TPE-V1**. However, as the water content of the
219 system continued to reach 90%, the emission intensity at 720 nm decreased (Figure 3B).
220 This may be attributed to the formation of H-aggregates by the probe molecules as the
221 water content increases, resulting in a decrease in fluorescence intensity and even
222 fluorescence quenching [54-55]. Moreover, in highly polar aqueous solutions, there is
223 a competitive relationship between AIE and TICT mechanisms [56-57]. **TPE-V1** has a
224 longer conjugated chain and the indole part of the probe is prone to rotation and the
225 formation of a twisted structure in low viscosity environments. This propensity for
226 twisting intramolecular charge transfer further contributes to the decrease in
227 fluorescence intensity.



228

229 **Figure 3.** (A) Absorption spectra of **TPE-V1** (10 μ M) in the mixture of DMSO and
 230 water. (B) Emission spectra of **TPE-V1** (10 μ M) in the mixture of DMSO and water,
 231 λ_{ex} =540 nm. Particle size distributions of **TPE-V1** (10 μ M) in mixed solutions with
 232 different proportions of water and DMSO. (C) F_w =20%, (D) F_w =100%.

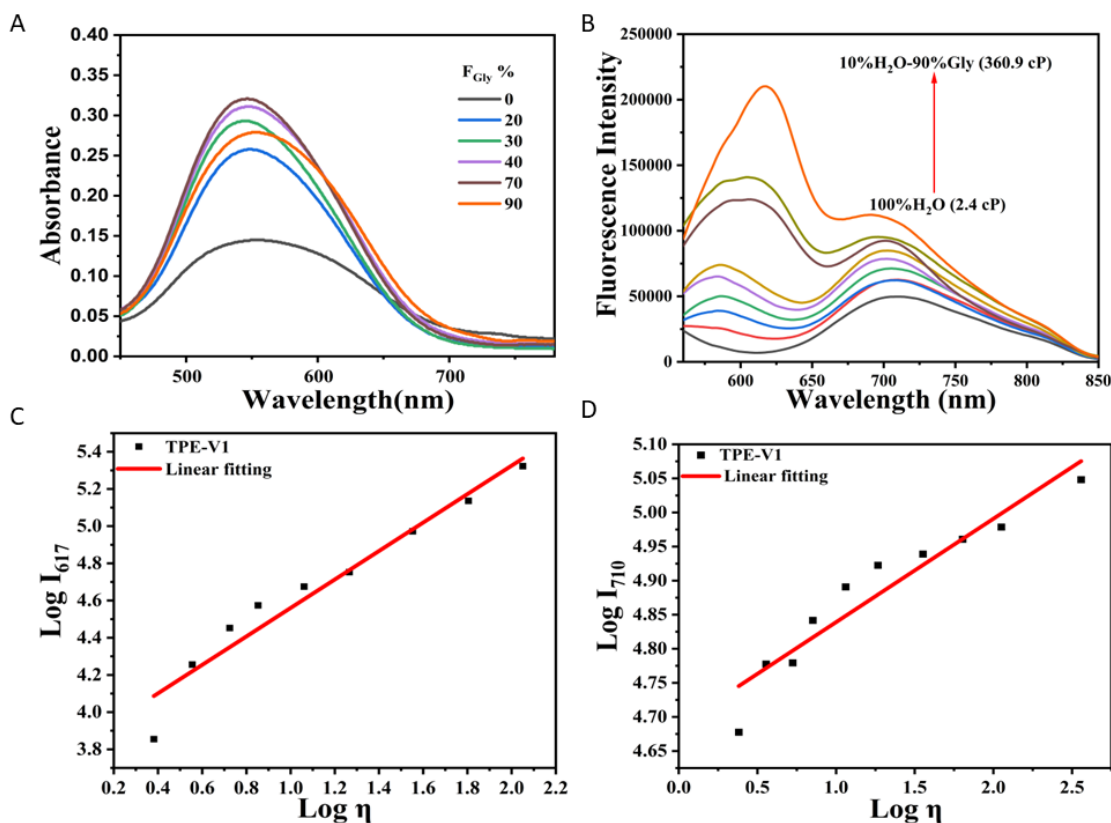
233 Additionally, dynamic light scattering (DLS) measurements were employed to
 234 detect the aggregation behavior of the AIE fluorogens (Figure S8, Figure 3C and 3D).
 235 The results revealed average diameter sizes of approximately 28 nm in DMSO and 145
 236 nm in water, respectively. These findings substantiate the excellent AIE properties
 237 exhibited by **TPE-V1**.

238 3.4 Optical properties and fluorescent lifetime measurement of TPE-V1

239 To assess the optical properties of **TPE-V1** in relation to viscosity, we examined
 240 its performance by mixing varying volume fractions of glycerol with water. As shown
 241 in Figure 4A, **TPE-V1** exhibited maximum absorption at 540 nm in pure water. The
 242 absorption intensity at 540 nm increased as viscosity transitioned from low (water) to
 243 high (glycerol) values.

244 Under 540 nm excitation, **TPE-V1** emitted weak near-infrared (NIR) fluorescence
 245 at 710 nm in low-viscosity solutions. This emission arose from the unrestricted rotation

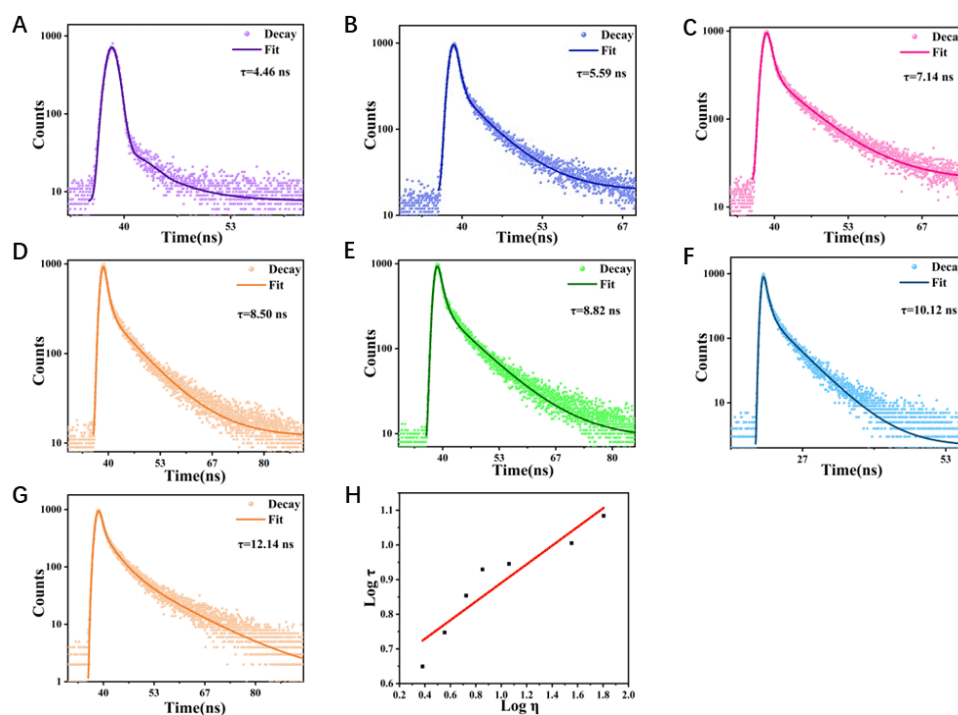
246 of the merocyanine and TPE skeleton, resulting in non-radiative decay of the excited
 247 state. As viscosity increased from 2.4 cP (0% glycerol) to 360.9 cP (90% glycerol),
 248 enhanced emission peaks at 617 nm emerged, indicating the involvement of twisted
 249 intramolecular charge transfer (TICT) processes. The charge separation between the
 250 donor (D) and acceptor (A) entities was induced under these conditions. Additionally,
 251 the rotational freedom of TPE became restricted, leading to the emergence of
 252 aggregation-induced emission (AIE) behavior, which manifested as an increased
 253 emission peak at 710 nm (Figure 4B). Thus, a combination of TICT and AIE processes
 254 was observed, corroborating our proposed mechanism.



255
 256 **Figure 4.** (A) Absorption spectra of **TPE-V1** (10 μM) in solvents of different viscosities.
 257 (B) Emission spectra of **TPE-V1** (10 μM) in solvents of different viscosities. (C) The
 258 linear relationship between LogI₆₁₇ and Logη, R²=0.9406. (D) the linear relationship
 259 between LogI₇₁₀ and Logη, R²=0.9027. All fluorescence spectra were acquired at
 260 λ_{ex}=540 nm.

261 Furthermore, a strong linear relationship was observed between LogI₆₁₇ and Logη,
 262 as well as between LogI₇₁₀ and Logη, as calculated using the Förster-Hoffmann

263 equation (see Supporting Information) (Figure 4C and 4D). This suggests that **TPE-V1**
 264 holds significant potential for in vivo cellular viscosity detection through various
 265 channels. In addition to the enhanced fluorescence intensity, the fluorescence lifetime
 266 of **TPE-V1** gradually increased with increasing solvent viscosity. The lifetime of **TPE-**
 267 **V1** lengthened from 5.56 ns to 13.5 ns as the viscosity changed from pure water to 90%
 268 glycerol. The linear equation $\log\tau = 0.2690\log\eta + 0.6214$, with a linear coefficient of
 269 0.8752, demonstrated the correlation between lifetime and viscosity (Figure 5). This
 270 observation aligns with the enhanced emission intensity observed in solutions with high
 271 viscosity. Thus, the fluorescence lifetime serves as another valuable parameter,
 272 indicating the sensitivity of **TPE-V1** to viscosity changes.



273
 274 **Figure 5.** Fluorescence lifetime decay curve of **TPE-V1** in different proportions of
 275 glycerol and water. (A) 100% H₂O. (B) 90% H₂O/10% Gly. (C) 80% H₂O/20% Gly. (D)
 276 70% H₂O/30% Gly. (E) 60% H₂O/40% Gly. (F) 40% H₂O/60% Gly. (G) 20% H₂O/80%
 277 Gly. (H) the linear relationship between Logτ and Logη.

278 3.5 Interference resistance of TPE-V1

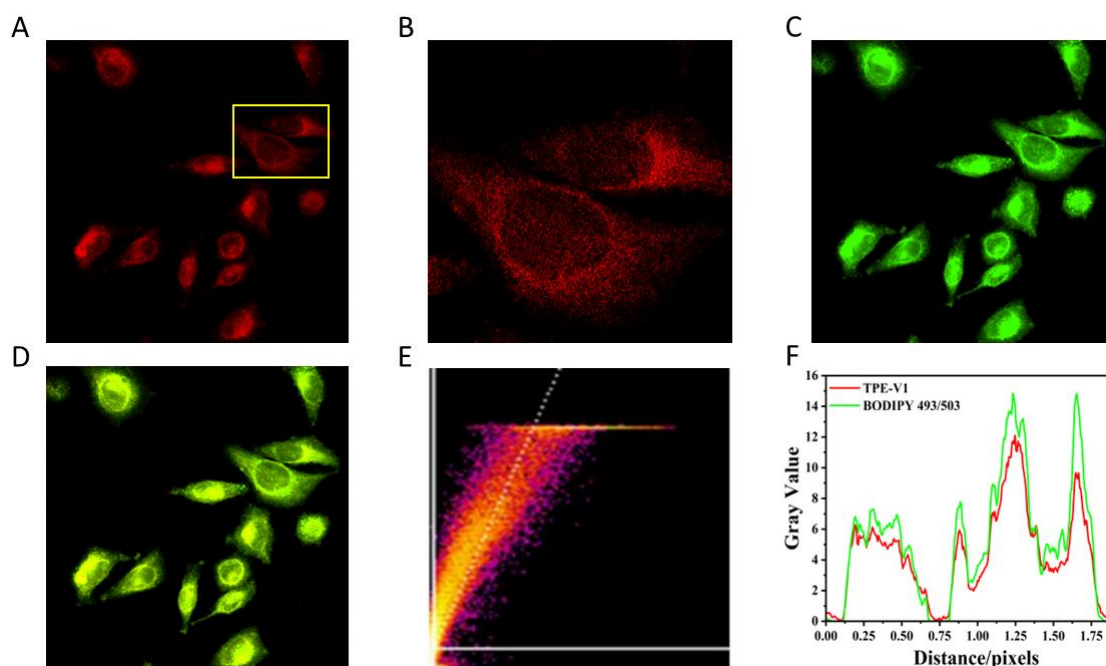
279 In the cellular microenvironment, pH is a critical parameter that can potentially
 280 interfere with the viscosity detection by the probe. To assess the stability of **TPE-V1** in
 281 different pH conditions (ranging from 2 to 12), pH experiments were conducted at both

302 polarities. Fluorescence response of **TPE-V1** (10 μM) to various ROS, RSS and metal
303 ions (200 μM), which (B) and (E) is at low viscosity (100% H_2O) and high viscosity
304 (50% Gly-50% H_2O), $\lambda_{\text{ex/em}}=540/617$ nm, (C) and (F) is at low viscosity (100% H_2O)
305 and high viscosity (50% Gly-50% H_2O), $\lambda_{\text{ex/em}}=540/710$ nm.

306 **3.6 Cytotoxicity and co-localization experiments of TPE-V1**

307 Following the characterization of **TPE-V1**'s outstanding photophysical properties,
308 cytotoxicity experiments were conducted to assess its safety for imaging investigations.
309 As illustrated in Figure S9, the cell survival rates remained above 92% for **TPE-V1**
310 concentrations of 0, 5, 10, 25, and 50 μM , indicating the low cytotoxicity of **TPE-V1**
311 for live cell imaging experiments.

312 To determine the localization of the probe, **TPE-V1** and BODIPY493/503 dyes
313 (the most representative LDs probe) were co-stained in HeLa cells. As shown in Figure
314 7, a high Pearson coefficient of 0.8806 was obtained by overlapping the spectra from
315 the red and green channels. Additionally, the intensity profiles of **TPE-V1** and
316 BODIPY493/503 for the region of interest (ROI) lines in HeLa cells exhibited
317 synchronous variations. These results collectively demonstrate that light spots mainly
318 represent lipid droplets and **TPE-V1** have a high degree of LDs targeting specificity.



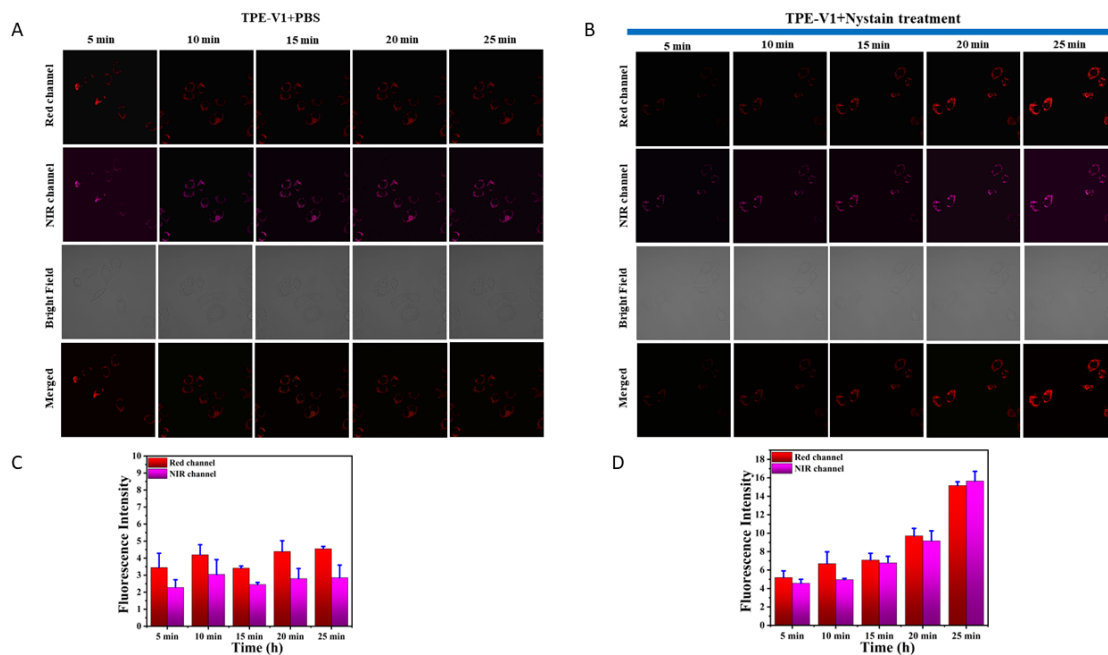
319
320 **Figure 7.** (A, C, D) Confocal fluorescence images of HeLa cells after incubation with

321 20 μM **TPE-V1** and 10 μM BODIPY493/503 respectively at 37°C for 10 min. (B)
322 Localized magnification of cells in Figure 7A. (E) The Pearson's correlation coefficient
323 for the overlap between **TPE-V1** and BODIPY493/503. (F) The intensity profile of
324 ROI lines. $\lambda_{\text{ex}}=487$ nm, $\lambda_{\text{em}}=500-550$ nm (green channel), $\lambda_{\text{ex}}=560$ nm, $\lambda_{\text{em}}=580-630$
325 nm (red channel). Scale bar=20 μm .

326 **3.7 Viscosity-activated imaging at the cell level**

327 The exceptional cell imaging capability of **TPE-V1** enabled the exploration of its
328 real-time response to viscosity changes in lipid droplets (LDs). Initially, HeLa cells
329 were co-incubated with **TPE-V1** (20 μM) for 10 minutes, followed by treatment with
330 nystatin (10 μM) to induce an increase in intracellular viscosity for an additional 30
331 minutes. The imaging results were then observed at 5-minute intervals.

332 As depicted in Figure 8A, the control group treated with PBS (10 μM) exhibited
333 weak fluorescence intensity in both fluorescence channels ($\lambda_{\text{em}}=580-630$ nm,
334 $\lambda_{\text{em}}=650-750$ nm), with no significant changes in fluorescence intensity over time. In
335 contrast, the experimental group demonstrated a strong time-dependent signal
336 enhancement in the red and NIR channels (Figure 8B). To quantitatively describe this
337 relationship, the fluorescence intensity of HeLa cells was plotted as a bar graph against
338 time (Figure 8C and 8D), clearly illustrating the gradual increase in fluorescence
339 intensity in both the red and NIR channels over time. These results conclusively
340 demonstrated that **TPE-V1** enables the analysis and real-time monitoring of mechanical
341 property changes in LDs through the red and NIR channels.

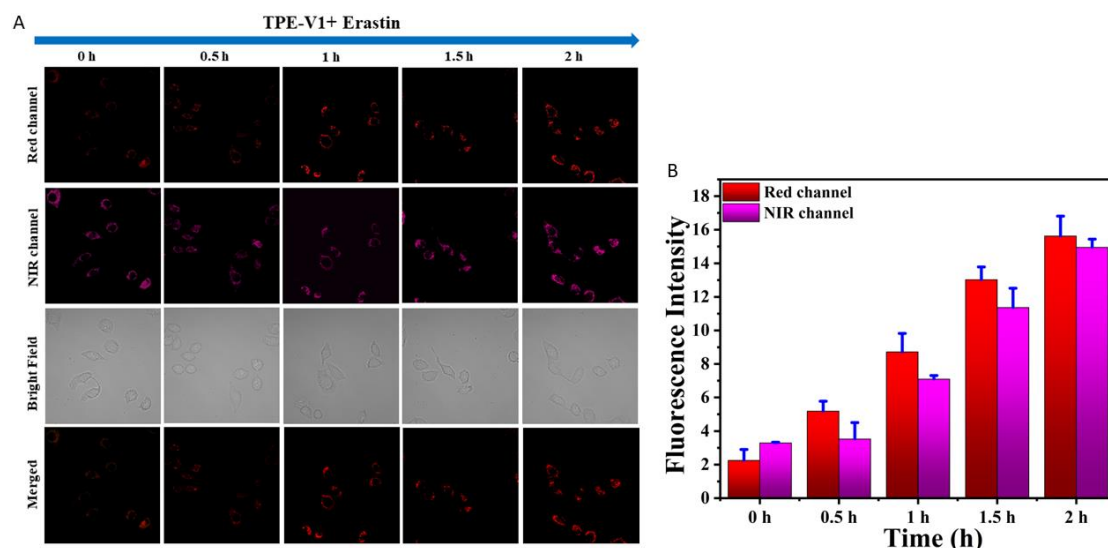


342

343 **Figure 8.** (A) Control group: fluorescence imaging of HeLa cells with 20 μM TPE-V1-
 344 loaded and 10 μM PBS at 5, 10, 15, 20, and 25 minutes. (B) Experimental group:
 345 fluorescence images of HeLa cells with 20 μM TPE-V1-loaded and 10 μM nystain at
 346 5, 10, 15, 20, and 25 minutes. (C) Relative fluorescence intensity of control group. (D)
 347 Relative fluorescence intensity of experimental group. $\lambda_{\text{ex}}=560$ nm, $\lambda_{\text{em}}=580-630$ nm
 348 (red channel), $\lambda_{\text{em}}=650-750$ nm (NIR channel). Scale bar=20 μm .

349 **3.8 Monitoring the viscosity changes of LDs during ferroptosis**

350 Ferroptosis is a distinct form of programmed cell death that differs from apoptosis,
 351 cell necrosis, and autophagy. During the ferroptosis process, the accumulation of lipid
 352 droplet peroxides and the viscosity of LDs are closely linked [12, 58, 59]. To further
 353 comprehend the mechanosensing of LDs viscosity during ferroptosis, HeLa cells were
 354 treated with 20 μM TPE-V1 and 10 μM erastin (a ferroptosis inducer). As depicted in
 355 Figure 9A-9B, there was a significant increase in fluorescence intensity in both the red
 356 and NIR channels over time. These results clearly demonstrated that ferroptosis
 357 accelerated a rapid rise in LDs viscosity, accompanied by morphological changes in the
 358 cells indicative of cellular shrinkage and near demise.



359
 360 **Figure 9.** (A) Fluorescence time images of HeLa cells incubated with 20 μM **TPE-V1**
 361 for 10 min and 10 μM erastin (0-2 hours). (B) Relative fluorescence intensity at various
 362 time (0-2 hours). $\lambda_{\text{ex}}=560$ nm, $\lambda_{\text{em}}=580-630$ nm (red channel), $\lambda_{\text{em}}=650-750$ nm (NIR
 363 channel). Scale bar=20 μm .

364 It is well-known that Ferrostatin 1 (Fer-1) is a widely used inhibitor of ferroptosis
 365 that prevents the accumulation of lipid peroxides and the increase in LDs caused by
 366 ferroptosis in living cells [16, 60]. To further illustrate the connection between
 367 ferroptosis and the increase in LDs viscosity, the variation in viscosity of HeLa cells
 368 was investigated by simultaneous incubation with **TPE-V1**, erastin, and Fer-1. At this
 369 stage, the fluorescence intensity in the dual channels did not exhibit significant changes
 370 over time (Figure S10). These results collectively confirm that enhanced mechanical
 371 energy within organelle LDs can trigger biological responses, including cellular
 372 mechanosensing (the occurrence of ferroptosis and cellular deformation). This
 373 highlights the capability of **TPE-V1** to real-time monitor LDs viscosity using a dual-
 374 channel fluorescence-on model during ferroptosis.

375 **4. Conclusion**

376 In conclusion, we successfully designed and synthesized **TPE-V1**, the first
 377 fluorescent probe based on the TICT-AIE mechanism, to investigate the mechanical
 378 properties (viscosity) of LDs using a dual-channel (red and NIR channels) fluorescence
 379 turn-on model. **TPE-V1** demonstrated significant fluorescence enhancement at 617 nm

380 (red channel) and 710 nm (NIR channel) in high-viscosity media, attributed to the
381 restricted molecular rotation, which effectively inhibited the TICT and AIE processes.
382 The validity of this phenomenon was further supported by theoretical calculations.

383 By leveraging the long emission wavelength and LDs localization effects, we were
384 able to visualize and analyse the increase in mechanical energy of organelle LDs during
385 the process of ferroptosis through real-time and in situ fluorescence imaging. These
386 findings provide valuable insights into the mechanobiology of organelles during
387 ferroptosis. We anticipate that the utilization of this unique dual-channel fluorescence
388 probe will serve as an effective and accurate method for further investigating the role
389 of organelle mechanobiology in the context of ferroptosis.

390 **Author statement**

391 Ao Yu: Methodology, Data curation, Writing-Original Draft. Wei Zhang:
392 Validation. Qiangsheng Zhang: Validation. Kunlong Yang: Investigation. Xiongbo Liu:
393 Investigation. Hongtao Liu: Investigation. Jialin Xie: Investigation. Yan Feng: Writing-
394 Review & Editing, Visualization. Jianwei Li: Writing-Review & Editing. Chunman Jia:
395 Writing-Review & Editing, Visualization.

396 **Conflicts of interest**

397 There are no conflicts to declare.

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